



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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NEWSLETTER

18th March 2021

From The Principal's Desk

Normally, like most Catholic principals this time of the year, I would begin the newsletter with an Irish joke or some such banter regarding St Patrick's Day. Every 17th March, the famous Irish feast day dominates the media and sparks much partying across the globe. Every year, it dwarfs another feast day, 19th March, that recognises an even more extraordinary man, St Joseph.

St Joseph, 2000 years ago, was a man of much courage. He married a young pregnant Mary which would have been a great scandal in its day. He departed on an arduous journey to Bethlehem with his pregnant wife and assisted her in giving birth in a humble stable. No Air BnB in those days or midwives on call. They then dashed to Egypt to escape the purge of new born babies ordered by the local King Herod. Joseph, Mary and Jesus eventually settled in Nazareth. Father and son as carpenters, undoubtedly spent many hours together honing their trade in the company of one another.

We know little of Joseph but can imagine him a fine man, highly influential on the extraordinary son placed in his care.

St Joseph is the patron saint of our Diocese and many of our schools bear his name. St Mary Mackillop, the only Australian saint, named her order of sisters after St Joseph – The Josephites. They founded many schools in our area including near Clermont, Bundaberg and in Mackay.

150 years ago, Pope Pius IX declared St Joseph, the Patron of the Universal Church. In recognition of this anniversary, Pope Francis has proclaimed 2021, the Year of St Joseph and has written an Apostolic letter entitled **Patris corde** ("With a Father's Heart"). Pope Francis describes Saint Joseph amongst many things as a tender and loving father, creatively courageous; a working man who is humbly a father in the shadows.

Pope Francis wrote *Patris corde* against the backdrop of the Covid-19 pandemic, which, he says, has helped us see more clearly the importance of "ordinary" people who, though far from the limelight, exercise patience and offer hope every day. The nurses, the doctors, the cleaners, the teachers, mothers and fathers – all those working protectively and unselfishly for others. In this, they resemble Saint Joseph, "the man who goes unnoticed, a daily, discreet and hidden presence," who nonetheless played "an incomparable role in the history of salvation."

In addition, the Pope recognises the extraordinary important role that fathers play in society: "Fathers are not born, but made," says Pope Francis. "A man does not become a father simply by bringing a child into the world, but by taking up the responsibility to care for that child." Unfortunately, in today's society, children "often seem orphans, lacking fathers" who are able to introduce them "to life and reality." Children, the Pope says, need fathers who will not try to dominate them, but instead raise them to be "capable of deciding for themselves, enjoying freedom and exploring new possibilities."

On a personal level, the Pope mentions that during his daily morning prayers, he has always said a special prayer to St Joseph and at the conclusion of his Letter, encourages us to pray a new prayer of St Joseph:

Hail, Guardian of the Redeemer,
Spouse of the Blessed Virgin Mary.
To you God entrusted his only Son;
in you Mary placed her trust;
with you Christ became man.
Blessed Joseph, to us too,
show yourself a father
and guide us in the path of life.
Obtain for us grace, mercy, and courage,
and defend us from every evil.
Amen.

Take care

Max Martin

From The APRE

Adapted from The Star Thrower by Loren Eiseley

Once upon a time, there was a wise man that used to go to the ocean to do his writing. He had a habit of walking on the beach before he began his work. One day, as he was walking along the shore, he looked down the beach and saw a human figure moving like a dancer. He smiled to himself at the thought of someone who would dance to the day, and so, he walked faster to catch up.

As he got closer, he noticed that the figure was that of a young man, and that what he was doing was not dancing at all. The young man was reaching down to the shore, picking up small objects, and throwing them into the ocean. He came closer still and called out, "Good morning, may I ask what it is that you are doing?"

The young man paused, looked up, and replied, "Throwing starfish into the ocean."

"I must ask, then, why are you throwing starfish into the ocean?" asked the somewhat startled wise man.

To this, the young man replied, "The Sun is up and the tide is going out, if I don't throw them in, they'll die."

Upon hearing this, the wise man commented, "But do you not realise that there are kilometres and kilometres of beach and there are starfish everywhere? You can't possibly make a difference."

At this, the young man bent down, picked up yet another starfish, and threw it into the ocean. As it met the water, he said, "It made a difference for that one."

