



**SACRED HEART CATHOLIC PRIMARY SCHOOL**

**Enriching Spirits ~ Educating Minds**

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**NEWSLETTER**

20th July 2023

### From the Principal's Desk

Over the past two weeks, I have been extremely proud of the behaviour and manners of our Sacred Heart children.

Firstly, the Challenge Cup held last Wednesday to Friday, where our two netball teams and rugby league teams played with determination, skill and great sportsmanship. Applauding good play from both their team members and those from other schools, 'regardless of the result.' Thank you also to our staff Mrs Jen Kenny, Mrs Lisa List, Mr Max Martin, Mrs Melinda Murphy, Mr Kalem Pacey and Mr Luke O'Brien for their tireless work managing, coaching, umpiring and refereeing the games, whilst managing to supervise the students at the same time.

Secondly, the Sacramental students who received their first Eucharist and Confirmation over the weekend. The Holy Spirit certainly filled the room. The children also attended Mass on Friday and spent time speaking with Bishop Michael and Fr Matthew discussing the Sacraments that they were about to receive. Special thanks to the adults who assisted with the program, especially to Mrs Angela Acharya who led the Sacramental program this year.

Then at the NAIDOC week assembly and activities, the students' level of respect, listening and participation was first class. Thanks to Bishop Michael and Father Matthew for the kind words that were shared afterwards about the students. To Wade Mann, thank you for connecting with us, particularly through your 'Welcome to Country'.

I thank our families for continuing to work with our staff at Sacred Heart in nurturing our students into being well mannered, respectful and considerate young people.

Take care

Melissa Collins

### From Our APRE

#### The 'Extraordinary' nature of Ordinary Time in the Liturgical Year of the Church

Ordinary Time in the Church Year, presented in green, comprises thirty-three weeks, divided into two sections between Christmas and Lent and Pentecost and Advent. The Sundays and weeks of Ordinary Time take us through the life of Christ. This is the time of conversion and living the life of Christ.

The extended length of Ordinary Time gives us plenty of time to grow closer to Jesus and mature in our faith.

Some things you can do with your family to be active in Ordinary Time are:

Create and say spontaneous family prayers.

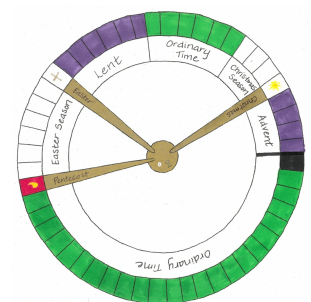
Keep a family gratitude journal while focussing on the abundant goodness of God.

Act out your faith.

Share Bible stories.

Keep the Sabbath.

We are all on our own journeys of faith but we can journey together.



God bless.

Mrs Angela Acharya

Teachers, parents and carers play an important role in keeping children safe online.

Outlined below are a combination of strategies to help young people build their digital technology skills and have safer experiences online.

## 5 tips to keep your family safe online



### 1. Start the chat

Get into the habit of talking about online safety as a family, so your child feels comfortable coming to you if they ever need help working out an issue. It's never too early to introduce good online habits such as respect, empathy, critical thinking, responsible behaviour and resilience. As your child grows older, eSafety's advice about hard to have conversations will help with some of the tricky topics like sending nudes, online pornography and contact from sexual predators.

[Good habits start young | eSafety Commissioner](#)

[The hard-to-have conversations | eSafety Commissioner](#)

### 2. Create a family technology agreement

Creating a Family Technology Agreement can help you and your kids decide together when and how digital technology will be used at home. As a family, brainstorm easy-to-follow rules and display them where everyone will see them. Your agreement could cover things like: time limits, apps your kids are allowed to use and online behaviour.

[Family tech agreement for under 5s | eSafety Commissioner](#)

### 3. Set up parental controls

Parental controls let you monitor and limit what your child sees and does online. It's best to use them in combination with the other online safety strategies. The taming the technology [link](#) can help you understand your options.

[Devices and accounts](#)

### 4. Choose games and apps carefully

Use eSafety's App checklist for parents to think about the positives and negatives when your child asks to download a new game or other app. The checklist covers things like age ratings, managing privacy settings and reporting abuse in-app. You can also use the eSafety guide to check and set up safety features with your child.

