



**SACRED HEART CATHOLIC PRIMARY SCHOOL**

**Enriching Spirits ~ Educating Minds**

14 Barracuda Crescent, Yeppoon QLD 4703

Email: [shy@rok.catholic.edu.au](mailto:shy@rok.catholic.edu.au)

Phone: 07 4994 8215

Website: [www.shyrok.catholic.edu.au](http://www.shyrok.catholic.edu.au)

**NEWSLETTER**

13th May 2021

### From The Principal's Desk

One of the terrifying rites of passage is facing up to any type of interview, particularly when applying for a new job.

Below are some real incidents that were gathered by American company presidents that typify what not to do in an interview situation;

- A job applicant challenged the interviewer to an arm wrestle.
- Candidate explained that her long-term goal was to replace the interviewer.
- Candidate said he never finished high school because he was kidnapped and kept in a closet in Mexico.
- Applicant said if he was hired he would demonstrate his loyalty by having the corporate logo tattooed on his forearm.
- Applicant interrupted the interview to phone their therapist for advice on how to answer specific interview questions.

Some unusual questions asked include;

*"Why aren't you in a more interesting business?"*

*"What are the zodiac signs of all the board members?"*

*"I know this is off the subject, but will you marry me?"*

*"Would it be a problem if I'm angry most of the time?"*

Jokes aside, a not so terrifying but a necessary process at any school are the formal interviews between parents and teachers which, at Sacred Heart, are currently being undertaken.

Parent-teacher interviews give you a great opportunity to: learn more about your child's academic, emotional and social development, meet and get to know your child's teacher and help your child's teacher understand more about your child.

You have a massive impact on your child's educational success. Research shows supportive parental engagement with a teacher is a key to a child's academic and emotional success.

It has been wonderful to see so many of our parents/carers around school this week attending their interview. Hopefully, you have found the experience helpful and enlightening. Many more will be visiting next week as these continue.

It is important to remember that after the interview to discuss the meeting with your child and really congratulate them on their strengths. If the teacher made suggestions of things you could do at home, discuss these with your child and commit to following through with them.

If you don't go to a parent-teacher interview, you're also missing out on the chance to hear the positive things about your child that they may not tell you themselves. It's just as rewarding for teachers to share good news with you. Also, the ways in which you can assist your child with their learning.

Parent teacher interviews are not a 'necessary evil' to be avoided but to be celebrated.

Take care

Max Martin

## From The APRE

Change helps us adjust and build resilience. When we learn how to use a difficult situation to our benefit, it makes us better.

The past week has seen many changes happening in our house which have definitely made me more resilient. My youngest daughter celebrated her formal, my parents came and stayed to help celebrate and my eldest daughter came in from Emerald with her husband. Whilst this definitely made me filled with immense joy that so many loved my number six enough to celebrate, chaos certainly kicked in.

The celebration was certainly challenging: my father's dementia has progressed phenomenally and my mother is exhausted as she is awake constantly during the night to assist with his toileting and making sure that he doesn't wander. My eldest daughter left on Sunday to return to Emerald, only to be forced to turn back and be admitted to hospital threatening early labour. At the same time, we are living with a camp kitchen as a new kitchen is being installed in the next week. The saying, 'if it doesn't rain - it pours' couldn't be more true.

My life has been described as a sitcom before, however I love being a part of this comedy. The honour of being able to spend quality time with my parents can never be replaced. My eldest daughter is doing well and is now staying with us until the inevitable birth of our first grandchild (every day is a bonus for our baby). Pride was certainly felt watching our youngest daughter gracefully glide down the red carpet for her formal and the thought that my camp kitchen is about to be replaced with my dream kitchen after 10 years of waiting is truly exhilarating.

My life is special - I know that I love..... I am loved .....and can get through anything with faith.

Thank you Lord for walking with me on my faith journey. God bless all families.

Have a great weekend

Melissa Collins

## From The APC

This week, our students in Year 3 and 5 participated in NAPLAN (National Assessment Program-Literacy and Numeracy).

I wish to congratulate all students on the way they actively engaged in the assessments, giving their best effort.

