



**SACRED HEART CATHOLIC PRIMARY SCHOOL**

**Enriching Spirits ~ Educating Minds**

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**NEWSLETTER**

17th August 2023

### From the Principal's Desk

As I sit writing this newsletter with one eye on our Matildas battling the English in the World Cup semi final, memories of my recent time in the UK come flooding back. My wife, Marie and I were fortunate enough to do a 200 kilometre walk in the beautiful Cotswold region. We ate lots of battered fish and chips with mushy peas. Saw a myriad of amazing ancient cathedrals, castles, pubs and bridges. Had the pleasure of 'giving it to' many cricket mad Englishman when we retained the Ashes, thanks to the rain. One definite highlight though was when our plane touched down at Brisbane airport and we disembarked to a beautiful sunny day. Makes you realise Australia is a wonderful country.

It has been such a pleasure to be back at school and on my return it certainly 'hit me' how much I missed it.

Thank you to Mrs Collins for very capably fulfilling the role of principal in my absence and to Mrs List, Mrs Kenny and Mrs Acharya as acting APRE for ensuring our school continued to be effectively managed. Sacred Heart families and children were in great hands.

While waiting at Singapore airport which by the way has the most amazing restrooms, I came across the following 'true' story which has a very pertinent message as we navigate through the remainder of this year.

At the airport after a tiring business trip, a lady's return flight was delayed. She went to the airport shop, bought a book, a coffee and a small packet containing five ginger nut biscuits. The airport was crowded and she found a seat in the lounge, next to a stranger.

After a few minutes' reading she became absorbed in her book. She took a biscuit from the packet and began to drink her coffee. To her great surprise, the stranger in the next seat calmly took one of the biscuits and ate it. Stunned, she couldn't bring herself to say anything, nor even to look at the stranger. Nervously she continued reading.

After a few minutes, she slowly picked up and ate the third biscuit. Incredibly, the stranger took the fourth ginger nut and ate it, then to the woman's amazement, he picked up the packet and offered her the last biscuit. This being too much to tolerate, the lady angrily picked up her belongings, gave the stranger an indignant scowl and marched off to the boarding gate, where her flight was now ready.

Flustered and enraged, she reached inside her bag for her boarding ticket, and found her unopened packet of ginger nuts...

I am sure this has happened to you - getting all indignant about an incident then, later learning, you are actually in the wrong. (It happened to me on Tuesday..)

Do you blush with embarrassment?  
Do you admit an error and offer an apology?  
Do you continue with your pride intact and storm on regardless?

Putting your tail between your legs and honestly admitting a mistake is a sign of integrity. Many times I have had to do it as a parent, husband and teacher.

What of the man who owned the ginger nuts?

What a trooper was he. Didn't bat an eyelid and graciously allowed his afternoon tea to disappear, evenly nobly offering up the last biscuit.

It is very important for us all to learn the behavioural strategy of noble retreat. Having been in many a head butting situation with my children, then teenagers, now young adults, I remember it being a bit of a two way street. Very easily a minor tiff can become a full scale dispute.

Keep it calm, keep it in perspective, do not get personal and be open to negotiation. We know that our children who see modelled by their parents/carers and who are encouraged to 'fight fair', make better partners and co-workers. Research shows that learning to forgive and move on are keys to life contentment.

As one of our greatest prayers, "The Our Father" says,

"Forgive us our sins as we forgive those who have sinned against us."

If everything people in the world did, was predicated with the thought that God's forgiveness depends on my own capacity for forgiveness, I know our world would be much better off.

Take care

Mr Max Martin

## From Our APRE



On Tuesday, we were drawn into a special occasion that holds deep significance for Catholics – the celebration of the Feast of Mary's Assumption into heaven. This annual observance invites us to reflect on the extraordinary journey of Mary, the mother of Jesus, as she was taken up into heaven at the end of her earthly life.

Mary's Assumption is a powerful reminder of the grace and purity she embodied throughout her life. It is a testament to her unwavering faith. Imagine the script of Mary's life as a grand drama of faith and discipleship, and her Assumption as its final act. Her journey began with the announcement by Gabriel that she was chosen to be the mother of Jesus. In that moment, Mary's courage and unwavering faith shone through, responding with a resounding "yes" to God's call.



