



**SACRED HEART CATHOLIC PRIMARY SCHOOL**

**Enriching Spirits ~ Educating Minds**

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**NEWSLETTER**

2nd June 2023

### **From the Principal's Desk**

Can you recall many teachers from your schooling?

Even at my age with a memory slightly waning, my Year One teacher, Sister Robert immediately comes to mind and not for the right reasons. She was an imposing figure, often dressed in a black robe, who would hit my hands with a ruler whenever I did not pack my cuisenaire rods correctly in their container. This was a daily occurrence as I was not the 'quickest learner'.

On a happier note, Mr Tom Faulkner, history teacher and Mr Col Morris, English teacher, hold wonderful memories. Both were enthusiastic, passionate and exciting mentors who made learning interesting and enjoyable. Mr Faulkner had a genuine social justice conscience and we were always attending community events, helping others and in Year 12, a group ran from Brisbane to Bundaberg to raise monies for a local charity.

Mr Morris was a 'tough' man who expected only the best from his students and worked us accordingly. As a swimming coach, he was a nightmare. Look out if you ever put your feet on the bottom of the pool after a tumble turn. If caught, you had a beach towel tied to your ankles for the next 200 metres. He did instil in us a love of the English language though and his lessons were always filled with quotes from famous literature.

One of his favourites was from George Bernard Shaw's play, "Pygmalion" and it read, 'What is life but a series of inspired follies? The difficulty is to find them to do. Never lose a chance: it doesn't come every day.'

This statement is definitely an untruth at Sacred Heart School as we head towards the end of term. A plethora of activities lay ahead in our final fortnight.

Our school feast day is next Thursday 15th June, where we are attending mass at Sacred Heart Church, going to the beach and finishing the day with a school concert in our multi-purpose area. A Freddo Frog and packet of chips will also be provided.

Our children's report cards will be available on Tuesday 20th from 4pm.

Many of our Year 4 to 6 children (about 50) are involved in the KCD athletics carnival next Tuesday and Wednesday.

Our Prep to Year 3 children will be having Under 8s' day activities on Thursday 22nd from 12pm.

Today, our Preps visited Cooberrie Park and have returned tired yet full of tales of an eventful day.

Another teacher who comes to mind was the quite crazy, Brother Quain who taught me Religion and Physics in Year 12. He was eccentric and his lunch time activity included not going to the staffroom but finding his way to a small area next to the library where an old car had found it resting place and hitting the vehicle with a sledge hammer. Unusual.

One of his peculiarities was to write quotes from Christian people like the Pope on the blackboard and we would have to learn them off by heart to be tested on Friday each week.

With this in mind, I came across this quote from Pope Francis which is quite pertinent:

"I know that some of you will ask me: 'Father, you tell us to look at the horizon and to remember things, but today, what do I do?'"

Live your life to the full. Today, take life as it comes and do good to others. In the world today, a game is being played out in which there is no room for substitutes: either you are in the team or you are out. Take the memories you have inherited, look towards the horizon and today, grasp life and carry it forward, use it productively, make it fruitful. God calls you to be fruitful. God calls you to transmit this life to others. God calls you to create hope. God calls you to receive mercy and show mercy to others. God calls you to be happy. Do not be afraid. Play life to the full. That is life."

Live out your inspired follies.

Take care

Max Martin

### From Our APRE

The image of the Sacred Heart of Jesus, which is widely exhibited in Catholic churches and homes, represents the intense love that God had for humanity, which was made apparent by the death on the cross of His Son. It is a potent representation of a love that embraces all of humanity.

During my childhood, the image of the Sacred Heart adorned the wall near the back door of our house. Each morning, as my father stepped out, he would touch Jesus' heart, offering a silent prayer, making the sign of the cross, and seeking guidance. On difficult days, it became a familiar sight to see my dad return home, once again placing his hand on the heart and expressing gratitude to Jesus for answering his prayers. This firsthand experience revealed to us the unwavering faith and deep comprehension my father possessed. His devotion and personal relationship with Jesus Christ provided him with the confidence to seek solace and reassurance, fostering a profound connection with the Sacred Heart.

This week as we prepare for Sacred Heart Day next week, each class has had a tour of our history and how we came to be Sacred Heart. Our story commenced in Ireland, centred around a young woman named Nano Nagle. In an era marked by penal laws, she dedicated herself to educating Catholic children and girls in hedge schools, while also venturing out into the streets at night, guided by her lantern, to aid the sick and impoverished. Soon, other women rallied to her cause, and together they formed the Presentation Sisters. This congregation eventually made its way to Australia and, ultimately, to Yeppoon, where they established numerous Catholic schools, including St Ursula's College. Initially, St Joseph's Primary School, which was eventually renamed Sacred Heart, resided beneath it. These pioneering women carried a fervent flame within them, constantly inspiring the community to maintain their own burning flames and assist others along their respective paths. Eventually, Sacred Heart School relocated to Lammermoor, where it stands today.

During the History Walk tour, students were encouraged to reflect upon how their hearts could radiate brightly, emulating the example of Jesus and extending help to others on their own journeys.

