20th April 2023

### From the Principal's Desk

General David Hurley, current Governor-General of Australia, said during a speech in 2014

"ANZAC Day has become universal within Australia no matter what your cultural heritage because it is a day to remember the strength of the human spirit." Hurley also said that, "ANZAC Day was not just a day about heroes and heroic deeds but a time to appreciate those without a chest of medals, ordinary Australians who did their job when a job needed doing."

This resonated strongly with me and reminded me of the times I visited the War Memorial in Canberra with student leaders. As we stood in front of the roll of honour which lists all the Australian men and women killed overseas in war, we noticed that only their names were listed and no ranks, medals or honours were displayed. The guide explained that this was a deliberate decision, as all of the fallen, no matter what act of bravery they may have performed or what rank or leadership position that they may have held, all had paid the ultimate sacrifice; all were equal in death and all were Australians who had served their country.



I often wondered as I stood in front of the names of those who have died if I had been sitting in a boat on a cold, wet morning in 1915, facing perilous seas and about to land on an inhospitable beach and run directly into enemy fire if I would have had the courage to make the ultimate sacrifice. At that moment, I am always humbled by the courage of our past diggers.

The War Memorial is home to hundreds of stories. I wish to share with you a story that I find particularly inspirational and think exemplifies many of the qualities of the ANZAC legend. It also highlights the importance of keeping these stories alive. It is a story that happened not at Gallipoli and is not a story of a soldier. It is the story of Vivian Bullwinkle, a nurse who served in the Second World War.

Vivian was one of the hundreds of Europeans evacuated at the last minute as Singapore fell to the Japanese. Her ship was bombed and sunk by enemy fire and she and her fellow survivors were stranded on the shores of Bangka Island near Sumatra in Indonesia.

The survivors, men and women attempted to surrender and were ignored. The soldiers were killed and the women, all nurses, were marched into the water and shot. Vivian herself was badly wounded in the leg but she survived in the water pretending to be dead. She was determined at that moment to survive so that she could tell the world the story of what had happened so that the men and women around her had not died in vain and that their families would learn of their fate.

Still bleeding badly, she hid in the jungle for 13 days, hiding from the Japanese who were searching the area looking for survivors. Eventually starvation forced her to surrender and she was captured and spent the next 3 and a half years in a prison of war camp in appalling conditions. She was in extreme danger of discovery, during this time, as the search for survivors from the terrible incident continued. In her memoirs, Vivian recalls how it was her need to tell the story and see that justice was done for the victims that kept her spirits strong during the toughest of times.

After the war, Vivian returned to Australia and continued her career as a nurse. She became the matron of the Fairfield Hospital, the President of the Royal College of Nursing and was a primary force in ensuring that nursing became a University qualification in Australia. More importantly for Vivian, she finally got to tell her story and gave evidence at the War Crimes Tribunal about the treatment of survivors. She was instrumental in ensuring that the families of those who died around her were told what had happened to their loved ones.

Seen across the world not just as a courageous survivor of war but an inspirational leader and unique and influential woman, Vivian also highlights for me the importance of knowing and learning from our history. And while I do believe the past does not define us, it certainly is the best place to start in discovering who we are as a nation, what we believe in and what we stand for. Our past is the context in which to shape our future.

I'm sure you will pause sometime next Tuesday to consider our ANZACs, reflect on the sacrifice of others and remember that you too have a responsibility, like Vivian, to continue telling the story to our children. We need to recognise courage and to ensure the true horrors of war will never be forgotten.

Lest we forget. Max Martin



ANZAC DAY · 25 APRIL

Lest We Forget

## **From Our APRE**

The Easter holidays were a timely reminder to encourage us to spend time with family and friends, to recharge our batteries and to attempt to put some meaning back into our lives.

At this time, we reflect on the story of Jesus' resurrection, the gospel account at the heart of the faith of Christiians; arguably the most difficult gospel story to believe. In doing so, it can encourage us to have a domino effect and change something about the way we live. It makes meaning of the struggles in our lives.

My belief in the resurrection guides how I choose to live my life. Christ lived His life for others and was motivated by the

work his Father gave him in promoting creation. There was no easy way out, he was not distracted by the failings of others and if he fell, he got back up. He accepted help when he could not carry this burden alone and even comforted others during his struggles.

