

11th May 2023

From the Principal's Desk

Almost daily, I listen to parents, carers and grandparents 'tearing their hair out' at the in-school and/or at-home behaviour of their children. I nod vigorously and often add my own two cents about my own parenting experiences (and failures).

I did yesterday have a wonderful conversation with a mother and her son who told me of the chores he does around home from washing their two dogs to making his bed.

You may know the quote, over 2500 years old, attributed to Socrates or Plato (academics are unsure):

"The children now love luxury; they have bad manners, contempt for authority; they show disrespect for elders and love chatter in place of exercise. Children are now tyrants, not the servants of their households. They no longer rise when elders enter the room. They contradict their parents, chatter before company, gobble up dainties at the table, cross their legs, and tyrannize their teachers."

Or Hesiod's comment:

"I see no hope for the future of our people if they are dependent on frivolous youth of today, for certainly all youth are reckless beyond words... When I was young, we were taught to be discreet and respectful of elders, but the present youth are exceedingly disrespectful and impatient of restraint" (Hesiod, 8th century BC).

Gee, lots of words ring a bell, echoing what I hear sometimes in my office – spoilt, disrespectful, tyrants, lack of exercise. The conflict between children and parents (and teachers) is timeless.

However, Hesiod was wrong, those words said years ago "I see no hope for the future" were incorrect. The future beyond Hesiod, just kept improving..

Kids do make it. We did.

Not all kids are 'naughty' of course, but many do go through a developmentally normal rough patch. So work with us as a school. As parents stick to your guns, have firm parameters and clear consequences when things go wrong, give them hope in their future and reassure them that they are loved.

And possibly pray, like my wife and I did almost 30 years ago, that when his parenting time comes, my older son would also receive a terrible reflux baby. That our children come to understand the trials and tribulations of parenting themselves.

Maybe it is also a good time to give our parents thanks for 'getting us through' and supporting us to be the best adults we can be.

This week, I heard a heartwarming story about one of our Year 6 children and their experience with an elderly parishioner when his class attended mass last Friday.

This young man displayed compassion and maturity as he listened to the 89 year old man's life story and was told about the man's hurting following the recent passing of his brother.

This student showed a genuine concern and the brief hug exchanged between both, encapsulated all that is great about our young people today.

Take care Max Martin

Happy Mother's Day to all our Sacred Heart mums and mother figures. Take care and enjoy this Sunday.

From Our APRE

"A society without mothers would be a dehumanised society, for mothers are always, even in the worst moments, witnesses of tenderness, dedication and moral strength....Dearest mothers, thank you, thank you for what you are in your family and for what you give to the Church and the world." Pope Francis.

This weekend, as a family we will be celebrating my niece's wedding. The excitement of having all of my children under one roof is something as a mother that I have been looking forward to for months..... that was until last night. It is a black tie wedding which has led to immeasurable problems and has definitely dwindled the excitement. Child number 2, did not read the invitation correctly and is now looking for a suit. Number 3 can't find his bow tie, Number 4 has a late call up and is purchasing some form of a suit today and my husband has ordered a 'slim fit' suit online and cannot try it on until midnight tonight. The joys of being a mother have definitely been lowered in my household today. Yet, tonight as we arrive near midnight, I will be armed with my travelling sewing kit, steamer and no doubt Napisan to whiten the shirts. Would I do it all again the next day - the answer is no doubt, 'Yes'. Being a mother comes with its challenges yet I am extremely grateful to have this opportunity.

For many mothers, the bond with their child is a source of immense strength, sometimes even blinding them to rationality. Within this connection lies the mysterious nature of both the mother and the child. Through caring for her child, a woman discovers profound insights about herself. From the very beginning, she recognises that her child is not an extension of herself, but a distinct individual. Their relationship will continuously evolve and face challenges throughout the years to come.

Despite all the complexities, it is rare to find a mother who wouldn't willingly embrace it all over again. The experience of parenting is extraordinary because, in it, a mother or father assumes a role likened to that of God. They possess the power to bring forth new life, nurture and care for their child, and ultimately allow the child to grow and become their own person.

Parenthood draws us into the divine love that encompasses both mothers and fathers. If you find parenting to be a challenge, it is not indicative of failure, but rather an invitation to delve deeper into the profound and unpredictable mystery of God's love.