[App checklist](#)

[Social media, games and apps](#)

[The eSafety guide](#)

### 5. Use digital technology together

Exploring or playing on devices or online with your child can be a positive experience that promotes learning and development. Ask questions, be curious and get involved.

Have a wonderful week,

Mrs Lisa List.

## Important Dates Term 3

### July

Monday 24th - Catholic Education Week commences.

Tuesday 25th - Capricorn Coast Catholic Education Week mass at St Brendan's College. Year 6s attending.

Thursday 27th - Catholic Education Week Mass at St Joseph's Cathedral, Rockhampton.

Friday 28th - Whole school Catholic Education Week assembly 8.40am. Year 1R is presenting. Morning tea afterwards. All welcome

## Important Dates Term 3 continued

### August

Friday 4th - Capras Cup

Monday 7th - The Ned Show

Friday 11th - Gala sports day for all year 5 and 6 students

Monday 14th - Science Week Theme is 'Innovation: Powering Future Industries.'

Tuesday 15th - Assumption mass 9:30am at Sacred Heart Church.

Friday 18th - Parent Connect movie night at school

Monday 21st - Book Week. Theme is 'Read. Grow. Inspire'.

Thursday 24th - Book Week dress up assembly 8.40am.

Friday 25th - Year 5 and 6 Gala sports day.

Tuesday 29th to Thursday 31st - Sacred Heart School external review

Thursday 31st - Father's Day breakfast at school from 7.45am.

### September

Friday 1st - Pupil free day.

Thursday 14th - Interschool Super 8s cricket carnival.

Friday 15th - Final day of Term 3.

## Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

## Catholic Education Week ~ 'Communities of Faith, Hope and Love



Celebrated annually in Week 3 of Term 3, Catholic Education Week is an opportunity for all 313 Catholic schools in Queensland to celebrate and promote their distinctive mission and ethos. Catholic education endeavours to make a difference in the lives of those in our schools and in the wider community by challenging young people to live out the message of Jesus and to reach their full potential as compassionate, contributing, life-giving members of society.

To celebrate this occasion we have the following events happening at our school:

Year 6s will be attending a Mass and celebrations with St Benedict's, St Brendan's and St Ursula's Colleges, at St Brendan's College on Tuesday 25<sup>th</sup> July. Thank you to St Brendan's who provide us with morning tea.

School Captains will attend celebratory Masses at the Cathedral in Rockhampton and at St Brendan's College.

Year 1R and Mrs Michelle Ross will present a Catholic Education Week assembly on Friday. This will be followed by a morning tea for parents, carers and visitors.

Peer Support Session will focus and reflect on the Kingdom Parable of the Mustard Seed. Students will share how they can sow seeds of Faith, Hope and Love in our school community and beyond by contributing to a school display.

God bless

Angela Acharya

## Welcome to New Families

To Franki (Prep) and her parents, Brandie and Shaun

To Harry (Prep) and his parents, Lana and Robert

To Cooper (Prep) and Myah (Yr 2) and their parents, Courtney and James

To Caleb (Yr 3) and Aiden (Yr 5) and their parent, Tamara

To Miller (Yr 5) and Marni (Yr 6) and their parents, Nicola and Gregory

To Kiara (Yr 1) and Presley (Yr 3) and their parents, Alechia and Dustin

We welcome these new families into our Sacred Heart community and wish them all the best.

## Celebration of Sacraments

On Friday, 14th July and Sunday, 16th July Bishop Michael McCarthy ministered the Sacraments of Confirmation and First Eucharist for several candidates from Sacred Heart. Both celebrations were joyous and spirit-filled and will undoubtedly be a precious memory for the families.

Congratulations to:

Georgia Blackwood, Austen Carige, Keira Cooper, Quinn Du Plooy, Bailey Frethey, Macy Gould, Elka Guhr, Austin Jackson, Ella Jansen, Aria Mahoney, Flynn McKenna, Harper Mepham, Josie Rainey, Maya Read Alexander Rendell, Benjamin Sharp, Darcie Skelton, Halle Smith, Max Way



## Lantern Awards



Oscar Jarrett - Compassion - for his concern and consideration of others when they are hurt.



