8th September 2023

From the Principal's Desk

One of the terrifying rites of passage is facing up to any type of interview, particularly when applying for a new job.

Below are some real incidents that were gathered by American company presidents that typify what not to do in an interview situation:

- A job applicant challenged the interviewer to an arm wrestle.
- Candidate explained that her long-term goal was to replace the interviewer.
- Candidate said he never finished high school because he was kidnapped and kept in a closet in Mexico.
- Applicant said if he was hired he would demonstrate his loyalty by having the corporate logo tattooed on his forearm.
- Applicant interrupted the interview to phone their therapist for advice on how to answer specific interview questions.

Some unusual questions asked include;

"Why aren't you in a more interesting business?"

"What are the zodiac signs of all the board members?"

"I know this is off the subject, but will you marry me?"

"Would it be a problem if I'm angry most of the time?"

Jokes aside, a not so terrifying but a necessary process at any school are the formal interviews between parents and teachers. If you remember interviews were at the start of Term 2 and will again be held during weeks 2 and 3 of Term 4.

Parent-teacher interviews give you a great opportunity to: learn more about your child's academic, emotional and social development, meet and get to know your child's teacher and help your child's teacher understand more about your child.

You have a massive impact on your child's educational success. Research shows supportive parental engagement with a teacher is a key to a child's academic and emotional success.

It has been wonderful to see so many of our parents/carers around school each week attending assemblies, at drop off and pick up times, assisting with breakfast club and tuckshop.

I ask all families to book a time for an interview with their child's / children's teacher/s and be present at school. Information regarding this is provided in this newsletter.

It is important to remember that after the interview to discuss the meeting with your child and really congratulate them on their strengths. When the teacher makes suggestions of things you could do at home, discuss these with your child and commit to following through with them.

If you don't go to a parent-teacher interview, you're also missing out on the chance to hear the positive things about your child that they may not tell you themselves.

It's just as rewarding for teachers to share good news with you. Also, the ways in which you can assist your child with their learning.

Parent teacher interviews are not a 'necessary evil' to be avoided but to be celebrated.

Take care Max Martin

From Our APRE

In the spirit of Child Protection Week, we pause to celebrate the extraordinary gift that children are in our lives. As a mother of six, I stand in awe of the boundless love I feel for each of my children. There's a unique and unexplainable beauty in the love a parent holds for their child, and it reflects the divine love that God showers upon each one of His children. In the Old Testament, children are regarded as divine blessings.

Reflecting upon the teachings of Jesus, we find a profound message that resonates with the essence of Child Protection Week. Jesus displayed rare anger in the Bible, and one of those moments was when His disciples attempted to deny children access to Him. This underscores the significance of welcoming and cherishing children. In Matthew, we are reminded that Jesus encourages us to "change and become like children," emphasising the importance of humility in our quest for greatness in the kingdom of Heaven.

We must remember that schools are not just structures of brick; they are sanctuaries built for the holistic development of our children. As educators, our primary mission is to serve the needs of the children. Each child is unique. It is our responsibility to create an environment where every child can flourish and reach their full potential.

In the Gospel of Mark, we see Jesus welcoming children. To emulate Christ, we must cultivate humility and love in our relationships with the children we teach. "Childhood and children's relationships with God are valuable in themselves, and not simply as a prelude for what is to come. Those relationships are already expressions of the eternal love of God present and at work in children's hearts" (Close to the Mystery of God).

As Catholic educators, we recognise the importance of empowering the children in our care to strive for the best versions of themselves. We teach them that they are deeply loved and valued, most importantly, in the eyes of Jesus.

This Child Protection Week, let us reaffirm our commitment to listening to, protecting, and loving every child, just as God loves each one of us. Together, we can create a world where every child's voice is heard, and their hearts are filled with the love that God has for them.

Enjoy your children Mrs Melissa Collins

From Our APC

On Tuesday, the Sacred Heart NCCD (Nationally Consistent Collection of Data) team gathered with other schools from the Rockhampton and Gladstone region.

Our team, consisting of Mrs Michelle Baldwin, Mrs Jackie Mulholland, Mrs Shae McPherson, Mrs Trudi Hansell and myself, had the opportunity to develop our improvement plan for the next 12 months.

Dr Janine Gallagher from QCEC (Queensland Catholic Education Commission), led the morning session, guiding us in comparing our school data with that of other Catholic schools within our diocese and Queensland.

