



## SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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# NEWSLETTER

28th July 2022

### From The Principal's Desk

In 2020, it was estimated by the Australian Government to cost approximately \$548,500 to raise a child to 18 years old.

Many social researchers believe this is a gross under-estimation and that the cost is closer to \$1 million. In addition to the government's predictions, researchers say you need to add the cost of electronics, loss of parental income due to leave taken, private tutoring, sports and dance classes and considering the average child now stays at home until they are 24 years old, the real cost to the Australian parent of raising children is \$1,028,093.

"Generation Z and A, born since 1997, are the most financially endowed generations of children ever. Every child has their own set of everything. We are not in the era of shared toys or hand me downs. The average family has 2.7 children and with 30% of primary school students and 40% of secondary school students in non-government education, parents are more prepared than ever to invest in their kids."

With this in mind, the following reflection crossed my desk recently in response to the financial cost of raising a child.

"You might think the best financial advice is 'Don't have children if you want to be rich'. Actually, it is the opposite. So what do you get for your \$1 million?"

Naming rights: First, middle and last.  
Glimpses of God everyday.  
Giggles under the covers every night.  
More love than your heart can hold.  
Endless wonders over rocks, ants, clouds, dinosaurs and warm biscuits.  
A hand to hold, usually covered in mud or chocolate or dribble.

For \$1 million, you never have to grow up. You get to:  
Finger paint.  
Play hide and seek.  
Never stop believing in Santa.

You have an excuse to:  
Keep watching Saturday morning cartoons.  
Go to Disney movies.  
Keep reading the adventures of Piglet and Winnie the Pooh.  
Frame rainbows, hearts and flowers under fridge magnets.  
Collect spray painted noodle wreaths for Christmas, hand prints set in clay for Mother's Day and cards with backwards letters for Father's Day.

You get a front row seat to history to witness the:  
First step.  
First word.  
First bra.  
First date.  
First time behind the wheel.

You get to be immortal. You get another branch to your family tree, and if you are lucky, a long list of limbs in your obituary called grandchildren and great grandchildren. You get an education in psychology, nursing, criminal justice, communications, and human sexuality that no college can match.



In the eyes of a child, you rank right up there under God. You have all the power to heal a scratch, scare away the monsters under the bed, patch a broken heart, police a sleepover party, ground them forever and love them without limits.”

Next week, my wife and I will celebrate our first grandchild’s first birthday. (Where has that time gone?)

We dearly love our three now grown up children: Nelly, Max and Joseph however the love we have for our granddaughter, Maggie is, as Michelle Ross, one of our Year One teachers and experienced grandmother often tells me, ‘next level’ and already worth \$1,028,093.

Take care

Max Martin

### From Our APRE

Catholic Education Week is being celebrated this week. This annual event is held to promote the special ethos of Catholic schools and to highlight the great things that take place in them every day.

The theme for this year is **Communities of Faith, Hope and Love**.

Catholic education strives to make a difference by challenging young people to live out the message of Jesus and to reach their full potential as compassionate, contributing, life-giving members of society.

There are 313 Catholic schools in Queensland that educate around 154,000 students and employ more than 22,000 staff.

Our school planned a number of activities during the week including:

- Developing the charism and history of our school using the Nano Icon.
- Classes pray reflecting on the recently displayed Icons and the symbols in each panel.
- Year 4M assembly tomorrow in the MPA at 8:40am. This will be followed by morning tea. All are welcome.
- Peer Support will commence tomorrow, with our Heart groups learning about the importance of friendship.
- Year 6 students attending Combined Capricorn Coast Catholic Education Week Mass at St Brendan’s College. This was followed by a combined morning tea. Our school captains were also invited to be part of the diocese celebrations at Holy Family Catholic Church in Rockhampton.

Lord, may we be conscious that our responsibility extends to the moral, spiritual and social aspects of the lives of all those with whom we work and interact. Amen



## From Our APC

Over the past 12 months, teachers at Sacred Heart have participated in a number of workshops on 'Writing in the Classroom'.

Tuesday evening, Louise O'Shaughnessy, the Teaching and Learning consultant from the Catholic Education Office, led our teachers in a 3 hour workshop on formative assessment with a focus on 'Feedback in Writing', sharing research from renowned leaders such as Dylan Wiliam, John Hattie and Shirley Clarke.

You may be asking yourself *'What is formative assessment?'* It is continuous feedback that allows a teacher to evaluate the impact of their teaching, while supporting students to move their learning forward.