Dear Lord,  
Ignite the flame within our hearts,  
A burning light that never departs.  
Grant us strength and unwavering zeal,  
To do good and help others heal.

May our love and compassion ignite,  
Guiding us to serve with all our might.  
In times of doubt or weariness,  
Renew our flame with Your blessedness.

May our flame burn brightly, dear Lord,  
Spreading kindness, as Your Word implored.  
In service to others, may we find,  
The joy that comes from a heart aligned.  
Amen.

God bless



Melissa Collins

## From Our APC

Reading is an extremely important component of a child's learning journey. Research has found that reading storybooks to children develops the skills required for eventual success in reading.

'Reading to Young Children: A Head-Start in Life', a study from the University of Melbourne, shares the following:

- Reading to children at age 4-5 every day has a significant positive effect on their reading skills and cognitive skills later in life.
- Reading to children 3-5 days per week has the same effect on the child's reading skills at age 4-5 as being six months older.
- Reading to them 6-7 days per week has the same effect as being almost 12 months older.
- These differences in reading and cognitive skills are not related to the child's family background or home environment but are the direct result of how frequently they have been read to prior to starting school.

For ideas on reading with your child, click this link: [Reading Link](#)

### Premier's Reading Challenge

All children are encouraged to continue their participation in this year's Premier's Reading Challenge.

Sacred Heart's Parent Connect is providing a \$30 voucher for each class. Students who participate in the reading challenge have the opportunity to win the voucher to spend at our Book Fair in Term 3. These will be drawn on an assembly, next term.

Another reading opportunity we had this term was the National Simultaneous Storytime.

Following is a youtube reading of the 'Speedy Sloth'. Enjoy this with your child/children.

<https://youtu.be/zNIKuTnwO04>

Have a wonderful week

Mrs Lisa List

## Lantern Awards

Mai Whiting Year 1 Compassion

For quickly offering to help when your classmates are hurt or upset. Thank you.



## Student Awards

Congratulations to the following children.

<b>Prep</b>	Summer Taylor, Amelia Foley, Miesha Singleton Bray, Leila Love, Skye Love, Ryan Gagliardi, Charlotte Thompson, Sophie Winter, Louin Rayner
<b>Year 1</b>	Stella Small, Hartley Lambropoulos, Lucy Goldman, Harley Hill, Emily O'Brien, Sapphire Johnson, Charlie Veliscek, Mai Whiting, Zaylee Luckey, Eva Watson
<b>Year 2</b>	Alana Pont, Sawyer Page, George Tselepis, Ivy Gill, Cara Sparks, Zara Carpenter, Madeline Ohl
<b>Year 3</b>	Jesse Martin, Hunter Hare, Matilda Seymore, Ryah Manz, Avery Kona, Lincoln Fooks
<b>Year 5</b>	Ava Goodger, Cruz Hill
<b>Year 6</b>	Sebastian Edwards, Lola Czislawski, Connor Hartley, Eden Kalie

## Important Dates Term 2

### June

Monday 12th - Prep to Year 3 athletics carnival

Wednesday 14th - KCD athletics carnival at Farnborough SS

Thursday 15th - Sacred Heart Day. Whole school mass at 9.15am at Sacred Heart Church

Friday 16th - Show holiday

Thursday 22nd - Under 8s Day

Friday 23rd - Final day of Term 2.

## Sacramental Program

Last Thursday, children preparing for their sacraments made their first Reconciliation.

Thank you to Fr Alex and Fr Raju from Rockhampton who helped Fr Matthew.

Keep these children in your prayers as they continue to prepare for their First Eucharist and Confirmation.

The dates for these sacraments are Confirmation on 14th July and First Eucharist on 16th July.



## Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

## Sacred Heart Day

Next Thursday 15th June, we are celebrating Sacred Heart Day.

Our day will start with a whole school mass led by Year 6B at 9:15am and families are all welcome to attend.

Here is an outline of the day.

9:15am	Sacred Heart Day mass
10:20am	Brain Break
10:30am	Heart Group Activities
11am	First break
11:40am	Class time
11:50am	Beach activities
1pm	Return to school
1:10pm	Second break
1:30pm	Meditation
1:50pm	Talent Quest in our multi-purpose area
2:50pm	Return to class.

## Yeppoon Show School Display

Thank you to Mrs Seymour for organising our Yeppoon show display. It is always wonderful to have the opportunity to showcase our children's artistic work.

Make sure you visit the Education Pavillon, next week, where the schools' displays are housed.

There are many Sacred Heart students who entered the show in different sections and we wish them all the best with their entries.

## Finance

Thank you to those families that have paid their Term 2 fees. These are now overdue. If you are unable to make immediate payment, contact Mrs Stacey Todman at the office to organise a payment plan.

## KCD Athletics Carnival

The Keppel Coast District 1500m races will be held at Farnborough SS next Tuesday, 13th June from 1.30pm. Mrs Kenny is attending with our athletes.

KCD athletics carnival will also be held at Farnborough SS on Wednesday 14th June. Mrs Kenny, Mrs Evans and Mr O'Brien will be attending.

We wish our athletes all the very best.

