



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

14 Barracuda Crescent, Yeppoon QLD 4703

Email: shy@rok.catholic.edu.au

Phone: 07 4994 8215

Website: www.shyrok.catholic.edu.au

NEWSLETTER

13th July 2023

From the Principal's Desk

Welcome back, everyone. Hope your break from school was a revitalising one.

Teachers are often fascinated by etymology, the understanding of the history and meaning of words.

Did you know sinister was once used as the main descriptive term for left-handed people? They were seen as unnatural and not to be trusted.

Thank goodness medieval times are over.

Another interesting example is the word, muscle which in Latin means 'little mouse'. Rather than relating to strength and brawn as we understand it, the term comes from the appearance of the muscle under the skin especially the biceps where it resembles a mouse running beneath the skin.

Obvious.

The word *thank* you is related to a word it looks and sounds like 'to think'. Originally, when you thanked someone, you were remembering (thinking) of what they did for you. You were letting them know you were aware you owed them a debt.

This week has been an eventful one – first week of term and of course Challenge Cup. There are so many people we need to think of to thank, as a school community. Apologies if I leave anyone out.

Mrs Julie McLaughlin, principal and the staff and families of St Benedict's. We are so fortunate to have a collegial relationship with our closest Catholic primary school. So much of the background organisation for Challenge Cup was accepted by St Benedict's.

Staff, parents and friends of Sacred Heart. What a great community to be in. Thank you for all of the coaching, support in getting kids to training, washing jerseys, lending a hand in the canteen...the list is endless.

Our Sacred Heart netball and rugby league competitors – thank you for playing with true sporting skill and the important culture of being humble in victory and gracious in defeat. As I write this, I have no idea of the Challenge Cup carnival outcomes but I'm confident all players will have done their very best.

The Sacred Heart staff 'back at school'. It is so refreshing to know that mature, organised and professional staff is back at Sacred Heart manning the fort.

We genuinely will think to thank you.

On another note.

It would be remiss of me not to mention the important Australian cultural event of NAIDOC Week that was on last week.

We are fortunate to have many Aboriginal and Torres Strait Islander students at our school, many of whom attended the Diocesan NAIDOC mass this week and undertook special duties at this event.

This is a great time of the year to truly value, Aboriginal and Torres Strait Islander cultures, identities, histories and spiritualities. It is vital that, as we develop children to become well-informed and compassionate adults, that we regularly recall the complexity of the cultures of our First Nations People and are honest about the truths of history since 1788.

Our NAIDOC assembly will be presented tomorrow by Year 3HD.

Mr Wade Mann, a local Elder will be joining us for our assembly and doing Welcome to Country. Bishop Michael will also be attending.

Hope to see you there.

Take care Max Martin



From Our APRE

Our communities and families have always been enriched by the valued role our indigenous Elders play. They are not only revered as keepers of cultural knowledge, but as trailblazers, advocates, teachers, survivors and leaders.

Our Elders are the guiding lights who have paved the way for us, not just through their enduring advocacy and activism, but also in the everyday lessons they teach us.

Their wealth of knowledge and experience empowers us in various domains, including land management, cultural understanding, justice, and human rights. From sectors such as health, education, arts, politics, and beyond, they have set numerous paths for us to follow.

The struggles faced by our Elders have propelled us forward today. The fight for equality that we continue to wage finds its roots in their tireless efforts. Their unwavering determination and resilience have ensured the survival and prosperity of our people. It is through their profound influence and teachings that we must ensure our future decisions prioritise the inclusion and participation of our community.

Let us celebrate the immeasurable contributions of our Elders. We honour those who have left us and pay homage to those who continue to fight for our collective well-being.

Lord, We thank you for the survival of Indigenous cultures. Our hope is in you because you gave your son, Jesus to reconcile the world. As you love, forgive and accept us so may we build a better future for our nation.

God bless

Melissa Collins

From Our APC

Welcome to Term 3, I hope you and your family enjoyed time together.

This week has been an exciting way to start a new term, with many of our Year 5 and 6 children participating in either netball or league at Challenge Cup. This is a wonderful experience to meet and engage with students and teachers from across our diocese.

This term, there will be weekly information articles for parents, carers and children on a variety of topics relating to online safety.