St Pope John Paul II encapsulated the significance of Mary's Assumption when he said, "Taken up into heaven, Mary shows us the way to God, the way to heaven, the way to life." Mary's life and her ultimate ascent into heaven are a beacon guiding us towards a deeper connection with our God.

As we commemorate the Feast of Mary's Assumption, let us not only honour her extraordinary journey but also take inspiration from her example of faith, courage, and humility. Just as Mary responded to God's call with a willing heart, may we too find the strength to say "yes" to the challenges and opportunities that come our way, embracing them with the same faith and trust.

As we journey through our own lives, may we be guided by her example to seek God's presence, follow the path to heaven, and embrace the gift of grace that is extended to us all.



Wishing you all many blessings.

Melissa Collins

## From Our APC

### Science Week

This week, Science Week was celebrated in classrooms with many hands-on, exciting activities taking place.

Our classes investigated:

Prep:	What materials everyday objects are made from.
Year 1:	Minibeasts: Their features and what they need to survive.
Year 2:	Energy: Forces, push and pull and designing a boat that will not sink.
Year 3:	Threats to the survival of things on the Great Barrier Reef.
Year 4:	About the tensile strength of materials.
Year 5:	How light from a source forms shadows and can be absorbed, reflected and refracted.
Year 6:	Investigating ways that rust can be prevented.

### Book Week

Next Week, we will celebrate Book Week at Sacred Heart.

On Thursday, everyone is encouraged to dress-up as a book character. The parade will take place in our multi-purpose area from 8.40am.

Our library has been transformed to help celebrate this exciting event. Feel free to visit this space and read a story with your child/ren. Mrs Rachel Holloway, our library coordinator, welcomes families.

The Children's Book Council of Australia (CBCA) has been operating for 78 years, bringing amazing adventures to children through the illustrated pages and stories penned by Australian authors.

The CBCA was founded in 1945 when Australian children's books were few, and Australian authors and illustrators were virtually unknown. The following year the Book of the Year Awards were established.

Each year, the CBCA works in partnership with authors, illustrators, publishers, booksellers to bring words, images and stories into the hearts and minds of children and adults.

This link will take you to the Short Listed books for 2023: [PDF](#)



Have a wonderful week, hopefully enjoying a good book.

Mrs Lisa List

## Important Dates Term 3

### August

Friday 18th - Parent Connect movie night at school. Screening starts at 6pm.

Monday 21st - Book Week. Theme is 'Read. Grow. Inspire'.

Thursday 24th - Book Week dress up assembly 8.40am.

Friday 25th - Year 5 and 6 gala sports day and final day for Premier's Reading Challenge.

Tuesday 29th to Thursday 31st - Sacred Heart School external review

Thursday 31st - Father's Day breakfast at school commencing at 7.30am.

### September

Friday 1st - Pupil free day.

Wednesday 13th - Catholic Interschool Year 6 touch football carnival in Rockhampton

Thursday 14th - Interschool Super 8s cricket carnival at Barmarjee sports complex for Years 6 and 5.

Friday 15th - Final day of Term 3.

## Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

## School Fees

Thank you to those families who have paid their Term 3 school fees. They are now overdue.

If your fees are still outstanding, contact Mrs Stacey Todman on 49948215 to arrange payment or discuss payment plan options.

## Welcome

We welcome Jackson (Year 2) and his parents, Lindell and Laine into our Sacred Heart community and wish them all the best.

## Lantern Awards



Marni Keegan Year 6 **Compassion** - For being so helpful and caring when looking after one of our Preps. Thank you.

Logan Trevor Prep **Being Just** - For your amazing participation during PE lessons and always ensuring that everyone has a turn at different activities. Well done, Logan.



