

22nd June 2023

## From the Principal's Desk

There is a true story about an eccentric millionaire in the United States of America who in the 1970s became frustrated with commercial television. He was sick of the constant preying of the media on people's reactions after disasters – you know the questions, "How do you feel that your entire family has been tragically and suddenly squashed by a train?".

He was also saddened by the lens' ability to zoom in on body-strewn streets and to belittle the plight of millions caught in despair by a ten second grab before the commercials. So, he set up a 'Good News' station where only the happy events and family programming would be telecast.

The ratings were incredible for the first week but rapidly began to fall as the novelty wore off. Until, after only three weeks, the ambitious venture was forced to close due to lack of interest and poor ratings.

Who wants good news when we can feel so much better knowing someone is worse off than us. Or worse, we echo the Ancient Roman's delight in good ole blood and guts.

It is hard sometimes to be Good News people so it was just refreshing to have a few parents this morning come along and say thank you for the semester their children have had and for the successes we as a school have achieved.

Yesterday afternoon, I had the privilege of showing two prospective families around our school, not only were they quite impressed with our facilities, I was so proud of the numbers of our after school hours care children and staff who greeted them with a welcoming hello and a cheerful smile.

I then reflected on our Sacred Heart family and what we have achieved over the last ten school weeks and these were some highlights:

- The efforts of all our children academically which was evident in their pleasing report cards,
- The achievements of our choirs and instrumental children at the Rockhampton Eisteddfod,
- The commitment of our children and staff when involving themselves in community events such as ANZAC Day march,
- The interschool chess day,
- Footsteps dance lessons and concert,
- Year 4 camps to the Capricorn Caves,
- Our Prep excursion to Cooberrie Park,
- Our Prep to Year 3, Year 4 to 6 athletics carnivals and our overall efforts in plethora of sports,
- Under 8s' day activities,
- Sacred Heart Day and our entire school at the beach,
- Breakfast Club,
- Our Friday class assemblies, where our children let us know what they have been learning during their Religion lessons in a creative manner.

I thank all our families for their support over the past term and look forward to school recommencing on Monday 10th July.

All the very best, everyone, for this holiday break. I wish all our families a restful time and for those travelling, do so safely.

Take care Max Martin

## **From Our APRE**

"Let the church always be a place of mercy and hope, where everyone is welcomed, loved and forgiven." Pope Frances.

When the word "Church" is mentioned, most individuals associate it with a physical structure. It could be an elaborate or modest building where believers congregate. However, from a biblical perspective, a church encompasses much more than a mere structure. In fact, many would say that the church is not a building at all, but rather centres around the people.

The keynote speaker at this week's leadership gathering, Fr Richard Lennan (Professor of Systematic Theology, Boston College) delivered a range of formation sessions regarding the church, its challenges, its mission as well as faith, hope and love. I have always felt part of the Church, yet I find myself insisting that the church needs to be doing something to make things better.

Fr Richard reminded us that, "We are the Church". We face challenges together. It is where God's movement takes place; not about where we begin or end, it is a journey and our pilgrimage and the path is not always clear.

"Faith is not a light which scatters all our darkness, but a lamp which guides our steps in the night." Pope Frances.

God bless Melissa Collins

## **From Our APC**

Student report cards went out on Tuesday afternoon, via Parent lounge. If you are unsure of how to navigate this site or have forgotten your password contact Mrs Kirkman in the office and she will be more than happy to assist you.

Looking back over the past 10 weeks, I marvel at the achievements and efforts of our students. Whether it be in the classroom, on the sporting field, participating in social activities, cultural endeavours, environment groups or welcoming new students, our children embrace every opportunity, while demonstrating genuine enthusiasm and care for our Sacred Heart community.

I encourage our children to keep reading over the holidays. This can be a wonderful opportunity for some relaxing downtime as well as adding to their Premier's Reading Challenge goal. Premier's Reading Challenge Record sheets can still be collected from the office or printed from the provided <u>link</u>.

Did you know that you can borrow free ebooks from our school library? There are a great variety of texts to read and listen to, including child friendly magazines.



To register, download the app

You will then need to sign into the ACEN member collection (it will prompt you to do this twice).

Your child will need to use their google login and password credentials.

You will only need to do this the first time when signing in.

Have a wonderful holiday break,

Mrs Lisa List

# Lantern Awards



Nicholas Goltz Year 6 Compassion For the thoughtful and caring things you do everyday for others at school.





