

23rd June 2022

## From The Principal's Desk

I bet it's happened to you?

A long day's work, maybe a bit stressful, you finally get home and just want to sit for a bit to gather yourself. Before you know it, a tsunami of children badger for your attention. It can be hard to re-set and give your full interest to questions, complaints and simply babble. Children bring a great joy to life but can be exhausting.

This is why we need the reserve troops in a school. The phalanx of counsellors, administration staff and teacher assistants are one of the secret ingredients to keeping a school calm and less stressful.

The inevitable social problems of little ones, as they negotiate the world of friendship and schooling need support. It's normal.

The ebbs and flows of children speaking or behaving badly to each other and not putting in 100% to their schoolwork. It's normal.

Parents, tired from their busy lives, being a bit terse on the phone. It's normal.

We are extremely fortunate at Sacred Heart for having a positive team of non-teaching staff who are these selfless back up troops.

You can only imagine the compassion and energy it takes a teacher to survive a day with sometimes 30 little ones in constant attendance. If we didn't have our ancillary support, we would collapse in a heap. So it is with that we sadly farewell two of our tremendous support staff as they head off to new challenges. I sincerely thank Melinda Murphy and Kelly McKenna as they leave Sacred Heart at the close of this term.

Melinda, thank you for your energy, empathy and ever-patient, professional coordination of the front desk. Your ability to remain positive and to bring a sense of organisation to an, at times, chaotic environment has been much appreciated. The ability to find a band aid or an ice pack, call a plumber and try to track down that errant principal, all at the same time, is a gift in itself.

Kelly, you have been a constant and compassionate professional counsellor to many children for many years. Your warmth and proactive aim to always put children first have made our school a safer and more wellbeing focussed space. I am sorry you too, may have found tracking down the wandering principal a trial at times.

Be assured you have both left a wonderful legacy here at Sacred Heart.

There is no greater compliment than to be compared to the man who always had time for children.

The disciples after a long day tried to shoo the dusty village children away.

"When Jesus saw this, he was indignant. He said to them, "Let the little children come to me, and do not hinder them, for the kingdom of God belongs to such as these." You can't argue with that.

I hope you all have a restful holiday, enjoying the little dynamos we are sending home to you for two weeks. Thank you for your support of our school this term. It is greatly appreciated.

#### From Our APRE

This week, we have been celebrating Sacred Heart School. Most of our children have had a tour of our 'History Walk' around the school. This is called 'Nano's Flame - A journey of Love'. It was erected for the centenary of the Presentation Sister in Yeppoon and tells the story of how we came to be 'Sacred Heart School'.

Today, we celebrated Sacred Heart Day with a whole school mass led by Year 6G. Followed by Heart Groups where the children joined with others from Prep to Year 6 and learn about the Sacred Heart of Jesus.

It began a long, long time ago......

Back in Ireland, Catholics and girls as well as poor people were not able to be educated. Nano Nagle came from a wealthy, catholic family and was lucky enough to be shipped off secretly to France so that she could be educated.

When Nano came back, her sister would sneak out and educate the children. Nano soon started to help her sister. They would teach the children to read and write in small caves and behind hedges. At night, Nano would sneak out and carry a lantern through the streets and feed the hungry and look after the sick.

Nano gathered other women together who then became the Presentation Sisters. After many years the Presentation Sisters decided to come to Australia to be educators. They continued to keep the flame in their hearts alive.

Eventually, the Presentation Sisters moved to Yeppoon and set up St Ursula's, St Joseph's and finally Sacred Heart.

Today, our children were asked to think of two things that could help their flame burn brightly as they are now part of this journey and they each made a lantern to remind us of how Nano Nagle started this for us.

Dear Sacred Heart of Jesus, keep us always close to your loving heart and to the most pure Heart of your Mother. May we love one another more each day, forgiving each other's faults as you forgive us. Teach us how to see you in those we meet. Help us keep our love for you always strong Amen

Keep your flame burning brightly

Melissa Collins

Sacramental Program		
Eucharist	Sunday 17th July 5pm Mass - Children receive a cross.	
	Receiving the sacrament of Confirmation Friday 22nd July, 6:30pm.	
	Receiving the sacrament of Eucharist	

23rd July - 5:15pm Mary Immaculate Emu Park 24th July - 9am Sacred Heart Yeppoon 5pm Sacred Heart Yeppoon

If you have any queries, contact Melissa Collins or the parish office.

### **Capricorn Coast Catholic Parish**

Here is the Sacred Heart Church Bulletin for this week. Stay connected and enjoy. Link to:<u>Bulletin</u>

#### **Important Dates Term Two and Three**

June

Friday 24th - Final day of Term 2. Friday 24th - Year 5 and 6 interschool sports day 9am to 2.45pm

#### July

Monday 11th - School commences for Term 3 Monday 11th Life Education van at Sacred Heart this week. Preps to Year 4s attending. Wednesday 13th to Friday 15th - Challenge Cup being played at St Brendan's College, Yeppoon. Friday 15th - Year 3D NAIDOC week assembly 8.40am. Tuesday 19th - KCD 1500 metre races Wednesday 20th - KCD athletics carnival at Farnborough SS Thursday 21st - Bishop Michael McCarthy visiting Sacred Heart School Friday 22nd - Confirmation mass 6.30pm. Sunday 24th - First Eucharist masses 9am and 5pm Monday 25th and Tuesday 26th - School photos Tuesday 26th - Catholic Education Week mass at St Brendan's College 9.45am. Our Year 6s are attending. Friday 29th - Year 4M Catholic Education Week assembly 8.40am

## **New School Counsellor**

Our new school counsellor is Mrs Susan Hooper. She has been working prior to coming to our school in Rockhampton in a similar role.