## Student Awards

<b>Prep</b>	Harry Phillips, Sebastian Suttle, Ivy Stumer
<b>Year 1</b>	Daisy denExter, Sophie Donald, Harlyn Seaman, Skylah Hulme
<b>Year 2</b>	Charlotte Neagle-Fisher, Rocco Renshaw
<b>Year 3</b>	Harris Gould, Loreta Edwards, Sienna Edwards, Henry Kehoe, Brooklyn Waters, Angus Mitchell, Madeline Gill, Evelyn McDonald, James Muller
<b>Year 4</b>	Macy Gould, Banjo Coker
<b>Year 5</b>	Hudson Graham, Bertie Harvey
<b>Year 6</b>	Evie Hiddins, Nicholas Goltz

## Finance - School Fee Discount

Families within the Catholic Education system may be eligible for school fee assistance under the Concession Card Tuition Fee Discount program.

This allows for a 70% discount on the tuition portion of school fees and is available for 'means tested' government Health Care and Pensioner Concession cards. These cards must meet eligibility criteria for this concession to apply.

If you have a concession card and wish to check its eligibility for this discount, forward a copy to Mrs Stacey Todman at [shy\\_finance@rok.catholic.edu.au](mailto:shy_finance@rok.catholic.edu.au).

## Semester 2 School Captains



Our school captains for Semester Two are Joseph Kingston and Kira Walsh. Vice captains are Samuel Miller and Lola Czislowski.

Their first official appearance was today at the Diaconate Ordination Mass of Peter Doherty at St Joseph's Cathedral in Rockhampton.

We wish them all the best in these leadership roles.

## Welcome to New Families

To Franki (Prep) and her parents, Brandie and Shaun

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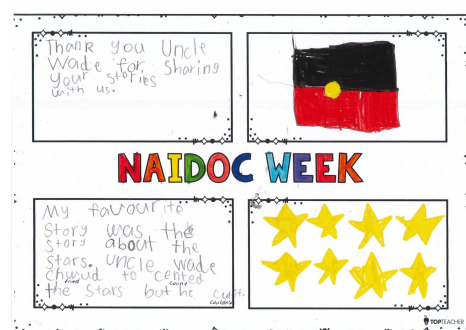
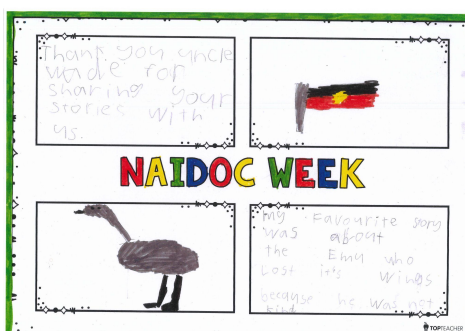
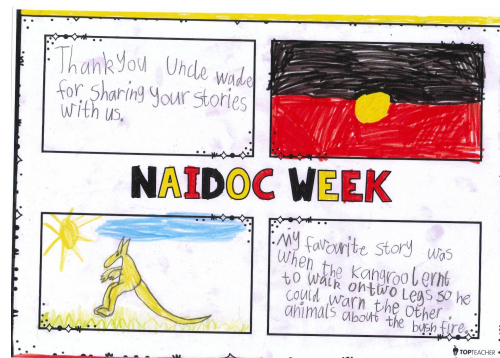
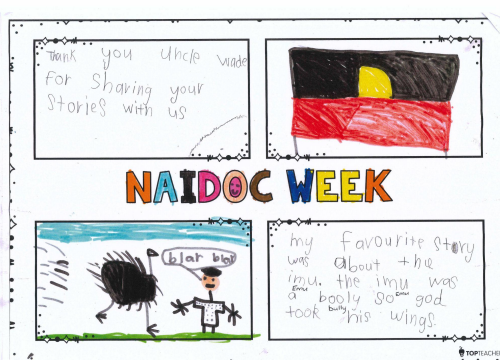
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## NAIDOC Week - school work



## Challenge Cup

Congratulations to those students that participated in the Challenge Cup carnival last week. All students played well with all 3 teams making it to the finals of their divisions.