Clicking on the image will take you to a 3 minute introductory video on how to talk regularly about online safety with your child/children, create family rules about using technology, and where parents can access more support and information about online safety.



Throughout the term, links to parent webinars will be shared.

The first free 30-minute webinar is designed for parents and carers of young people in primary and secondary school, takes place on 1st August, 12:30 pm - 1:00pm (AEST).

It will cover:

- Who we are?
- What you can report to eSafety?
- Helpful advice and resources for parents and carers.

Registration: [Link](#)

Deadly Australians

Next Monday, our Preps to Year 6s will participate in an interactive presentation entitled, 'Deadly Australians'.

This is an awareness programme, educating children about the dangers of the venomous wildlife that inhabit our environment.

The session will cover:

- The roles of these creatures in our ecosystem is discussed, as is conservation.
- Students learning how to avoid bites and stings.
- First Aid is demonstrated for each bite and sting situation.
- Viewing and question time and
- The opportunity to hold non-venomous reptiles.



Have a wonderful week

Mrs Lisa List

Important Dates Term 3

July

Friday 14th - NAIDOC Week whole school assembly 8.40am in our multi-purpose area.

Friday 14th - Confirmation at Sacred Heart Church commencing at 6pm.

Sunday 16th - First Eucharist celebrated at 9am mass at Sacred Heart Church.

Monday 17th - Deadly Australians Reptile display for Prep to Year 6.

Thursday 20th and Friday 21st - School photos.

Monday 24th - Catholic Education Week commences.

Tuesday 25th - Capricorn Coast Catholic Education Week mass at St Brendan's College. Year 6s attending.

Friday 28th - Whole school assembly 8.40am. Year 1R is presenting.

August

Friday 4th - Capras Cup

Monday 7th - The Ned Show

Friday 11th - Gala sports day for all year 5 and 6 students

Monday 14th - Science Week Theme is 'Innovation: Powering Future Industries.'

Tuesday 15th - Assumption mass 9:30am at Sacred Heart Church. Years 1 to 6 attending.

Friday 18th - Parent Connect movie night at school

Monday 21st - Book Week. Theme is 'Read. Grow. Inspire'.

Thursday 24th - Book Week dress up assembly 8.40am.

Friday 25th - Year 5 and 6 Gala sports day.

Tuesday 29th to Thursday 31st - Sacred Heart School external review

Thursday 31st - Father's Day breakfast at school from 7.45am.

September

Friday 1st - Pupil free day.

Thursday 14th - Interschool Super 8s cricket carnival.

Friday 15th - Final day of Term 3.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Confirmation and First Eucharist

Congratulations to the following children who will be celebrating the Sacrament of Confirmation and First Eucharist on Friday and Sunday this week:

Georgia Blackwood, Austen Carige, Keira Cooper, Quinn Du Plooy, Bailey Frethey, Macy Gould, Elka Guhr, Austin Jackson, Ella Jansen, Aria Mahoney, Flynn McKenna, Harper Mephram, Josie Rainey, Maya Read, Alexander Rendell, Ben Sharp, Darcie Skelton, Halle Smith, Max Way and Sophie Wilczek.

We wish them all the very best for these special occasions.

NAIDOC Mass



The Diocesan NAIDOC mass was held at Holy Family Church, Rockhampton on Tuesday.

The mass brought together staff and students from Catholic school communities from Rockhampton, Gracemere and Yeppoon and members of our Aboriginal and Torres Strait Islander communities.

Thank you to Mrs Collins and Mr Pacey for attending with our children, all of whom represented us with pride and respectfulness.

NAIDOC Week Activity

Today and Friday, Mr Wade Mann, a Darumbal Custodian and Keeper of Stories visited Sacred Heart to shared with all our year levels his gift of indigenous story telling.

Our children were totally enthralled by his presence and ability to hold his audience through story.

Thank you, Mrs Natalie Semple for organising this.



School Photos

School photos will be held with MSP Photography on 20th and 21st July.

Envelopes with photo information were sent home on Monday 10th July, to be returned by Tuesday 18th July.

Photos can also be purchased online.

A timetable for our photos is as follows: [Photo Schedule](#)

If you have any queries, contact our school office.