Mrs Hooper will commence the first week back next term and will be ably supported by Mrs McKenna during her initial weeks.

## **Absentee Notification**

Due to an increase in absentees this winter, all absentees can be advised through parent lounge or the absentee line on 49 948216. Thank you

### **Lost Property**

Our collection of unnamed jumpers and hats at the office is quite substantial.

We ask that all items brought to school are labelled for easy return if misplaced. Thank you

## **Tuckshop This Friday**

Our tuckshop will be operating tomorrow Friday 24th only for our Year 4 children.

Our Year 5 and 6s are at interschool sport at Barmaryee for the entire day and will not be able to access tuckshop. Thank you.

### **Student Awards**

Year 1	Lewis Cauchi, Eden Prince, Madeline Ohl, Alana Pont, Finnley McElholum, Summer McCoombes, Lelani Webster, Chelsea Smith
Year 2	Layla Hurst, Skylar Rapmund, Ryah Manz, Madeline Gill, Kayden Griffin
Year 3	Ivy Carswell, Taia Dooley, Blake McQuillen, Micah Hawkes, Dakotah Size, Tiarna Vann, Ella Van Zanden Gillen, Oliver Poole, Jack Rohl, Denzel Wolff
Year 4	Charlotte Solis, Cooper Griffin, Annabel Sykes, Maycie Clarke , Amira Mitchell, Louis Ivers, Hudson Tait

### Year 5 and 6 Interschool Sports Day

Tomorrow Friday 24th June, all our Year 5 and 6 children will be involved in a sports day with schools from the Capricorn Coast.

Our girls will be playing netball at the Cap Coast Association courts.

Our boys playing rugby league or Oz Tag (flag footy) at Barmaryee.

All children and their teachers will be transported to and from these venues by bus, leaving school at 8.50am and returning by 2.45pm.

Our children need to wear their normal school uniform on the day including their school hat.

All children will need to bring their morning tea and lunch on the day. A water bottle is necessary.

## Year 4 to 6 Athletics Carnival

Our Year 4 to 6 athletics carnival was held this week with a great day had by all. It was extremely pleasing to witness the level of participation from all our children.

Champion House: Tabor

Age Champions				
10 years:	Cooper Griffin, Felix Shammall, Mackenzie Rapmund			
11 years:	Joseph Kingston, Brydi Young			

12 years: Jet Ryan, Clover Shammall





## Prep to Year 3 Athletics Carnivals

Our Prep / Year 1 and Year 2 / 3 athletics carnivals will be held on Monday 8th August.

All children will be doing a sprint, high jump, long jump and a relay. Following is a timetable of the day.

8.55am	Preps and Year 1s assembling on oval
9am	Prep sprints: Girls then boys.
9.20am	Year 1 sprints: Girls then boys.
9.40am	Relays. Preps then Year 1s.
10am	Preps high jump. Year 1 long jump
10.20am	Preps long jump. Year 1 high jump.
10.40am	Finish
9.40am 10am 10.20am	Relays. Preps then Year 1s. Preps high jump. Year 1 long jump Preps long jump. Year 1 high jump.

11.30pm	Year 2 and 3 assembling on oval.
11.35pm	Year 2 sprints: Girls then boys.
11.55pm	Year 3 sprints: Girls then boys.
12.15pm	Relays. Year 2 then Year 3.
12.35pm	Year 2 high jump. Year 3 long jump.
1pm	Year 2 long jump. Year 3 high jump.
1.20pm	Finish

Parents and carers are most welcome to join us on this day.

## Life Education Van Sessions

The first week back next term, our Preps, Year 1, 2, 3 and 4 children will be attending the Harold Life Education Van which will be based at Sacred Heart.

All primary modules being taught through these sessions are aligned with the Australian curriculum for health and physical activity and are developed to support teachers reach these specific learning outcomes and complement learning in the classroom.

Delivered in a mobile learning centre, each module provides core knowledge and skills in a fun, interactive and age appropriate manner. The Life EduCation programs focus on:

- Nutrition, healthy eating and the importance of physical activity
- Personal safety
- Respectful relationships and emotional well-being
- Cybersafety and strategies to combat cyber-bullying
- Safety with medicines

Looking forward to our children experiencing this program.

## Under 8's day



Kai: I played with Tyler and Mason. We played with the soft cloud sand. It was next to the fort.

Jack: I made a blue Sonic chatterbox with Rocco and Vin at 1G.

Paisley: I lined up to go on the tricky slacker. When I got on it people were bouncing me up and down.

Star: I liked making the masks a lot. I think that this was the best day.

Clay: Parker and I went to 1G. We made a sail boat from Mobilo.

Rocco: I did Origami with Mr Macpherson. We used paper. Vin made a lizard and I made a white mouse.















## **Deadly Day Out**

Year 6 Aboriginal and Torres Strait Islander students from across the Rockhampton Region, came together last week for a Deadly Day Out.

Students spent the day connecting, celebrating, and strengthening their cultural identity at the Dreamtime Cultural Centre. The day also provided opportunities for students to connect with Emmaus College and The Cathedral College Indigenous Liaison Officers. We were very privileged to listen to Aunty Judy, a well respected Elder in our community, who shared her education journey and offered words of wisdom to everyone listening.

Thank you to Mrs Nikki Baker for accompanying our children to this event.



### **Sacred Heart Day**



















# Farewell

To the Williams family: Marley Year 5 and Preston Year 3, Dallas and Kirsten. All the very best and thank you for your wonderful support of our school.