Congratulations to those students who received the following awards:

Sacred Heart Blue (netball) Best and Fairest award - Amahni Manz  
Sacred Heart Blue (netball) Coaches award - Mackenzie Smith  
Sacred Heart Red (netball) Best and Fairest award - Isabella Todman  
Sacred Heart Red (netball) Coaches award - Olivia Blackwood

Sacred Heart (Rugby League) Best and Fairest award - Landen Miller  
Sacred Heart (Rugby League) Coaches Award - Beckett Catt

We extend our thanks to those students who teamed up with other schools to assist in their participation in the Challenge Cup.



## Year 1R Assembly

Year 1R will lead Catholic Week assembly next Friday 28th July, we will be having a whole school assembly for Catholic Education Week, commencing at 8.40am in our multi-purpose area.

Following this, there will be a morning tea in the MPA for all parents, carers and family members are welcome.

## Absentee Notification

Due to an increase in absentees this winter, all absentees can be advised through parent lounge or the absentee line on 49 948216. Thank you

## Prep Drop Off Reminder

If Prep students need to be dropped to school prior to 8:15am they need to be taken to the MPA where a teacher is on duty from 8am. Prep students will return to the prep play area at 8:15am, once the Prep supervising teacher is on duty.

To ensure your child's safety we ask that you do not leave your child in the prep area until a teacher is supervising.

## Mini Vinnies

Mini Vinnies are selling icy poles next week on Monday, Tuesday and Thursday at second break. Bring along \$1 to support people in need.

## Deadly Australians

This week our students participated in an interactive presentation entitled, 'Deadly Australians'.

This is an awareness programme, educating children about the dangers of the venomous wildlife that inhabit our environment.

The session covered:

- The roles of these creatures in our ecosystem is discussed, as is conservation.
- Students learning how to avoid bites and stings.
- First Aid is demonstrated for each bite and sting situation.
- Viewing and question time and
- The opportunity to hold non-venomous reptiles.



## Year 1- Celebrating 100 Days of School

This week, our Year 1 classes celebrated 100 days of school.

They had a very busy day filled with exciting 100 themed activities, including numbers to 100 counting and games, creating crowns, fort play and finishing the day with a packet of smarties, to celebrate how smart they are!



## Interschool Capras Cup Rugby League

The Capricorn Coast Capras Cup carnival will be held on Friday 4th August at a venue yet to be decided upon. The competition is for children born 2013 and 2014. All schools participating can enter one team. (11 on the field with 4 reserves.)

Sacred Heart teams will be chosen by next week. Mr Luke O'Brien and Mr Kalem Pacey will be training during school lunch times. Teachers and children will be made aware of times.

Our team will be announced in week 3.

## Breakfast Club

Breakfast Club will commence again next Friday 21st July.

It starts at 7.50am and runs until 8.20am.

Toast and fruit is provided from our tuckshop for any children wishing to have a 'top up' after their breakfast.

This wonderful undertaking is an initiative of our Parents' Connect group.

## Bookclub

### Book Club rewards your School!

Every purchase you make earns your child's school 15% of your order value in Scholastic Rewards that can be used to purchase valuable educational resources that benefit your child.



Families order from Book Club.



The school earns Scholastic Rewards.



The school redeems Scholastic Rewards for additional resources

Book Club Issue 5 is out now. Place orders via the LOOP app and are due Friday 28<sup>th</sup> July. Thank you for your support.

Library Coordinators Rachel Holloway and Angela Wilczek





Learn to manage difficult behaviour in children 2-12 years old  
Three session program for parents and carers provided by **CatholicCare**

6.30-8.30pm, Tuesday 11<sup>th</sup>, 18<sup>th</sup>, 25<sup>th</sup> July 2023.

On site, Catholic Care Central Queensland, 5/15 James Street, Yeppoon.

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7:30PM FRIDAY 25 AUG    2:00PM SATURDAY 26 AUG    2:00PM SUNDAY 27 AUG

TICKETS  
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ADULTS: \$30  
KIDS/CONC: \$25

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