## Prep to Year 3 Athletics Carnivals

Our Prep / Year 1 and Year 2 / 3 athletics carnivals will be held on Monday 12th June on the school oval.

All children will be doing a sprint, high jump, long jump and a relay. Following is a timetable of the day.

8.55am	Preps and Year 1s assembling on oval
9am	Prep sprints: Girls then boys.
9.20am	Year 1 sprints: Girls then boys.
9.40am	Relays. Preps then Year 1s.
10am	Preps high jump. Year 1 long jump
10.20am	Preps long jump. Year 1 high jump.
10.40am	Finish
11.30pm	Year 2 and 3 assembling on oval.
11.35pm	Year 2 sprints: Girls then boys.
11.55pm	Year 3 sprints: Girls then boys.
12.15pm	Relays. Year 2 then Year 3.
12.35pm	Year 2 high jump. Year 3 long jump.
1pm	Year 2 long jump. Year 3 high jump.
1.20pm	Finish

Parents and carers are most welcome to join us on this day.

## Sacred Heart Breakfast club



This Tuesday 13th will see our first Breakfast Club at Sacred Heart. This is an initiative of Parents Connect group.

It will commence at 7.55am until 8.20am in our multi-purpose area. There is no cost involved.

The following will be available for breakfast: toast, butter, Vegemite, honey, jam and fruit.

There will be gluten free toast etc available.

All preparation and serving will be done by adults, out of our tuckshop.

There is an invitation is extended to all our children.

## St Vincent de Paul Winter Appeal

The St Vincent de Paul Winter Appeal has started and they are accepting donations of clean warm items - blankets, doonas, shawls, scarves, coats, beanies .....

You may drop these items to school or to St Vincent de Paul.

Money raised from the sale of lolly bags at the disco, our pizza day and our coin collection in Week 10 will go towards this appeal.



Thank you for your support, it is greatly appreciated.



SACRED HEART CATHOLIC  
PRIMARY SCHOOL, YEPPOON

**ENROL  
NOW FOR  
PREP 2024**

Contact us on 4994 8215 or enrol  
online [shyrok.catholic.edu.au](http://shyrok.catholic.edu.au)



Our 2024 Prep enrolments are now open.

You can complete the online enrolment application [HERE](#) or for further information about enrolling your child, contact our office on 4994 8215.

Thank you.

## Year 4H Camp Recounts

Keira

### Caves Camp Reflection

On camp I enjoyed rock climbing the most. It was a little scary and fun at the same time because I'm scared of heights and fun because on one I went slow and the other really fast.

I felt scared when the lights went out and when we had to go through tight spaces. Once I got stuck on a tight slide and my mum and my BFF had to come get me. Me and my BFF grew up together and the dark because that was my mum's favourite song.

I was proud of myself when we did the rock climbing. When I did it ~~and~~ I felt proud because I've never got to the top before.

for 25/5  
I was very proud!

## Caves Camp Reflection

On camp, I enjoyed the caving adventure because it was scary and exciting at the same time! It was pitch black like coal. Our group had to fit through tiny spaces, like the Whales Belly. The small crack we went through to find our guide, Jackson.

I felt so tired when we got back from the magnificent night cave tour. I didn't like the beds and the fan because the beds were really noisy and very uncomfortable and the fan was so noisy. No one could sleep!

My most favourite thing on camp was rock climbing and when I was the first to climb the rock wall. I said, "Are you sure I should be trusting a guy with two days experience!"

I was proud of myself when I made it to the top of the rock climbing wall while everyone was watching me. I was proud of myself when I went through the Whales Belly safely.

JA 25/5

## Caves Camp Reflection

On camp I enjoyed adventure causing. It was amazing because there were little holes we could climb through. There was also a cave called the Whales Belly. I loved when you had to climb up the strong rope to the exit.

I felt like a kangaroo jumping on the plastic bed. I couldn't get to sleep because Bailey had to use a nightlight. I didn't like when my watch had an alarm for twelve am. I realised that my sister had set the alarm on the app on my phone.

I couldn't stop laughing when Banjo was being a Dodo bird. He was shining his light in our eyes. My most favourite thing on camp was the rock climbing. I liked climbing across the rock wall.

## New Rockhampton Museum of Art Workshop

Today, six Year 5 children attended a workshop at the new Rockhampton Museum of Art with other students from the Capricornia region.

Sage, Jacob, Archie, Lucy, Charlie and Marcie had a tour of the gallery, a VIP visit with the curator of the vault where all the expensive art pieces are housed and then met with guest artist, William Debois. This was followed by a hands on workshop with artist, Sophie Munns which involved working with ink.

Thank you to Mrs Seymour, our art specialist, for organising this opportunity.





## Capricorn Coast Writers' Festival

Congratulations to the following children who have recently entered their stories in the Cap Coast Writers Festival short story competition: Isaac Davey, Quinn Du Plooy, Kirby Kenny, Henry Zarkovich, Billie Luxmoore, Aria Mahoney, Sarah Van Eyk, Olive Allen and Bertie Harvey.

Special mention of Olive whose poem will now be included in the published Festival anthology.

Well done.