Sometimes we feel like some issues are too big for us to make a difference.

In this story, we see the impact of one act of kindness and that we can't do everything but there are many things we can do that can bring about change..

Go out and make that difference

Melissa Collins

From The APC

During the last 4 weeks of this term, teachers at Sacred Heart are participating in a number of professional development opportunities.

Last Tuesday, Miss Page, Mrs Shammall and Mrs McPherson attended a Digital Technologies workshop, run by the Central Queensland University. Knowledge from this workshop will support student learning in the classroom and STEM lessons.

Next Monday, teachers in Prep, Year 1 and Year 2 are all participating in REd Ex workshops. These will unpack the new Religious Education curriculum being implemented throughout our diocese.

Next week, our Year 3 and Year 5 teachers will complete NAPLAN training with Robyn Finch from the Catholic Education Office.

As our next step in supporting Word Study in the classroom, during designated staff meetings, teachers are participating in an online course on vocabulary.

This course investigates:

- Where does vocabulary fit into our classroom learning?
- How do we know 'if' we know a word, and
- The power of picture books.

Research tells us, when teachers engage in effective professional development, their enhanced knowledge and skills improve their teaching, their improved teaching then enhances their students' outcomes.

National Day of Action

This Friday is National Day of Action against bullying and violence.

The link below may be helpful to families. <https://bullyingnoway.gov.au/support-and-advice/for-families>



Have a wonderful week

Mrs Lisa List

Reflection

Each week, we provide links to Sr Kym's reflection. We hope this provides some spiritual guidance. Link to:

[Sr Kym's reflection](#)

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church Bulletin for this week. Stay connected and enjoy.

Link to the [Bulletin](#)

Important Dates This Term

March

Thursday 25th March - Prep Vision Screening

Friday 26th March - Year 4-6 Swimming carnival

Monday 29th March - Cross country carnival

April

Thursday 1st - Final day of Term 1.

Friday 2nd - Good Friday

Sunday 4th - Easter Sunday

Monday 19th April - First day of Term 2

Diocesan Principals' Meeting

Next Wednesday and Thursday, Mr Martin will be away from school attending the annual principals' conference in Rockhampton.

In his absence, Mrs Collins and Mrs List can be contacted if you have any concerns or queries. Thank you.

Holy Week Liturgies

The events of Holy Week will be remembered with various assemblies and activities during Weeks 9 and 10.

On Friday 26th March, Year 5S will lead the school in a Palm Sunday assembly from 8:40am.

Wednesday, 31st March, Year 5J will lead our Prayer assembly from 8:40am.

Our Prep teachers have organised the Stations of the Cross and throughout Week 10, classes will be viewing these.

Our final Holy week prayer assembly will be led by Year 5S, on Thursday 1st April.

All these will be held in our multi-purpose area. Parents and carers are most welcome to join us at these times, sitting in the designated area provided. Thank you.

In Our Prayers

The Willey family is in our thoughts and prayers following the passing of Max and Henry's grandmother this week.

Oral Health Service Visit - Term 2

Queensland Health is offering full dental treatment to students at Sacred Heart. This service will be provided by a mobile dental clinic which will be located at our school.

The dental treatment form is below and can be sent to shy@rok.catholic.edu.au

We will be asking for parents/carers to return the completed form to our school office by 1st April 2021.

A paper form can also be obtained from our school office. Thank you.

[Dental Treatment Form](#)

Parent Lounge Communication and Absentee Requirements

Parent Lounge is a tool we use for communication between parents and our school.

You can currently use the Parent Lounge to access your child's academic reports, view past and current newsletters, see upcoming events, book parent teacher interviews, email a class teacher, add a student absence and in the near future access excursion information and permission forms.

We encourage you to become familiar with the Parent Lounge and contact Mrs Murphy and Mrs Todman in our office if you require assistance.

Parent Lounge is our preferred absentee notification method or by phoning our absentee line on 49 948216.