## Student Awards

<b>Prep</b>	Ollie Small, Lydia Hoadley-Irving, Harrison Inch, Imogen Franks, Alexander Nixon, Charlotte Flower, Franki Kelly, Amelia Foley, Ayrлие Ferrier
<b>Year 1</b>	Lucy Goldman, Lucia Sturgess, Noah Oates, Matilda Flower, Zaylee Luckey, Jerome Gil-Mejia
<b>Year 2</b>	Frankie Lack, Sawyer Page, Bella Robertson, Carter Morris, Chase Dawson, Goldie Shammall, Jett Sullivan, Corbyn Pearson, Wynter McAllister
<b>Year 3</b>	Kahn Wilson, Millicent Campbell, Wilhelem Van Ommen, Lucas Stark, Ava Poole, Milla Sykes, Frankie Kenny, Macie Busch
<b>Year 4</b>	Willem Shackleton, Sienna Foley
<b>Year 5</b>	Ollie Palairret, Isla Kirby, Hudson Tait, Will White, Aiden Starr, Avah Scwhennesen, Adaysha Giles, Mason Stark
<b>Year 6</b>	Marni Keegan, Jai Lucas, Eden Kalie, Max Willey, Mackenzie Rapmund

## Sacred Heart Movie Night

A reminder about our school movie night on tomorrow, Friday 18th August.

This event will commence at 5:30pm (for those who ordered pizzas) with the movie, "The Super Mario Bros" rated PG being screened at 6pm in our multipurpose area.

This event is being hosted by our Parents Connect. An adult over the age of 18 must attend with their child/ren.

We hope you and your family can join us for this event.



Science Week



## Pupil Free Day

Friday 1st September is a pupil free day for all Queensland schools.

Our staff will be involved in professional development sessions on this day.

Children are not required to be at school on Friday 1st. Thank you.

## Father's Day Breakfast

Our Father's Day breakfast and assembly will be held on Thursday 31st August.

Sausage sizzle breakfast from 7.30am and assembly from 8.40am in our multi-purpose area. Year 2H is presenting assembly.

Hope to see lots of families for breakfast and assembly.

## Library News - Book Week



Next week, we are celebrating CBCA Children's Book Week with the theme, "Read Grow Inspire". Our annual costume parade will be held on Thursday 24<sup>th</sup> August and all students are encouraged to dress up as a book character.

We are also running a colouring in competition which has been sent out to your teachers. There will be one winner per grade who shall receive a library gift pack and a voucher to be spent at next terms Book Fair.

Also, the latest issue of our Scholastic Book Loop is out now with orders closing on 1<sup>st</sup> September. Please follow the link below to order: [LOGIN \(scholastic.com.au\)](https://www.scholastic.com.au)

## Year 5 and 6 Interschool Sports Day

Our second interschool sports day will take place next Friday 25th August for Year 5 and 6 children. Touch football, soccer and tee ball are being played.

Buses will transport our children and depart school at 8:50am and return by 2:30pm.

Soccer and touch are at the Barmaryee fields and tee ball at Yeppoon State Primary School.

Students with touch and soccer boots may bring them to school to change into at the fields. Students playing soccer require shin pads.

School uniforms are to be worn to school. Morning tea, lunch and a water bottle are required. A canteen will be open for those playing at Barmaryee.

All Year 5 and 6 teachers, Mrs List, Mr O'Brien, Mr Pacey and Mr Martin will be supervising our children.

## Community News

A poster for 'THE WIZARD OF OZ' performed by the Yeppoon Choral Society. The title is in large, bold, black letters on a yellow background. Below the title, it says 'YEPPOON CHORAL SOCIETY' and 'YEPPOON TOWN HALL'. The performance dates are '7:30PM FRIDAY 25 AUG' and '2:00PM SATURDAY 26 AUG'. A ticket information box on the right says 'TICKETS YEPPONCHORAL.ORG ADULTS: \$30 KIDS/CONC: \$25' and includes social media icons for Facebook and Instagram. At the bottom, there are logos for sponsors: YEPPOON, Betta, capricornian, DC MOTORS ROCKHAMPTON, and Livingstone.

A photograph of four students in blue school uniforms high-fiving each other. The background shows a green field and hills. Above the photo, the text 'LIVE | LOVE | LEARN | LEAD' is written in blue. Below the photo, there is a blue banner with the 'stu' logo and the text 'ST URSULA'S'. To the right, it says 'NOW ACCEPTING ENROLMENTS FOR YEAR 7, 2025'. Below this, it says 'Enrol now via the QR code or visit stursulas.qld.edu.au To find out more, contact our Business Development Officer, Natalie Salisbury, on 4939 9600 or email natalies@stursulas.qld.edu.au'. A QR code is located in the bottom right corner.