I caught up with some children to ask them about their NAPLAN experience. This is what they had to say:

### Was NAPLAN different to what you thought it would be?

Saige:	I thought we would do it all at one time. I liked doing it each day.
Cooper:	I thought it would all be on paper and I thought I would just be reading.
Josie:	No, because it was basically like the PAT tests. It was the same format which made it good.
Oscar:	It was the same as PAT tests and what we do in class.
Evie:	I knew it would be challenging. There were some hard questions, I feel it wasn't too difficult.
Noah:	Definitely different to Year 3. This year felt a lot calmer.
Indigo:	It was very different to Year 3. We now do our writing online, not paper.
Quin:	I wasn't expecting to be able to use paper to help work things out.
Beckett:	Yes, because the writing was about artefacts.

### One word to describe NAPLAN. How do you feel now that you have participated in NAPLAN?

Jasmine:	Tough, Not as scary or as bad as I thought it would be. A lot like PAT tests.
Noah:	Relieved. Now that I am older I will know what to expect in Year 7.
Evie:	Challenging. I am glad it is over. I feel relaxed now. It was better after the first test.
Alex:	Unknown. I feel better now that it is over. Not as bad as I thought.
Indigo:	Amazing. No more worrying about if I am going to do well.
Quin:	Unpredictable (the questions). Relieved and not worrying about getting to school for NAPLAN.
Beckett:	Exciting and happy because I finished and did my best.
Saige:	Enjoyable. I feel proud that I got it all done.
Oscar:	Happy because I wasn't scared and I finished all of it before the time was up.
Josie:	Challenging. I feel good about myself for trying.
Chelsea:	Confident. Relieved, I finally got it done.
Cooper:	Nervous. I was excited because I think I got a lot of questions right.

## Walk Safely to School Day (WSTSD) - Friday 14th May

WSTSD is an opportunity for parents and carers of Primary School aged children to promote safe pedestrian behaviour. This day reminds parents and carers that they need to closely supervise their young children, particularly those under 10 years of age, in all road environments, holding hands when near or crossing the road.

The objectives of WSTSD are:

- To encourage parents and carers to walk to school with primary school age children and reinforce safe pedestrian behaviour.
- To promote the health benefits of walking and help create regular walking habits at an early age.
- To ensure that children up to 10 years old hold an adult's hand when crossing the road.
- To help children develop the vital road-crossing skills they will need as they become mature pedestrians.
- To reduce the car dependency habits that are being created at an early age and which will be difficult to change as children become adults.
- To promote the use of Public Transport.
- To reduce the level of air pollution created by motor vehicles.
- To reduce the level of traffic congestion.

The link below will take you to a free downloadable poster for children to colour.

<https://www.walk.com.au/WSTSD/images/elements/contentpics/2021/A4-colouring-in.pdf>

For more information visit [www.walk.com.au](http://www.walk.com.au)

Have a wonderful week.

Mrs Lisa List

### Reflection

Each week, we provide links to Sr Kym's reflection. We hope this provides some spiritual guidance.

Link to: [Sr Kym's reflection](#)

### Sacramental News

Children who are currently in Year 4 or above, who have been baptised and received Reconciliation, are able to receive the Sacrament of Confirmation and Eucharist.

The children are to bring their enrolment form and to attend the following sessions for Confirmation:

- Sunday 16th May - Parent and child information session at Sacred Heart Church. Registration at 3:15pm followed by 5pm mass. Candidates bring their flames forward at mass.
- Sunday 23rd May - 5pm mass.
- Sunday 30th May - 5pm mass. Candidates will receive and present the Creed at mass.

### Important Dates For Term Two

**May**  
Friday 14th - Interschool sporting gala day at Barmaryee Complex  
Monday 17th - Prep excursion to Cooberrie Park 9.40am - 1.30pm.  
Wednesday 19th - National Simultaneous Story Day "Give Me Some Space".  
Thursday 20th - Interschool chess competition in Rockhampton.  
Monday 24th - Year 4 camp to the Caves 24th - 26th. 4E Monday to Tuesday. 4S Tuesday to Wednesday.  
Monday 31st - National Reconciliation Week

**June**  
Friday 4th - Sacred Heart Year 4 to 6 athletics carnival  
Thursday 17th - KCD 1500 m races at Farnborough SS  
Friday 18th - KCD athletics carnival at Farnborough SS  
Monday 21st - Sacred Heart Day  
Tuesday 22nd - Semester One report cards available to families  
Friday 25th - Final day of Term 2.