A critical component of formative assessment is that teachers and students make the links to real-world relevance so that students not only know what they are learning but why they are learning it. Delving into real-world issues through big ideas and essential questions moves students from just being engaged to being empowered.

Research tells us:

- Effective feedback leads to positive changes in teaching and learning practices and significant improvements in student outcomes ([aitsl.edu.au/feedback](https://aitsl.edu.au/feedback)).
- Feedback is information about the task that fills a gap between what is understood and what is aimed to be understood (*Hattie and Clarke, 2018, p.3*)

Our teachers are enthusiastic and excited to continue building positive learning and feedback cultures in their classrooms.



Have wonderful week

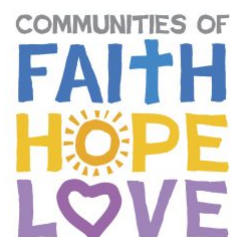
Mrs Lisa List

## Catholic Education Week Assembly and Morning Tea

Tomorrow, Friday 29th July, we will be having a whole school assembly for Catholic Education Week, commencing at 8.40am in our multi-purpose area. Year 4M will be presenting this assembly.

Following this, there will be a morning tea in our staff room for all parents, carers and family members.

Feel very welcome to join us for both these.



Catholic Education Week • 24-30 July 2022

## Confirmation and First Eucharist

Congratulations to the following Sacred Heart children who received the sacraments of Confirmation or/and Eucharist last weekend:

Dylan Barnes, Charlie Campbell, Riley Condon, Amelia Deasy, Ruby Deasy, Kirby Kenny, Isla Kirby, Isla Kleinhans, Charlie McKeown, Archer McPherson, Amira Mitchell, Evie Moore, Harley Neagle, Josie Prince, Jai Ray, Emma Scanlan, Lochlan Sparks, Alex Todd, Noah Todd and Lucy Thomas.

We continue to keep them in our prayers.

Well done to Bishop Michael, Father Noel, Mrs Collins and Mrs Langdon on preparing the celebrations over the three days. A wonderful weekend as had by all.



## Welcome to Our New Office Secretary

This week, we welcomed Mrs Cassandra Zarkovich to Sacred Heart as our new office secretary.

Cassandra and her family have moved from Hervey Bay where she worked for the Queensland Police in Howard and Maryborough.

It has been 'a baptism of fire' this week for Mrs Zarkovich and she has been ably supported by Mrs Murphy and Mrs Todman.

Make yourself known to Cassandra as she commences in this extremely important role at Sacred Heart, Yeppoon.



## Welcome

Henry Zarkovich in Year 3 and his parents, Cassandra and Nev.

Jacob Nix in Year 4 and his parents, Emma and Adam.

We welcome them into our school family and wish them all the very best.

## Important Dates Term Three

### July

Friday 29th - Year 4M Catholic Education Week assembly 8.40am

### August

Monday 1st and Tuesday 2nd - Rockhampton District athletics carnival

Tuesday 2nd - St Ursula's and St Brendan's Musical 'Grease' matinee. Year 5 and 6 attending.

Thursday 4th - Chess tournament at Rockhampton Grammar.

Monday 8th - Prep / Year 1 and Year 2 / 3 athletics carnival on our oval.

Tuesday 9th - P.and F. meeting 6pm

Monday 15th - Feast of the Assumption mass at Sacred Heart 9:30am. Sacred Heart and St Benedict's attending.

Monday 15th - Science Week. Theme is 'Glass. More Than Meets The Eye'.

Monday 22nd - Book Week. Theme 'Dreaming With Eyes Open'.

Friday 26th - Book Week dress up assembly 8.40am.

Monday 29th - Parent / teacher interviews commence.

### September

Friday 2nd - Father's Day breakfast from 7.30am at school.

Sunday 4th - Father's Day

Thursday 15th - Super 8s cricket day at Barmaryee.

Friday 16th - Final day of Term 3.

## Prep to Year 3 Athletics Carnivals

Our Prep / Year 1 and Year 2 / 3 athletics carnivals is not too far away, being held on Monday 8th August.

Following is a timetable of the day.

8.55am	Preps and Year 1s assembling on oval
9am	Prep sprints: Girls then boys.
9.20am	Year 1 sprints: Girls then boys.
9.40am	Relays. Preps then Year 1s.
10am	Preps high jump. Year 1 long jump
10.20am	Preps long jump. Year 1 high jump.
10.40am	Finish
11.30pm	Year 2 and 3 assembling on oval.
11.35pm	Year 2 sprints: Girls then boys.
11.55pm	Year 3 sprints: Girls then boys.
12.15pm	Relays. Year 2 then Year 3.
12.35pm	Year 2 high jump. Year 3 long jump.
1pm	Year 2 long jump. Year 3 high jump.
1.20pm	Finish

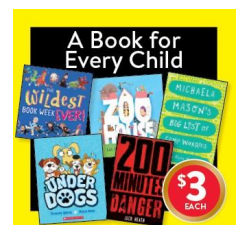
Parents and carers are most welcome to join us on this day.