Zeb Bowman Year 2 Compassion For noticing a Prep student on their own and including them in your play at the beach on Sacred Heart Day.

## **Student Awards**

Congratulations to the following children.

Prep	Ayla Hamrey, Henry Hamilton, Clara Ohl, Alexander Nixon, Harvey Bergman, Remy Sullivan, Eli Sawrey
Year 1	Boston Richardson, Finn Jarrett, Porsha Mundy, Hudson Rafter
Year 2	Ruby Willetts, Mikey Martin, Jordan Ohl, Ayla Toohey, Peyton Mitchell, Zoey Vann, Silas Hall, Luciana Druery, Brock Bishop
Year 3	Hugo McPherson, Hudson Platen, Shanelle O'Meara
Year 5	Kirby Kenny, Jett Hawkes, Lucia Jarrett, Levi Bone, Sophie Tselepis
Year 6	Alana Geering, Nicholas Goltz, Evie Lewis, Zali Dooley, Mason Lewis, Isabella Todman

# **Important Dates Term 2 and Early Term 3**

## June

Friday 23rd - Final day of Term 2. Whole school assembly at 8.40am.

# July

Monday 10th - First day of Term 3.

Monday 10th - No year level assemblies this week

Tuesday 11th - Prep excursion to see Possum Magic at Pilbeam Theatre, Rockhampton.

Wednesday 12th - Challenge Cup carnival commences at St Brendan's College, Yeppoon.

Friday 14th - NAIDOC Week whole school assembly 8.40am in our multi-purpose area.

Friday 14th - Confirmation at Sacred Heart Church commencing at 6pm.

Sunday 16th - First Eucharist celebrated at 9am mass at Sacred Heart Church.

Monday 17th - Deadly Australians Reptile display for Prep to Year 6.

Thursday 20th and Friday 21st - School photos.

Monday 24th - Catholic Education Week commences.

Friday 28th - Whole school assembly 8.40am. Year 1R is presenting.

# **Capricorn Coast Catholic Parish**

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. Link to Bulletin

# **KCD Athletics**

Last Tuesday and Wednesday, fifty two Sacred Heart students competed at the KCD athletics carnival.

Well done to the following students who have been selected to represent the Keppel Coast district at the Rockhampton athletics trials, early next term:

Sophie Tselepis, Ava Goodger, Mackenzie Rapmund, Ruby Neagle, Mackenzie Smith, Chelsea Bunt, Kirby Kenny, Sasha Dadson, Amahni Manz, Evie Eyles, Oliver Poole, Cooper Griffin, Felix Shammall, Cruz Hill, Joseph Kingston, Landen Miller, Harper Gill, Beau Hoare.

All students who participated at the KCD carnival last week, represented our school with great sportsmanship and skill.



## Capricornia Trials - Tennis



Congratulations to Elizabeth Nye who was selected in the Capricornia tennis team for State Championship in August.

Well done, Libby.

# **School Photos**

School photos will be held with MSP Photography on 20th and 21st July.

Envelopes and information for this will be sent home on Monday 10th July, to be returned by Wednesday 19th July.

## **Volunteer Induction**

A volunteer induction session will be held in our staffroom for any parents, grandparents or carers wanting to help out at Sacred Heart this year.

These inductions will be held at 3:10pm Monday 17th July and 8:45am Tuesday 18th July. This training is a mandatory requirement if you wish to volunteer at our school.

Our tuckshop in particular is looking for helpers.

If you are available to help on a Wednesday or Friday morning, contact our tuckshop convenor: Kaylee via email at <a href="mailto:kaylee\_hance@rok.catholic.edu.au">kaylee hance@rok.catholic.edu.au</a>. Thank you for your anticipated support.

## **Under 8's Day**

Today our Prep to Year 3s were involved in Under 8's Day.

They explored Emergency service vehicles from the local ambulance and police, created arts and crafts, painted pots (kindly donated by Bunning Yeppoon), had faces painted, blew bubbles, danced, played board games, played in goop and made necklaces.

Thank you to our teachers for making this a wonderful experience for all children.















# **Acting Principal Next Term**

Next term from 17th July, Mr Martin will be on leave for four weeks, returning to school on Monday 17th August. During this time, Mrs Melissa Collins will be principal. Thank you.

# Tuckshop - Week 1 Term 3

There will be no tuckshop available in Week One of Term 3. Preps are welcome to start ordering tuckshop from Week 2 via the Flexischools App. Thank you.