### Term 2 School Fee Accounts

Term 2 school fees are due tomorrow, Friday 14th May.

Could you please contact Mrs Stacey Todman at the office if you did not receive them or wish to discuss payment options for Term 2 and overdue fees from Term 1. Thank you

## Year 6 Camp Confirmation

Year 6 camp deposit and confirmation note is due on Monday, 17th May.

Please see Stacey and Melinda in the office to finalise.

## School Banking Program

Schools have been informed this week that the Commonwealth Bank Schools' Banking Program, 'Dollarmites' will no longer be operating.

Accounts held by children will still be accessible, just not through schools.

## 2022 Prep Enrolments

Enrolments at Sacred Heart are being taken for the 2022 Prep year (children born 1/7/2016 – 30/6/2017).

Please register at our school office if you have a child who will be attending Sacred Heart Prep next year or if you know of any families who are intending to send their children to our school. Thank you.



## Parent / Carer Volunteer Induction

Many parents and carers have been asking about assisting in their children's classrooms with reading, sight words etc.

In order to do this, parents / carers need to complete a Volunteer's Induction.

One of these will take place this coming Monday 17th May from 9am in our school staffroom.

It will take about 20 minutes and stay for a cuppa afterwards. Thank you.

## Year Level Assemblies - Change To Prep to Year 2 Assembly

Our whole school assemblies will be held from 8.40am on Fridays.

Next Friday 21st, Year 3A will be presenting at our whole school assembly at 8.40am.

Commencing next week, our Preps to Year 2 assembly will be held on Monday 8.40am in our multi-purpose area.

Year 3 - 4	Thursday 8.40am
Year 5 - 6	Wednesday 8.40am

Parents and carers are most welcome to attend these assemblies, signing in, sanitising and social distancing.



## Students of the Week

<b>Prep</b>	Zoey Vann, Wyatt Forbes, Chelsea Smith, Chase Dawson, Alana Pont, Sawyer Page
<b>Year 1</b>	Jax Barlow, Josie Cuthbertson, Lincoln Fooks, Ava Poole, Leni-Jane Bergman, Brooklyn Waters, Felix Suttle, Hugo McPherson, Emersyn Bacon
<b>Year 2</b>	Halle Smith, Noah Cherry, Elka Guhr, Harper Mephram, Blake McQuillan, Talisa Viljoen, Ari Carpenter, Austen Carige, Sophie McElhenny, Logan Lowry
<b>Year 4</b>	Adam Van Zanden
<b>Year 5</b>	Addison Kona, Hunter Hixon
<b>Year 6</b>	Boyd Doust, Charlee Harris

## MJR Awards

Demi Marshall from Year 2 for your generous spirit when helping others during group tasks.

Dakotah Size from Year 2 for the energy and spirit in which you sang our national anthem on assembly. Well done.

Jet Parfitt from Year 5 for displaying the virtues of determination and perseverance last week in PE.

Armani Kona, Poppy Oram, Lilly Thomasson, Archie Gleeson, Quin Warren, Elliot Guhr, Alli O'Rourke, Isabella Bills, Noah Frethey, Bastian Hayes, Alarnii Lyon from Year 5 and 6 for wholeheartedly and skilfully participating in dance lessons this week.

Ruby Svendsen from Year 6 for displaying good leadership skills this week.

## MJR and Frankie Awards Week 3



## Footsteps Dance Concert

This week, our Preps to Year 4s have been learning a variety of dances under the instruction of a Footsteps dance teacher.

This Friday 14th May, our Prep to Year 4 children will be performing, at least one of these dances, as part of a concert in our school's multi-purpose area.

This will commence at 1.40pm.

Parents and carers are most welcome to attend this event. I ask that you do not come to school before 1.30pm.

You will need to sign in, sanitise your hands and remain seated in the assigned chairs.

I ask that you abide by these requirements. Thank you.

Our children have done a wonderful job this week, mastering these dances and it will be great to see them perform.

A video is also being made of the concert and this will be shared with our school family.

### Interschool Sports Day For Years 5 and 6

Tomorrow, Friday 14<sup>th</sup> May is our inter school gala sports day for all children in Years 5 and 6.

The sports being played are netball, rugby league and flag football.