Loving God, you have called me into the mystery of being a parent. May my love reflect your love, may my wisdom manifest your wisdom, and may I continually grow in embracing the life you desire for my children. I ask this in the name of Jesus, with the confidence that you will hear me. Amen

God bless. Melissa Collins

From Our APC

Last Friday, Mrs Deb Campbell and Mrs Kaylene Lillis from the Catholic Education Office supported our teachers and Learning Support teams' facilitation of our Nationally Consistent Collection of Data on School Students with Disability (NCCD) moderation day.

Throughout the day, teachers met in small workshops to peruse documentation outlining adjustments to planning sequences for learners with disabilities in our school.

This collaborative approach ensures the most appropriate adjustments are chosen to support childrens' learning and participation at school. In some cases, an individual learning plan (ILP) or personal learning plan (PLP) may be developed to document specific educational goals and to review a learner's progress over time.

It is compulsory for all schools in Australia to collect and submit information each year for the NCCD.



Further information on the NCCD process can be found in the parent/carer fact sheet link here.

Premier's Reading Challenge

A reminder that the 2023 challenge is underway.

It is not too late to participate, record sheets can be collected from the office or printed from the provided <u>link</u>.

Students are encouraged to select a range of fiction and non-fiction books suited to their reading ability.

Have a wonderful week Mrs Lisa List



Lantern Awards

Kai Nielson Year 6 Compassion - For the care and concern you showed a grieving parishioner was an example of exactly what our Lantern Award is all about.





Student Awards

Congratulations to the following children.

Prep	William Shaw, Lara Fry, Evie Peters
Year 3	Owen Harris
Year 5	Billie Luxmoore, Charlotte Solis, Isla Kirby

Important Dates Term 2

May

Friday 12th - Year 5 and 6 gala interschool sports day

Friday 12th - Mother's Day assembly 8.40am. Year 2D presenting.

Friday 19th - Year 5 and 6 gala interschool sports day

Monday 22nd to Wednesday 24th - Year 4 camp to the Caves

Friday 26th - School disco 6pm - 7pm.

Monday 29th - Year 4 camp to the Caves

June

Thursday 1st - Year 4 to 6 athletics carnival

Monday 12th - Prep to Year 3 athletics carnival

Wednesday 14th - KCD athletics carnival at Farnborough SS

Thursday 15th - Sacred Heart Day. Whole school mass at 9.15am at Sacred Heart Church

Friday 16th - Show holiday

Friday 23rd - Final day of Term 2.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. Link to Bulletin

Mother's Day Whole School Assembly

This will be held tomorrow, Friday 12th May commencing at 8.40am in our multi-purpose area.

Year 2D will be presenting.

Following assembly, there will be a morning tea held near our tuckshop for mums, grandmothers and families.

Everyone is most welcome to stay for this.



School Fees

Term 2 school fees have been emailed to families and are payable by 17/05/2023.

If you did not receive your statement, contact the school office. Alternatively a copy of your most recent fee statement can be found in the "Accounts and Payments" tab on parent lounge.

To arrange payment or discuss payment plan options, contact Mrs Stacey Todman on 49948215.

Thank you.

Maths Teams Challenge

Last Thursday, Sacred Heart was represented by a Year 5 and a Year 6 team at the Regional Mathematics Challenge.

The competition involves students working individually, in teams and in a relay format.

Well done to Noah, Cooper, Levi, Kirby, Annabel, Amahni, Bowen, Vienna, Kai and Samuel on their application at this event.





Footsteps Dance Lessons

This week, the Footsteps Dance Company visited Sacred Heart.

Our children in their year level groups learnt several dances that were on display this afternoon at our concert.

The concert has been videoed and will be placed on our school website.

Thank you to our instructor, Annie for all her work this week.

Year 4 Visiting Priests Soccer Match

Yesterday, the much anticipated Year 4 versus visiting priests soccer game was held on our oval.

The boys displayed their developing soccer skills while Father Samuel and Kingsley played well in both attack and defence. The final score being 2 -1 to Father Samuel's team.

Looking forward to the next encounter.