Thank you

Student Awards

Prep	Sophie McMaster, Chad Philp, Cooper Paynter, Ayla Boynton, Zeb Bowman, Mikey Martin, Tyler Gilbert, Chayton Barlow
Year 1	Brooklyn Waters, Avery Kona, Skyla Kirkman, Henry Goldman, Shanelle O'Meara, Jack Eyles, Frankie Kenny, Noah Hartley
Year 2	Charlee Lamkin, Alexander Rendell
Year 3	Maycie Clarke, Ruby Deasy, Raven Preston, Lula Hart, Max French, Alex Todd, Charlie Busch, Isla Kirby
Year 5	Ruby White, Leo Kirby, Brooke McQuillen
Year 6	Fynn Lewis, Clodhna O'Reilly, Riley Timperon, Bella Scott, Piper Nielsen, Sam Stanley-Hunt

MJR Awards - Week 8

Taj Rich Year 2 for always showing a positive attitude. Well done.

Harrison O'Rourke Year 2 for being a caring friend at lunch times. Thank you.

Halle Smith Year 2 for your wonderful good mornings and for always looking after others.

Jack French Year 1 for playing cooperatively and including others in games.

Adeline McDonald Year 3 for always accepting extra responsibilities maturely. Thank you.

Indie McGregor Year 6 for displaying good leadership skills.

Emma Dawson Year 6 for displaying good leadership skills.

Bella Scott Year 6 for displaying good leadership skills.

Kaden Davey Year 5 for showing great determination and skill at PE this week.

Eden Harris Year 5 for sharing your friendly manner with others and for being a good companion.

Connor Hartley Year 4 for displaying concentration and commitment during learning time. Thank you.

Isla Kleinhans Year 3 for being a wonderful friend and so caring of others. Thank you.

Week 7 Award Recipients (Frankie and MJR)



2W Prayer Assembly Week 7

Last Friday, our Year 2W children presented their whole school assembly on Project Compassion. They told us of ways we can help others and be like Jesus. They read confidently and sang the song, "These Hands" beautifully. Thank you.



Years 4 to 6 Swimming Carnival

Due to the forecasted inclement weather, our Years 4-6 swimming carnival has been rescheduled to next Friday 26th March at the Cooee Bay Aquatic Centre.

All children will come to school as normal on the carnival day. Classes will be bussed to the pool with their class teacher. The events will commence at 9:15am.

Children may wear a sun safe shirt in the colour of their sporting house. Closed in school shoes must be worn to and from school. Children may bring thongs or sandals to wear at the pool.

Please ensure your child has their hat, water bottle and lunch packed to bring to the carnival. Our children will not be accessing the canteen at the pool.

At the conclusion of our carnival, all our Years 4, 5 and 6 children will be returning to school by bus.

If you have any queries regarding the swimming carnival contact our school office.

Parents and carers are most welcome to attend this carnival. However, you must stay over the canteen side of the pool. Thank you.

Following is a timetable with approximate times for events:

8.50am	Year 4 to 6 children leave school by bus.
9.15am	100m freestyle 9-12 years
9.40am	25m freestyle 9-12 years
10.05am	50m freestyle 9-12 years
10.30am	25m breaststroke 9-12 years
10.55am	50m breaststroke 9-12 years
11.25am	25m backstroke 9-12 years
11.50am	50m backstroke 9-12 years
12.15pm	25m butterfly 9-12 years
12.40pm	50 butterfly 9-12 years
1pm	All children bussed back to school.
1.10pm	Presentation of age champions and winning house in our multi-purpose area.

Sacred Heart School Rugby League Training

There will be no Sacred Heart rugby league training this weekend.

Our next session will be Sunday 28th March, 9am - 10am on our school oval. Thank you.

Tuckshop - Week 9

Our Year 1s and 2s tuckshop will be on Wednesday.

Year 3 will be on Friday.

Year 4 - 6 will be in attendance at the swimming carnival.

Prep commence their tuckshop in Term 2.

Year 1 and 2: Little beef pies (60g) x 2 with or without sauce (48 serves only) or a ham and cheese toastie, iced cupcake topped with speckled eggs (Happy Easter) and fruit popper or milk with sipper straw (extra \$1.20)

Year 3 - Chicken nuggets and chips or a ham and cheese toastie, iced cupcake topped with speckled eggs and fruit popper or milk with sipper straw (extra \$1.20)

Cost is \$7 and can be ordered online using the Flexischools app or via placing money and order in a paper bag and placing in classroom tuckshop basket.

To prevent crashing of the Flexi schools app on the day of ordering tuckshop, can you ensure child class details have been changed from last year. Thank you.