# Sacred Heart Day 2023















# ON THE CAPRICORN COAST



# SCHOOL'S الم ارگو OUT!

Tides & Tunes -Yeppoon Foreshore

FRIDAY 23

Basketball, Games & Pizza – Yeppoon

Paper Flower Craft -Yeppoon Library

Pickleball Free Play -Yeppoon

# THURSDAY 29

Kids Yoga -Emu Park Paper Flower Craft -Emu Park Library

Art in the Park -The Caves

Tides & Tunes -Yéppoon Foreshore



SATURDAY 24

Art in the Park -

Tides & Tunes -Yeppoon Foreshore



Kids Yoga -Yeppoon Cupcake Decorating Workshop - Yeppoor

WEDNESDAY 05 THURSDAY 06

Tides & Tunes -Yeppoon Foreshore

SUNDAY 25



FRIDAY 30 SATURDAY 01



Tides & Tunes -Yeppoon Foreshore

FRIDAY 07

Eat Alley Working Bee – Yeppoon Community Centre



MONDAY 26

Tides & Tunes – Yeppoon Foreshore



SUNDAY 02

Kids Discos - Proposon Tides & Tunes - A Yeppoon Foreshore

SATURDAY 08 رق ہے

Art in the Park -

TUESDAY 27

Kids Yoga -Mulambin

NAIDOC Week Walk, Flag Raising and Activities – Yeppoon

MONDAY 03

Tides & Tunes -Yeppoon Foreshore



SUNDAY 09

Art in the Park -Emu Park

Paper Flower Craft -Marlborough Library

WEDNESDAY 28

Kids Yoga – Cooee Bay Art in the Park -Yeppoon

Art and Craft - Byfield Library

TUESDAY 04



MONDAY 10



#### TIDES & TUNES

Keep an eye on our Facebook page for our weekly gig-guide with local artists taking the stage at the Yeppoon Foreshore Amphitheatre on selected Friday, Saturday nights and Sunday afternoons over the school

#### EAT ALLEY WOOKING REE

We are looking for some keen gardeners wanting to expand their knowledge and help us set up a community garden! Participants will be helping to construct and fill raised garden beds, add a composting system and plant a variety of edible produce! Ages 124-aie welcome. Monday 26 June from 11am - 3pm at The Community Centre,

ART IN THE PARK - CAWARRAL. 
Get crafty in Cawarrall You'll have the opportunity to make a range of arts and crafts and play some fun games. Bring a hat and a water bottle, and wear something you don't mind getting messy! Suitable for ages 5+

Tuesday 27 June from 10am-12pm at Palm Creek Park, Cawarral

Make something eye-catching in Emu Park! You'll have the opportunity to make a range of arts and orafts and play some fun games. Bring a hat and a water bottle, and wear something you don't mind getting messy! Suitable for ages 5+

Wednesday 28 June from 10am - 12pm at Bell Park, Emu Park

## PAPER FLOWER CRAFT

Brighten up your winter and make a bunch of pretty flowers at your library! Suitable for ages 5+ Wednesday 28 June from 1pm - 2pm at Mariborough Library Thursday 29 June from 9:30am - 10:30am at Yeppoon Library Wednesday 5 July from 9:30am - 10:30am at Emu Park Library

#### AMES, BASKETBALL & PIZZA 🌞

Putyour sneakers on and come along to the basketball stadium for some games. We'll be playing some great games and you will have some free play with the basketball hoops and ping pong table! AND there's pizzal Caregivers are encouraged to join in the fun. Suitable for

Thursday 29 June from 10:30am - 12pm at the Basketball Stadium, Cordingley Street, Yeppoon

PICKLEBALL FREE PLAY

Bring your friends for a game of Pickleball! This fun outdoor game is mixed between mini tennis and glant ping pong- lots of fun! No experience needed. Thursday 29 June at Yeppoon Tennis Courts, 22 Chrisney St, Cooee Bay (Sessions: 1pm - 2pm and 2pm - 3pm).

