

2nd March 2023

From the Principal's Desk

When I was in Longreach many years ago, one of the teachers on staff, Sister Anne Marie Jensen was nominated for the Australian of the Year award. Apart from being a committed educator, she was a pilot and flew all over the far west, visiting very remote families; offering support, celebrating mass and being a listening ear for many mums and dads who did not see another adult for months.

She was the Queensland finalist for this prestigious honour and an extremely humble recipient.

Returning to Longreach, we welcomed her at the airport which she was very embarrassed about. Chatting, she was not concerned at all about not being named Australian of the Year

but more about missing out on getting the signature of Mal Meninga, the former NRL player and State of Origin legend who was also a state representative for this award.

Anne Marie known as the 'Flying Nun' was a passionate Canberra Raiders' supporter.

At Sacred Heart, Yeppoon, we are introducing a new award: The Lantern Award, which will hopefully encapsulate the charism of our school, that of the Presentation Sisters and their founder, Nano Nagle.

Like Nano and modelled on the example of Jesus, we hope to empower each other to have a love of learning, to show respect and care for everyone, to celebrate our gifts and talents and to connect with our environment.

With this in mind, our Lantern awards will be presented. These will be a weekly award which can be nominated by any member of staff and presented at a Friday whole school assembly.

They will be presented when our children are seen 'shining their light for others' by displaying behaviours/actions that exemplify the following qualities:

Courage

- Standing up for what is right.
- Being resilient.
- · Being brave.
- · Being determined.

Compassion

- · Being welcoming.
- · Being friendly to everyone.
- · Recognising those in need and taking action.

Being Just

- · Treating everyone fairly
- · Including everyone.
- · Putting others first.
- · Being respectful.



It is being called the Lantern Awards because Nano Nagle was known as the 'Lady of the Lantern'. She carried her lantern through the streets of Cork City, Ireland, in the 1750s, guiding the lost, the sick, the elderly and the marginalised. She risked her own life to transform the lives of others by offering hope, love and compassion.

Our first recipients will be acknowledged on assembly next Friday 10th March. Take care

Max Martin

From Our APRE

This weekend marks the Second Sunday of Lent. During Lent, we support Caritas through Project Compassion which is their main fundraising campaign. Australians are asked to help raise much-needed funds to help alleviate poverty, promote justice and uphold dignity in the most vulnerable and marginalised communities in our world.

A story that we can relate to is shared to help us understand and recognise those in need that we are supporting. This week's is about Tereesa, a Gamilaroi woman from Western Sydney who struggled with homelessness while raising her four children. At just 16 years old, she had to leave school after falling pregnant with her first child. A struggling single mother, Tereesa's only concern was finding stability for her children.

Seeking a better future for her family, she joined Baabayn Aboriginal Corporation's Young Mums and Bubs Group, supported by Caritas Australia. Baabayn helped Tereesa access housing and psychological support. Today, she is studying a certificate in Community Services so that she can strengthen her skills and give back to her community. Tereesa now works at Baabayn, providing support to young mothers and mentoring the next generation of young people.

'When God's children are in need, be the one to help them out. And get into the habit of inviting guests home for dinner or, if they need lodging, for the night.' (Romans 12:13)

Growing up, this passage was considered the 'norm' in my family, as my father would often invite guests home that he had found on the street or in need of a listening ear. I pray that with the guidance of the Holy Spirit, we can continue to share with others the words of my loving father, *"You've got to give 'til it hurts."*

Have a wonderful weekend

Melissa Collins

From Our APC

This week, our Years 3 and 5 students participated in an online Omnibus test in preparation for Naplan in Weeks 8 and 9. This practice test enables students to feel confident when accessing the NAP platform and the process of logging in using student codes.

It also allows students to experience Naplan style questions in numeracy, reading and language conventions. Our students appeared very comfortable participating in this assessment.