Year 1R Excursion

On Friday, 1R travelled to Kemp Beach to see two turtles released into the wild. They were a Green Sea Turtle and a Hawksbill Turtle. They had been rehabilitated on Quion Island.

Ava: On Friday, we went to see some turtles. I liked when I saw the turtles being released. It made me feel happy that they would be in the wild.

Henry: I liked how their shells were smooth and bumpy.

Evelyn: On Friday, we saw the turtles and learned about how to keep the turtles safe and not to hurt them.

Kayden: On Friday, I liked patting the turtles. I got to touch their flippers. They felt soft. I patted it very carefully and softly.

Amelia: On Friday, I liked when we released the turtles into the water. We went down to the beach and my shoes got sandy.

Layla: I liked it when Hope, the turtle was going the wrong way and the lady had to turn her around towards the water.

Brock: On Friday, I liked looking at the faces of the turtles. They were different.

Matilda: I liked learning about how the moon tells the turtles where the water is. Mrs Harris told us about this.

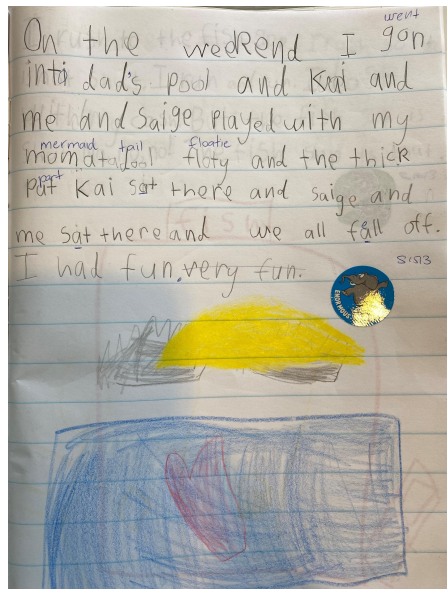
Loreta: I like that the turtles are now free. We must keep all of the rubbish out of the water to keep the turtles safe.

Skylla: I am glad they swam away because now they are better.

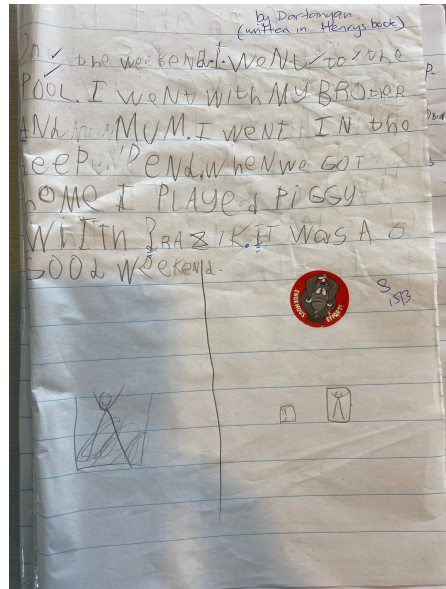
Riley: I got to wave at the turtles as they swam away. I felt happy.