How can we make this translate into our own life? As a parent, it helps me guide my children through their lives. Challenges happen every day. How we teach them to move forward from these challenges can teach them many lessons in building resilience, learn from their mistakes and lay a solid foundation for success later in life. Just as we would not abandon our children, reminding them that God will also not leave them especially when they need it the most, instils a peace that is greater than any suffering.

Lord, when facing challenges, give me courage, help me persevere and provide me with the strength to face the road ahead and not give up. Let me feel your love and peace to guide me on my journey. Amen



Last weekend, three children from Sacred Heart were baptised in a very special ceremony during Sunday's mass. Congratulations to Harper, Zoey and Tiarna on their initiation into the Catholic faith.

God bless Melissa Collins

### **From Our APC**

Welcome back to what is shaping up to be a busy and exciting term of learning.

This term sees a myriad of activities for students and teachers, including Year 5 and 6 gala sports days, cross country carnival for our lower school students, the Premier's Reading Challenge, Footsteps dance lessons, School moderation for NCCD (National Consitency Collection of Data), parent teacher interviews, and Anzac Day to name a few.

A reminder to students who are participating in the Cap Coast Writers Festival competition, entries close on Monday 8th May. The competition is open to all students from our school with this year's theme being Islands. For more information on this competition go to: <a href="https://capricorncoastwritersfestival.com/schools-program/">https://capricorncoastwritersfestival.com/schools-program/</a>

The Premier's Reading Challenge is an annual statewide initiative for all Queenlsand students up to Year 9. The challenge aims to improve literacy skills and encourage children to read widely for pleasure.

I encourage all students at Sacred Heart to participate in this year's challenge.

Forms will be available from Mrs Kirkman in our office.

Date	Activity
24 April 2023	Online database registrations open
8 May 2023	Reading period commences for Prep to Year 9 students*
14 to 25 August 2023	Early childhood participation period
25 August 2023	Reading period finishes for Prep to Year 9 students* Student reading record forms submitted to schools
8 September 2023	All reading data must be finalised in the database and Certificate of Participation available for download
October 2023	Certificates of Achievement issued
30 October to 10 November 2023	Premier's Reading Challenge celebration weeks

Have a wonderful week, Mrs Lisa List.

### **Welcome to New Staff**

This term, we welcome Mrs Kathleen Swaffield and Mrs Xian Duckworth onto our staff as teacher assistants.

We wish them all the very best.



Xian Duckworth



Kathleen Swaffield

#### **Welcome to New Families**

To Billie in Year 5 and her parents, Steven and Melissa.

To Libby in Year 2 and her parents, Michael and Emily.

To Hudson in Year 5 and his parents, Scott and Hannah-Jayne.

We welcome these new families into our Sacred Heart community and wish them all the best.

## Year Level Assemblies

Our whole school assemblies will be held from 8.40am on Fridays. Their occurrence will be posted in the weekly newsletter.

Our first whole school assembly for this term will be next Monday 24th April for ANZAC Day led by 5M.

Year level assemblies will recommence, next week.

Prep to Year 2 Thursday 8.40am
Year 3 and 4 Monday 8.40am
Year 5 and 6 Wednesday 8.40am

Parents and carers are most welcome to attend assemblies.

## **Capricorn Coast Catholic Parish**

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. Link to Bulletin

#### **Book Club**

Book Club Issue 3 is out now. Place orders via the LOOP app. Orders for are due by Friday 5<sup>th</sup> May. Books will be delivered to classrooms.

Thank you for your support.

Library coordinators
Rachel Holloway and Angela Wilczek



### Prep to Year 3 / 4 Cross Country Date Change

Our Prep to Year 3 / 4 cross country races will now be held next Friday 28th April on our school oval.

Races times are:

 Year 2
 9.10am

 Year 1
 9.30am

 Prep
 9.55am

 Year 3 and younger Year 4s
 10.15am

Parents and carers are most welcome to attend.

## **Important Dates Term 2**

### April

Monday 24th - ANZAC Day assembly 8.40am. Year 5M presenting.

Monday 24th - School board meeting 6pm

Tuesday 25th - ANZAC Day public holiday. Town march commencing at 9am.

Friday 28th - Prep to Year 3 cross country carnival

#### May

Monday 1st - Labour Day public holiday

Monday 8th to Friday 12th - Footsteps dance lessons

Monday 8th - Parent Connect meeting 3.30pm at school.

Friday 12th - Year 5 and 6 gala interschool sports day

Friday 12th - Mother's Day assembly 8.40am. Year 2D presenting.