Year 5 and 6 Interschool Sports Days

Tomorrow, Friday 12th May and the following Friday 19th May, Sacred Heart Year 5 and 6 children will be involved in sports days with schools from the Capricorn Coast.

Our students will be playing netball, rugby league or Oz Tag (flag footy) at the Barmaryee Sports Complex.

Children and their teachers will be transported by bus, leaving school at 9am and returning by 2.45pm.

Our children need to wear their normal school uniform on the day including their school hat.

Those playing rugby league need to have a mouthguard and football boots.

Morning tea, lunch and a water bottle are necessary. There is no cost involved.

Capricornia Representative

Congratulations to Landen Miller, Year 6 for his selection in the Capricornia rugby league team. We wish him all the best at the state titles to be held



Rockhampton District Cross Country Trials



Congratulations to Beau Hoare on his 2nd placing at this week's Rockhampton District Cross Country trials.

Beau will now compete in the Capricornia trials next week and we wish him all the best.

Year Level Assemblies Return Next Week

Our year level assemblies will recommence next week on the following days at 8.40am.

Monday - Year 3 and 4

Wednesday - Year 5 and 6

Thursday - Prep, Year 1 and 2

Families are most welcome to join us on these days.

Pre Loved School Uniforms - Parent Connect Pop Up Shop

Our Parents Connect group is organising a pre loved uniform pop-up shop.

Anyone who has Sacred Heart uniforms (shirts, skorts, jackets) they wish to donate, can drop them off at our school office.

A date and time will be set each term for the pop-up shop to operate.

Updates will be on the Parents Connect Facebook page and in the school newsletter.

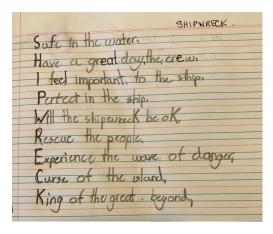
Parent Connect News

Monday this week, our May Parent Connect meeting was held, below is a link to the minutes from this meeting.

All parents and carers are welcome to attend our next meeting on .

Minutes Link

Year 4 Writing



Sunkern
Historical
Lynorant sailors and M weather
Pushing the limits
Works were high
Reckless
Extreme conditions
Coins were stolen
Keepers of all

Connor Indigo

	Charles
	Sunken ship,
	Hop on deck.
	Irresponsible crash.
-	Pinch the captain he's assleep.
	We need more wind.
	Really, another crash.
	Excuseme why did we turn?
	Coins.
	Kraken, ! MM

Acrostic Poems

Sunken ship

Hidden sight

Irritatingly annoying to find

Prichly seeweed
Whirlpools suching up broken pieces

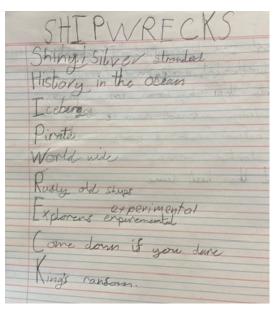
Ripticles that are hard to fight

Exploration maps inside

Currents rising

Kraken creeping around

Hudson Charlotte



Eibhlin

Community News



Student Travel Rebates



Semester 1



Bus Fare Assistance

- Does your child attend a non-state school outside the Brisbane City Council boundary?
- Does your family spend more than \$35/week* on bus/ferry fares to and from school (*\$25/week if you hold a concession card)?
- Does your child travel on a publicly available service not owned or associated with the school?

Students With

- Disability
 Does your child have a
- verified disability that requires transport assistance to and from school?
- Has your school's learning support teacher assessed your child's travel capability rating as 'semi-independent' or more dependent?

Visit our website to see if you qualify for our financial assistance to help with the cost of transport and

apply at SchoolTransport.com.au during May.

Late applications cannot be accepted after 31st May.



Community News continued



Do you have concerns about your child's Development?

Join us for a FREE information session delivered by CQUniversity Rockhampton Health Clinic

They can offer support in a wide range of areas, including:

- Sensory processing difficulties Self-regulation and challenging beha Handwriting and fine motor skills Attention and concentration skills. Play and social skill development. School reactiness

Friday 5th of May 2023,9:30am-11 am

Rockhampton Play Matters Hub 1 Denham Street (Children are welcome to come along)

Register by emailing:

rockyhub@playmatters.org.au











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