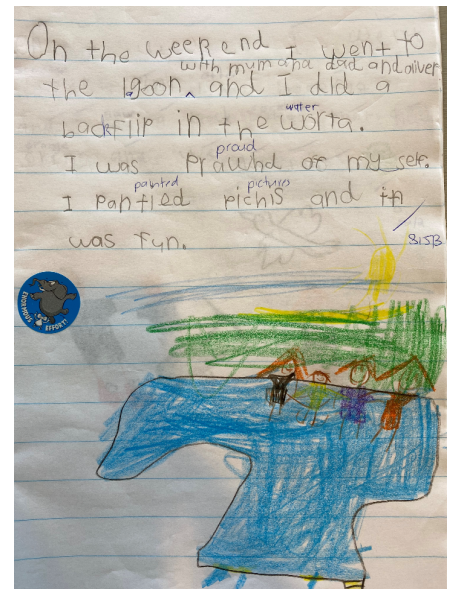
Year 1G Writing



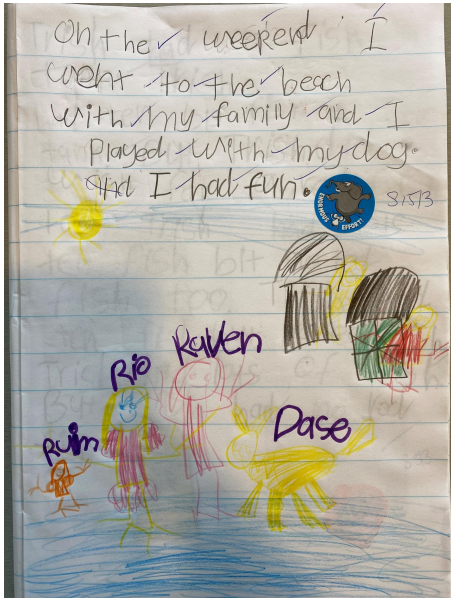
Asha



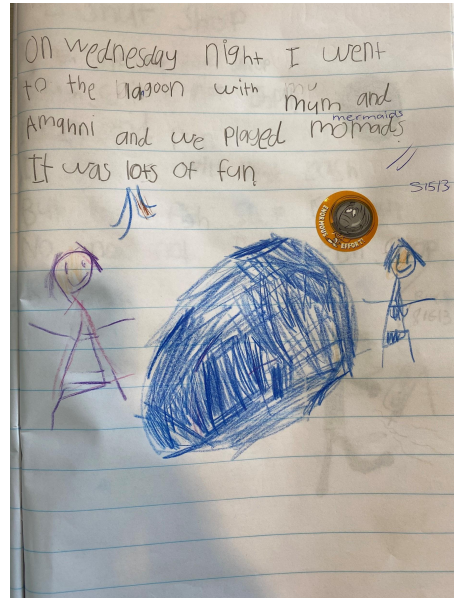
Dartanyan



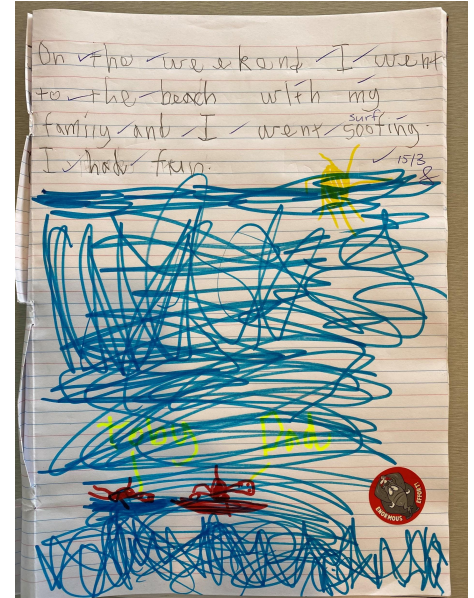
Lola



Rio



Ryah



Toby

Community News

WHERE THE DIFFERENCE IS YOU

Indigenous Teacher Assistant (15hpw)
 Indigenous Education Liaison Officer (10hpw)
 Sacred Heart Catholic Primary School, Yeppoon

Applications are invited for this rewarding combined term-time position servicing the Catholic Primary Schools in Yeppoon (based at Sacred Heart Catholic Primary School). Commencing 19 April 2021 until 3 December 2021.

Visit our website and apply today!
www.rok.catholic.edu.au

Applications close 25 March 2021

Catholic Education is committed to best practice in student protection policies and procedures.



Single-Use Plastic Ban Legislation

Single-use plastics are a serious problem for the environment and students in our schools know that full well.

Around 300 million tonnes of plastic waste are produced every year and about half of all plastic is designed to be used only once and then thrown away.

The Palaszczuk Government has introduced legislation to ban specific single-use plastics, beginning with straws, stirrers, cutlery, plates and polystyrene takeaway food containers and cups commencing from 1 September 2021.

Single-use plastic items that are an integral part of packaging (such as a straw attached to a juice box) will not be banned.

The ban also provides for people with temporary or permanent disability and healthcare needs in our community to still be able to access single-use plastics.

Our community has embraced the introduction of the Container Refund Scheme and the ban on single-use plastic bags, and now we are taking the next step.

We can embrace sustainable alternatives, including paper straws, bamboo cutlery, paper plates and reusable stirrers. For more information, please visit <https://www.qld.gov.au/environment/pollution/management/waste/recovery/reduction/plastic-pollution> or contact 49131500. Yours sincerely **Brittany Lauga MP** Member for Keppel