Naplan timetable for Weeks 8 and 9:

Wednesday 15th March: Thursday 16th March: Friday 17th March: Monday 20th March: 9am - Year 3 and 5 Writing
9am - Year 3 and 5 Reading, 11.30am Year 5 Conventions of Language
9am - Year 3 Conventions of Language, Year 5 Numeracy, 11.30am - Catch-up writing
9am - Year 3 Numeracy

Tuesday 21st - Friday 24th March, there will be the opportunity for students who may have missed tests to do them.

Last week, Therese Fitzgerald from the Catholic Education Office visited our library to work with Mrs Wizcek and Mrs Holloway, our librarian coordinators, on new features of the library operating system.

During her visit, ideas were brainstormed on the next stage of our library upgrades, which will include a new circulation desk area.

Over the past two years, there have been many improvements to our library, which include, new shelving, carpets, painting as well as a great number of new texts and decodable readers.

Parents and carers are always most welcome to come into school and look around our library. It is an amazing learning environment.

Have a wonderful week

Mrs Lisa List

Student Awards

Congratulations to the following children.

| Prep | Louin Rayner, Sierra Scott, Piper Mahoney, Ethan Mahony, Thomas McCartney, Sebastian Suttle, Noa Johnston |
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| Year 1 | Finn Bridges, Claire Martin, Sapphire Johnson, Hartley Lambropoulos, Lucy Goldman, Lani Goody, William Lowry, Finn Beecheno, Karl Van Eyk, Sapphire Johnson, Harley Hill, Mayah Abraham, Hudson Rafter |
| Year 2 | Cara Sparks, Chase Dawson, Eden Prince, Jeddy Gordon, Elsie Shaw, Oliver Kingston, Lelani Webster, Miles Hatte, Maddison Nixon, Zoey Vann, Clay Ferrier, Wyatt Forbes, Jordan Ohl, Stara Spry, Jett Graham |
| Year 3 | Brooklyn Waters, Jye Farrelly, Ryah Manz, Emilia Moker, William Finch, Lucas Stark, Phoebe Turner, Peyton Mitchell, Wundara Kangan, Madeline Gill, Evelyn Donald, Jacob Flanders, Peyton Mitchell, Angus Mitchell |
| Year 4 | Micah Hawkes, Charlotte Luckey, |
| Year 5 | Oscar Gleeson, Mason Stark, Max Way, Jai Ray, Levi Bone, Zac Adkins, Charlie Busch, Adaysha Giles, Sasha Dadson, Lucia Jarrett, Hanna Cross |
| Year 6 | Connor Hartley, Cooper O'Rourke, Eden Kalie, Spencer Toby, Adam Gillen, Amahni Manz |
| | |

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. Link to Bulletin

In Our Prayers

Sophie McElhenny from Year 4 is currently recuperating in Brisbane following surgery.

Mrs Melissa Collins and her family following the passing of her dad, Ray last week.

You are very much in our thoughts and prayers.

Mini Vinnies' Commissioning

At last Friday's whole school assembly, we announced our Mini Vinnies' 2023 executive and commissioned all members.

It was wonderful to have Mr Rick Williams and his wife, Annette who are active members of our local St Vincent De Paul in attendance to present badges and acknowledge to work of our MIni Vinnies' group.

This social justice group is very well attended and we are looking forward to hearing about the initiatives and wonderful work they will instigate this year.



Important Dates Term One

March

Friday 3 - Swimming carnival at Cooee Bay aquatic centre (Years 4 - 6) Wednesday 8th - International Women's Day Thursday 9th - St Brendan's Year 6 Discovery Day Thursday 9th - St Ursula's Year 6 Discovery Day Monday 13th - School cross country carnival for Years 4 to 6 Wednesday 15th - NAPLAN commences Tuesday 21st - Harmony Day Thursday 30th - Holy Week assembly 8.40am (Good Friday) Friday 31st - Holy Week assembly 8.40am (Easter Sunday)

Finance

Thank you to those families that have paid their Term 1 fees. These are now overdue.

If you are unable to make immediate payment, contact Mrs Stacey Todman at the office to organise a payment plan.