Friday 19th - Year 5 and 6 gala interschool sports day

Monday 22nd to Wednesday 24th - Year 4 camp to the Caves

Friday 26th - School disco 6pm - 7pm.

Monday 29th - Year 4 camp to the Caves

#### June

Thursday 1st - Year 4 to 6 athletics carnival

Monday 12th - Prep to Year 3 athletics carnival

Wednesday 14th - KCD athletics carnival at Farnborough SS

Thursday 15th - Sacred Heart Day. Whole school mass at 9.15am at Sacred Heart Church

Friday 16th - Show holiday

Friday 23rd - Final day of Term 2.

## **ANZAC Day School Assembly and March**

The ANZAC march commences at 9am on Tuesday 25th April, leaving from the Old Railway Station opposite the Railway Hotel.

Our school will assemble at 8.30am and children marching are asked to be in their normal school uniforms with their school hats. Many of our teachers and staff will also be marching with our children.

Our attendance at this march last year was overwhelming and I encourage as many of our families to make it along on this very, important occasion commemorating a defining event in our brief history. Water bottles are encouraged. Families are then asked to collect their children after the ceremony from the Cenotaph near the police station.

Our dawn service will be held at 5.30am on the Yeppoon beachfront. I have really encouraged our Year 5s and 6s to attend this ceremony.

Our school ANZAC assembly will be held on Monday 24th April commencing at 8.40am in our multi-purpose area.

Year 5M will be leading our commemoration. Mr Ron Watson from our local RSL will be speaking with our children at assembly.

Families are most welcome to join us for this important event.

## **Footsteps Dance Lessons**

During week 4 of this term, the Footsteps dance company will be visiting Sacred Heart.

Each day (Monday to Friday), our children will be having a forty minute dance lesson with the Footsteps instructor, with a concert on Thursday in our multi-purpose area.

Over the week, our children in their year level groups will learn several dances.

Feel welcome to come along to this concert which will be held from 1.45pm Thursday 12th May.

## **Sacramental Program**

Our Sacramental Program commenced last night. Thank you to the parents and families who are guiding their children through this process. The remainder of the sessions will be on a weekly basis at Sacred Heart Church.

There are two separate group sessions. Days and times are:

Group S on Sundays - 3:45pm registration for a 4pm start.

Group W on Wednesdays - 5:45pm registration for a 6pm start.

Any enquiries, contact the Sacred Heart Parish Office on 49336171.



## **Tuckshop News**

This term sees changes to our school tuckshop in an effort to help with its general running and reduce waste.

The current offer of a meal deal will no longer be in operation. Instead, items can purchased individually.

First break ordering will only be applicable through the Flexischools app.

Ordering at second break through the app will be for pre-made food such as cookies and yoghurt. Ice-blocks will not appear on the app, but will still be available for purchase with money at the tuckshop.

If you are available to help on a Wednesday or Friday morning, contact our tuckshop convenor; Kaylee via email at <a href="mailto:kaylee\_hance@rok.catholic.edu.au">kaylee\_hance@rok.catholic.edu.au</a>.

Thank you for your anticipated support.

Our current menu and prices are updated on Flexi Schools.

Snack sausage roll 125g	\$2.50
Giant sausage roll 180g	\$3.50
Traveller pie 160g	\$3.50
Spinach and Ricotta roll 140g	\$3.50

Toasted sandwich – Ham and Cheese	\$3.50
Toasted sandwich – Cheese	\$2.50
Hotdog with cheese (or without)	\$4
Chicken tender wrap	\$3.50
Cheeseburger	\$5
Bolognese (GF available also)	\$5
Lasagne	\$4.50

Can add a cupcake, cookie or drink to main meal to make it a meal deal.

Available in the afternoon

Cupcake	\$1.50
Cookie	\$1.50
GF banana bread	\$3
Yoghurt parfait	\$3
Boiled egg	\$1
Popcorn cup	\$1
Popper Tropical	\$1.50
Breaka popper	\$2

lcy treats also available in the afternoon. Purchased from the tuckshop at 1.20pm (50c - \$3)

## Mini Vinnies Easter Egg Raffle

A huge thank you to everyone who purchased tickets in our Easter Egg raffle last term.

Over \$800 was raised for Caritas which is amazing.

Congratulations to our winners pictured here.



# **Around Our School Week 1 Term 2**



















## **Community News**