## Library - Book Club

Loop orders close this Friday.

Thank you for your continuing support.

Mrs O'Brien and Mrs Wilczek.



## Peer Support Program

Our Peer Support Program starts tomorrow and runs for the next 6 weeks.

It provides students with the opportunity to interact with the same small Heart group on a regular basis.

Students are provided with the opportunity to explore relationships in a safe, supportive environment. Our Year 6s who are the group leaders provide guidance and support for younger students, allowing them to share with others, have fun and make a contribution.

The interactions occurring within the Peer Support group have a flow on effect. In addition to assisting students to feel more connected to each other, the relationship skills gained benefit the rest of the school environment, improving the social and emotional wellbeing of all its members.

This year the theme is 'Keeping Friends'. Students are encouraged to form relationships within their Peer Support groups. They will learn about the importance of having a number of close relationships, rather than just a single 'best friend'.

We encourage you to ask your child/ren what they learnt with their Heart group.

## Student Awards

<b>Prep</b>	Finn Fleming, Kobi Rich, Tommy Grange, Finnlay Beecheno, Indi De Hennin, Vincent Neve, Mai Whiting, Skylah Hulme
<b>Year 1</b>	Clay Ferrier, Chase Dawson, Finn Mclvor, Charlotte Neagle-Fisher, Tyler Gilbert, Silas Hall, Zoey Vann
<b>Year 2</b>	Jack Eyles,Skyla Kirkman, James Whiting, Hunter Hare, Owen Harris
<b>Year 3</b>	Harper Mephem, Henry Zarkovich, Beau Hoare, Sienna Miller, Maddison Culican
<b>Year 4</b>	Isla Kirby, Felix Shammall, Ava Spencer, Jett Hawkes, Ava Goodger, Eli Parfitt, Oliver Mathias-Watt, Charlie Busch, Flynn Palairet
<b>Year 5</b>	Connor Hartley, Milla McPherson, Kai Nielsen, Jaxon Paidra
<b>Year 6</b>	Thea Gregson, Rydder Malt

## MJR Awards

Ruby Smith Year 6, Charlie McKeown Year 4, Felix Shammall Year 4 for the team spirit and encouragement you showed at the KCD athletics trials.

Grace Hawes and Georgia Deasy Year 6 for collecting the lunch time First Aid bag each day and being supportive of those who are in need of it.

Macey Winter Year 1 for your positivity and generosity of time in caring for your friends.



## Educational Pursuits For Week 4

Our Year 5 and 6 children will be attending a matinee performance of the St Ursula's and St Brendan's musical, "Grease" on Tuesday 2nd. Children will be transported to and from St Brendan's by Keppel Coaches.

Our Year 1s will be visited by the local fire brigade on Tuesday at 9am as part of their 'People in Our Community' unit.

Our Year 6, 5 and 4 chess players will be travelling to Rockhampton on Thursday for an interschool competition.

Our Year 3s will be celebrating mass at Sacred Heart Church with our local parishioners on Friday 5th from 9am.

We hope our classes enjoy these extra curricular activities.

## KCD Athletics

Congratulations to the following students who have been selected to represent the Keppel Coast district at the Rockhampton athletics trials, next Monday and Tuesday:

Clover Shammall, Brydi Young, Josie Oram, Indigo Hart, Zali Dooley, Vienna Jackson, Cooper Griffin, Joseph Kingston, Thomas Sweeney, Max Dadson, Jet Ryan, Noah Marshall, Thomas Murray, Cruz Hill, Felix Shammall and Harry Wilzcek.

All students who participated at the KCD carnival last week, represented our school with great sportsmanship and skill.

Special mention goes to Clover Shammall, Brydi Young and Joseph Kingston for being Age Champions. Well done.



## Community News

### **JUNIOR TOUCH** **FOOTBALL**

  
**CAP COAST TOUCH FOOTBALL  
ASSOCIATION  
TEAM REGISTRATION IS NOW  
OPEN  
AGE PREP - YEAR 6**

**FOR FURTHER DETAILS PLEASE  
HEAD TO THE FACEBOOK PAGE  
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0458500015**