The first round of games commence at 9.30am and the day concludes at 2.20pm.

We will be leaving school at 8.45am, travelling by bus. All games will take place at the Barmaryee Complex.

There is no cost involved for this event. Our children need to wear their normal uniform, including their school hat.

Morning tea, lunch and a water bottle are needed also.

All Year 5 and 6 teachers, teacher assistants, Mr Martin will be supervising our children on the day.

Parents and carers are welcome to spectate on the day, remembering COVID guidelines.

### Cross Country Representatives

Congratulations to the following Sacred Heart children who will be representing the Rockhampton District at the Capricornia cross country trials on 1st June: Brydi Young, Elizabeth Nye, Clíodhna O'Reilly, Gabrielle Gillies, Cooper Sweeney and Lucas McLean.

These athletes came in the top six placings at the district trials held last Thursday in Rockhampton.

Well done.

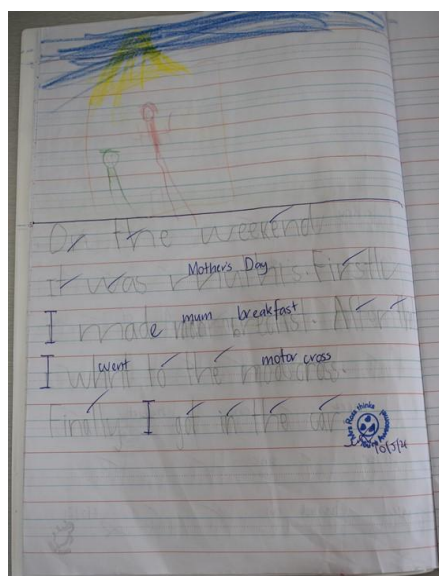
### Interschool Chess Competition

Next Thursday, our chess team will be travelling into Rockhampton for an interschool competition to be held at Emmaus College.

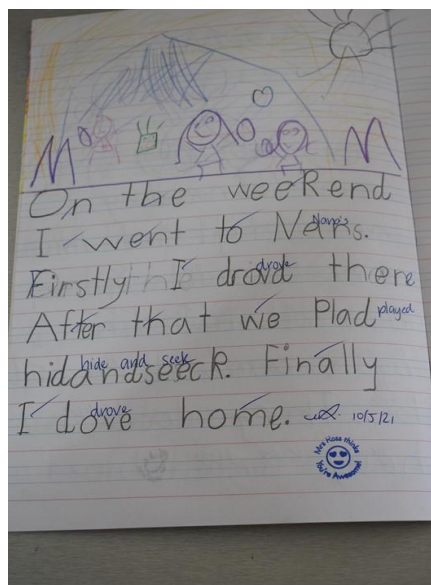
We wish Sabina, Ethan, Sebastien, Aden, Jack, Isabella, Nora and Macey, all the very best.

### Year 1R Writing

Brock



Eliza

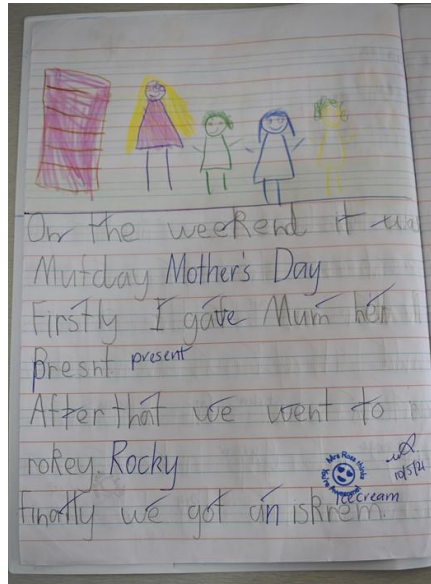


Kayden





Leni



**Mother's Day Prayer Assembly 1R and P and F Morning Tea**



## WHERE THE DIFFERENCE IS YOU

Regional Indigenous Education  
Liaison Officer  
Rockhampton Region

Applications are invited for this  
term time (38 hpw) contract position

Visit our website and apply today!

[www.rok.catholic.edu.au](http://www.rok.catholic.edu.au)

Applications close 16 May 2021

Catholic Education is committed to best practice in student protection policies and procedures.