Create gorgeous art in Glenleel You'll have the opportunity to make a range of arts and crafts and play some fun games. Bring a hat and a water bottle, and wear something you don't mind getting messyl

Suitable for ages 5+ Friday 30 June from 10am - 12pm at Glenlee Park, Murphy Drive

The first session from 9am to 10am each day is suited for ages 2 to 5 years. It includes interactive yoga poses, dances and games. We will play music, warm up with some yoga poses and games and we will stretch our bodies while we go on a Bear Hunt, build a snowman and dance like Elsal

Monday 3 July from 9am - 10am at Emily Morgan Park, Mulambin Tuesday 4 July from 9am to 10am at Daniel Park, Cooee Bay Wednesday 5 July from 9am to 10am at Beil Park, Emu Park Thursday 6 July from 9am to 10am at Mery Anderson Park, Yeppoon

The second session is suited for school age children from prep to grade 12. Parents are welcome to drop their kids off and pick them up grade 12. Parents are wescome to drop their Miss of and pick them up at 11:30am. Otherwise, come and enjoy some stretches and engage with your child with fluid yoga poses to music, a few yoga games and some breathing exercises to help control arxiety, stress and improve self esteem and confidence in your child. It may help them get through somestressful situations at school/home and allow them to connect to

Monday 3 July from 10:30am - 11:30am at Emily Morgan Park,

Tuesday 4 July from 10:30am - 11:30am at Daniel Park, Cooee Bay Wednesday 5 July from 10:30am - 11:30am at Bell Park, Emu Park Thursday 6 July from 10:30am - 11:30am at Merv Anderson Park,

## NATOOC WEEK WALK, FLAG RAISING AND ACTIVITIES Join us in celebrating NAIDOC Week 2023. The theme of this year's event is 'For our Elders'. All are welcome! Gather at 10am at the Old

Railway site to assemble for the walk. Monday 3 July from 10am to 1pm. Flag raising and activities are at the Yeppoon Foreshore.

ART IN THE PARK - YEPPOON PERMITTEN AND AN ART IN THE PARK - YEPPOON YOU'll have the opportunity to make a range of arts and crafts and play some fun games. Bring a hat and a water bottle, and wear something you don't mind getting messy! Suitable for ages 54

day 4 July from 10am - 12pm at Beaman Park, Yepp

ART AND CRAFF AT THE BYFIELD LIBRARY 
Make something beautiful in Byfield! You'll have the opportunity to make a range of arts and crafts. Caregivers are encouraged to join in the fun. Bring a hat and a water bottle, and wear something you don't mind getting messy! Suitable for ages 5+
Tuesday 4 July from 3pm - 4:30pm at Byfield Library

Get creative at The Cavesi You'll have the opportunity to make a range of arts and crafts and play some fun games. Bring a last and a water bottle, and wear something you dor't mind getting messyl Suitable for ages 5+ Wednesday 5 July from 10am to 12pm at The Caves Bicentennial

# CUPCAKE DECORATING WORKSHOP \*\* Come along to the Community Centre and get your creative genius

Come along to the Community Centre and get your creative genius working. You will be decorating four fun cupcakes at this workshop. You will need to bring along a container to take your creations home in. Adult supervision required. Suitable for ages 7+ Thursday 6 July at The Community Centre (Sessions: 9:30am to 11am, 11:30am to 1pm and 3:30pm to 5pm).

Did someone say DJ?Yes! We have DJ Vee in the house she will be pumping tunes and very cool dancing beats. Bring your friends and be entertained with our funky entertainer Maggie Moo Music, you can choose to limbo, go in a conga line, and go against your friends in a dance off OR put your dancing shoes on and join in the dance beat fun while enjoying our light show! There will be a snack bar for purchase of food and drinks.

rood and crinks. Saturday 8 July at Yeppoon Town Hall (Sessions: 4pm - 6pm for primary school kids and or 7pm - 9pm for high school kids) Parental supervision not required for high school session.

BOOKINGS ESSENTIAL FOR ALL ACTIVITIES MARKED WITH A SHOWFLAKE, ALL ACTIVITIES ARE FREE UNLESS O'THERWISE STATED, FOR FURTHER INFORMATI PHONE 1300 790 919.

















Learn to manage difficult behaviour in children 2-12 years old Three session program for parents and carers provided by CatholicCare

6.30-8.30pm, Tuesday 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> July 2023.

On site, Catholic Care Central Queensland, 5/15 James Street, Yeppoon.

6 1-2-3 Magic® can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

## You will learn:

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour
- Seven tactics for encouraging good behaviour

#### Parents will receive:

■ 1-2-3 Magic® & Emotion Coaching Parent Workbook



#### **REGISTER NOW**

Call 1300 783 544 or visit catholiccarecq.com/123magic