Years 4 to 6 Swimming Carnival

Our Years 4-6 swimming carnival will take place tomorrow Friday 3rd March at the Cooee Bay Aquatic Centre.

All children will come to school as normal. Classes will be bussed to the pool with their class teacher. The events will commence at 9:15am.

Children may wear a sun safe shirt in the colour of their sporting house. Normal school shoes must be worn to and from school. Children may bring thongs or sandals to wear at the pool.

Ensure your child has their hat, water bottle and lunch packed to bring to the carnival. Our children will not be accessing the canteen at the pool.

At the conclusion of our carnival, all our Years 4, 5 and 6 children will be returning to school by bus.

Following is a timetable with approximate times for events:

- 8.50am Year 4 to 6 children leave school by bus.
- 9.15am 100m freestyle 9-12 years
- 9.40am 25m freestyle 9-12 years
- 10.05am 50m freestyle 9-12 years
- 10.30am 25m breaststroke 9-12 years
- 10.55am 50m breaststroke 9-12 years
- 11.25am 25m backstroke 9-12 years
- 11.50am 50m backstroke 9-12 years

12.15pm25m butterfly 9-12 years12.40pm50 butterfly 9-12 years1pmAll children bussed back to school.1.10pmPresentation of age champions and winning house in our multi-purpose area.

No Tuckshop for Year 4 to 6 Friday 3rd March

Due to our swimming carnival tomorrow, there will be no tuckshop available at school for our Year 4 to 6 children. Thank you.

Netball Sessions

This week, a representative from Netball Queensland visited our school and ran a coaching clinic with our Year 6s.

Thank you to Maddi Searle for sharing her skills and expertise with our girls.

Some highlights were:

| The Fox and Geese game because it taught the correct way to pivot. | Kiana |
|---|-----------|
| Learning how to clear and cut when attacking. | Mackenzie |
| Learning how to drop and drive. | Olivia |
| I play shooter, so I really liked the final game we played that had shooting in it. | Lola |
| The Fox and Geese game because it was a good way to learn how to defend. | Kira |

From a coaching perspective, I also picked up some great tips to conduct warm-ups and drills in a fun way that also serve to get the body netball ready.

The best part was watching the girls so enthusiastic about the game.

Best wishes

Mrs Jen Kenny









Our school cross country races will be held Monday 13th March on our oval.

Following are the times for events:

9am – Boys and girls 12 years (3 kms)

9.25am - Boys and girls 11 years (3 kms)

9.50am - Boys and girls 10 years (2 kms)

The boys will head off firstly in the timed races, followed by the girls. Our children will nominate for these races.

Parents and carers are most welcome to attend this carnival.

We are having cross country training for Years 4 to 6 on our school oval on Mondays and Wednesdays 3.30pm - 4.15pm. Bring training gear to change into after school.

Capricornia Representative

Congratulations to Zali Dooley, Year 6 for her recent selection in the Capricornia Basketball team. Great achievement.

Congratulations

To Hugo Way from Year 3 on his baptism which was celebrated after the parish mass last Sunday. Well done, Hugo.

Interschool Chess Competition

Last Thursday, twelve Sacred Heart chess players attended the first interschool competition at the Height's College in Rockhampton.

Mrs Goltz, our chess organiser, was extremely impressed with the efforts and skill of our children especially as this was the first competition for many.

Special mention of Alex Todd who won 5 of his 7 matches, being our best performer.









Community News



Variety Activate Inclusion Sports Day – Rockhampton 15 March 2023 @ CQUni Community Sports Centre Registrations Now Open! samantha.powell@varietyqld.org.au







5 & 6 year old girls for the Gumnut Guide program All age groups accepting girls nov for a 3 week free trial

When will your girl start her guiding journey? keppelcoastdm@guidesqld.org or Michelle on 0438 283 342 to start your 3 week free trial Visit Girl Guides Yeppoon and Emu Park @kcgirlguides

www.guidesqld.org