DOMESTIC VIOLENCE AWARENESS MONTH

# PARK RUN

WEAR PURPLE TO PARK RUN & SHOW  
YOUR SUPPORT FOR DOMESTIC & FAMILY  
VIOLENCE AWARENESS MONTH!

WHETHER YOU RUN, JOG, WALK, WATCH  
OR VOLUNTEER- WE NEED YOU THERE !!!  
ROCKING YOUR PURPLE!

6:45AM EVERY SATURDAY IN MAY,  
8TH, 15TH, 22ND, 29TH MAY 2021

ROCKHAMPTON: BOTANICAL GARDENS  
YEPPON: PINAPPLE TRAIL

Relationships Australia  
QUEENSLAND

Please join us this May to raise awareness in our community. Volunteer, Run, Jog or Walk to show your support!

FOR MORE INFORMATION PLEASE CONTACT  
MISHA (RELATIONSHIPS AUSTRALIA) ON 0427583596



## Student Travel Rebates



Semester 1



### Bus Fare Assistance

- Does your child attend a school outside the Brisbane City Council boundary?
- Does your family spend more than \$40/week\* on fares to and from school (\* \$30/week if you hold a concession card)?
- Does your child travel on a publicly available service not owned or associated with the school?

### Students With Disability

- Does your child have a verified disability that requires transport assistance to and from school?
- Has your school's learning support teacher assessed your child's travel capability rating as 'semi-independent' or more dependent?

Visit our website to see if you qualify for our financial assistance to help with the cost of transport and apply at [SchoolTransport.com.au](http://SchoolTransport.com.au) during May.

Late applications cannot be accepted after 31<sup>st</sup> May.



How do I change a tyre???

Not sure about roundabouts???

Shared paths!!!

Can't work gears???

No confidence!!!

**STARTS 16 May**

**4 SUNDAY MORNINGS 9-10AM**

**SACRED HEART SCHOOL CARPARK**  
14 Barracuda Cres  
Yeppoon

**FREE BASIC RIDING SKILLS & CONFIDENCE BUILDING SESSIONS FOR WOMEN**

**Registration & Info**  
[www.ladiescycling.info](http://www.ladiescycling.info)  
**0412 963 292**

Livingstone Shire Council

Capricorn Coast BUG

**PLAY NAB AFL AUSKICK** \$80

**FIRST SESSION IS A 'COME & TRY' SESSION**

The first session of NAB AFL Auskick at your school is a 'Come & Try' session. Registration and payment is not required. For any further information on the 'Come & Try' session please contact your local AFL Queensland office.

**SACRED HEART PRIMARY SCHOOL AUSKICK CENTRE**

**START DATE** 7th May  
**LAST SESSION** 18th June  
**TIME** 3:15pm till 4:15pm  
**VENUE** Sacred Heart School Oval

Your first Session can be a 'Come & Try' Session (No registration required for 'Come & Try' Session)

For more information call **Scott on 0404 986 543** or E-mail at [capricornia.uskick@hotmail.com](mailto:capricornia.uskick@hotmail.com)

**Register now!**

**WHEN YOU JOIN US, YOU RECEIVE YOUR VERY OWN FOOTBALL AND PACK!**

**nab AFL Auskick**

[play.afl/auskick](http://play.afl/auskick)

Livingstone Shire Council will be conducting a free Bushfire Recovery and Resilience Forum at the Yeppoon Town Hall on 15th May. Special guest Shane Webcke. Please click on this link to find out more:

<https://www.livingstone.qld.gov.au/bushfire-recovery-resilience-forum>

**CELEBRATING NAIDOC WEEK**

**HEAL COUNTRY!**  
4-11 JULY 2021

**YEPPOON**

**NAIDOC WALK & FLAG RAISING**  
**5TH JULY 2021**

10AM - MEET AT OLD RAILWAY STATION, JAMES STREET (OPPOSITE THE RAILWAY HOTEL)  
10.30AM - WALK TO FORESHORE

11.5AM - FLAG RAISING CEREMONY  
12NOON - SAUSAGE SIZZLE

**EVERYBODY WELCOME.**  
**LET'S CELEBRATE NAIDOC WEEK!**

**CAPRICORN COAST INDIGENOUS MOB**

Livingstone Shire Council

Gawula Aboriginal Land Trust

Queensland Government  
Queensland Health

University AUSTRALIA