Volunteer Induction

A volunteer induction session will be held in our staffroom for any parents, grandparents or carers wanting to help out at Sacred Heart.

These inductions will be held at 3:30pm Monday 17th July and 8:45am Tuesday 18th July. This training is a mandatory requirement if you wish to volunteer at our school.

Our tuckshop, in particular, is looking for helpers.

If you are available to help on a Wednesday or Friday morning, contact our tuckshop convenor: Kaylee via email at kaylee_hance@rok.catholic.edu.au. Thank you for your anticipated support.

Acting Principal This Term

From 17th July, Mr Martin will be on leave for four weeks, returning to school on Monday 17th August.

During this time, Mrs Melissa Collins will be principal. Thank you.

Term 3 Year Level Assemblies

Year level assemblies return next week with:

Year 3 and 4 on Monday.

Year 5 and 6 on Wednesday.

Prep, Year 1 and 2 on Thursday. All commencing at 8.40am.

Families are most welcome to attend these.

Interschool Capras Cup Rugby League

Capras Cup is a rugby league competition for children born 2013 and 2014.

The Capricorn Coast Capras Cup carnival will be held on Friday 4th August at a venue yet to be decided upon.

All schools participating can enter one team. (11 on the field with 4 reserves.)

No Sacred Heart team has been chosen as yet.

Mr Luke O'Brien and Mr Kalem Pacey will be training during school lunch times interested boys and girls.

Teachers and children will be made aware of times.

Our team will be announced in week 3.

Breakfast Club

Breakfast Club will commence again next Friday 21st July.

It starts at 7.50am and runs until 8.20am.

Toast and fruit is provided from our tuckshop for any children wishing to have a 'top up' after their breakfast.

This wonderful undertaking is an initiative of our Parents' Connect group.

New Sports Shed

The final touches to our new sports shed are being done this week with lights and power points being installed.

This new addition to our school provides more room to store our sports equipment.

Thank you to Mr Gavin Bennett, our groundsman for his work in organising its construction.



Possum Magic - Prep Excursion

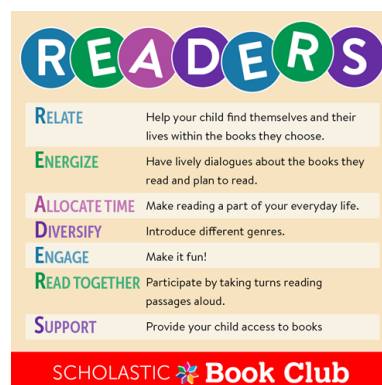
This week, our Preps enjoyed a theatre experience and a visit to the park in Rockhampton. Our children thoroughly enjoyed the magical stage adaptation of the book, "Possum Magic" by Mem Fox.



Bookclub

Book Club Issue 5 is out now. Place orders via the LOOP app and are due Friday 28th July. Thank you for your support.

Library Coordinators Rachel Holloway and Angela Wilczek





Learn to manage difficult behaviour in children 2-12 years old
Three session program for parents and carers provided by CatholicCare

6.30-8.30pm, Tuesday 11th, 18th, 25th July 2023.

On site, Catholic Care Central Queensland, 5/15 James Street, Yeppoon.

“1-2-3 Magic® can be a magnificent preventative measure that any parent can use to avoid raising a child, who later down the line, needs excessive discipline or grows out of control

You will learn:

- How to discipline without arguing, yelling or smacking
- How to sort behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour
- Seven tactics for encouraging good behaviour

Parents will receive:

- 1-2-3 Magic® & Emotion Coaching Parent Workbook

FREE

REGISTER NOW

Call 1300 783 544 or visit catholiccarecq.com/123magic



THE WIZARD OF OZ

YEPPOON CHORAL SOCIETY

YEPPOON TOWN HALL

TICKETS
YEPPONCHORAL.ORG
ADULTS: \$30
KIDS/CONC: \$25

7:30PM FRIDAY 25 AUG 2:00PM SATURDAY 26 AUG 2:00PM SUNDAY 27 AUG

YEPPOON REAL ESTATE Yeppoon **Betta** capricornian DC MOTORS ROCKHAMPTON Livingstone SHIRE COUNCIL