This process enabled our team to reflect on the practices and processes for supporting students with needs in our school.

For further information on NCCD, a parent fact sheet is available from the following link.



https://www.nccd.edu.au/sites/default/files/nccd_parent_fact_sheet_english_0.pdf

Premier's Reading Challenge

At next week's whole school assembly (Friday 15th), our Parent Connect Reading Challenge vouchers will be drawn.

Any student who has participated in this year's Premier's Reading Challenge and returned their forms, will go into the draw to win their class \$30 gift voucher to be spent at our Bookfair next term.

Have a wonderful week Mrs Lisa List

Important Dates Term 3 and 4

September

Friday 8th - Year 5 excursion to Mt Hay

Friday 8th - Breakfast Club 7.50am - 8.20am

Friday 8th - Companion Cup netball game against St Benedict's at St Ursula's College 10am-12pm.

Wednesday 13th - Catholic Interschool Year 6 touch football carnival in Rockhampton

Thursday 14th - Interschool Super 8s cricket carnival at Barmaryee sports complex for Years 6 and 5.

Friday 15th - Final day of Term 3.

Friday 15th - Whole school assembly 8.40am. Year 4J is presenting.

October

Monday 2nd - Public holiday

Tuesday 3rd - School commences for Term 4.

Friday 6th - No Breakfast =Club and whole school assembly today.

Monday 9th - Parent teacher interviews commence.

Friday 13th - Breakfast Club 7.50am - 8.20am.

Friday 13th - Whole school assembly with Year 4J presenting.

Friday 13th - Our diocesan director, Miss Leesa Jeffcoat visiting Sacred Heart.

Monday 16th - Book Fair commences.

Friday 27th - Whole school assembly with Year 2W presenting.

Friday 27th - International Teacher's Day

Friday 27th - Day for Daniel

Friday 27th - Mini Vinnies' 3 hour touch football game.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. Link to Bulletin

Lantern Awards



Lochlan Sparks and Ethan Dixon Year 6 Compassion - For taking the time to support a younger student who was overwhelmed and scared.

Fergus Kenny Year 1 Kindness - Your kind and selfless attitude towards your team members and fellow students throughout the whole term in P.E has been wonderful. Always putting others first, allowing others to go before you, helping out teammates is fantastic.



Hartley Lambropoulos Year 1 Kindness - For packing away equipment, gathering up other's hats and making sure everything was safely away, without being asked. Thank you.

Library News - Book Fair

Scholastic Book Fairs is the nation's leader in quality Book Fairs, with an exciting range of recently published children's books and educational products. Book Fair at Sacred Heart will be held next term 16th- 20th October.

Student Awards

| Prep | Ryan Scoleri, Ayla Hamery, Sophie Winter, Addison Kinsey, Olivia Drinkwater, Bede Druery, Lara Fry, Toby Toohey, Isla Kani, Skye Love, Leila Love, Kelsey Jones, Henry Hamilton, Harvey Bergman, Remy Sullivan, Summer Taylor, Henry Poole |
|--------|--|
| Year 1 | Annabelle Kleinhans, Mayah Abraham, Jett Spears, Matteo Medrano, Mai Whiting, Archie Aupouri |
| Year 2 | Fletcher Thompson, Libby Tattam, George Tselepsis, Luciana Druery, Silas Hall, Jedd Gordon |
| Year 3 | Levi Stapleton, Skylar Rapmund |
| Year 4 | Austin Jackson, Addison Toby, Nate Elliot |
| Year 5 | Maycie Clarke, Alex Todd, Adah Stapleton, Abigail Colgan, Noah Hill, Hanna Cross, Bear Cranston, Lucy Thomas |
| Year 6 | Cooper O'Rourke, Preston Wolff, Connor Hartley, Spencer Toby, Preeah Titmarsh, Adam Gillen, Ashton Finch, Amahni Manz |

Parent Connect

On Monday, our Parent Connect meeting was held.

This <u>link</u> will take you to the minutes from this meeting, outlining available funds, events that have taken place, as well as planned events for next term.

The Parent Connect committee welcome any members of our Sacred Heart community to attend future meetings.

Parent / Teacher Term 4 Interviews - Important Message

An important part of our assessment process at Sacred Heart is a parent-teacher interview.

Our parent teacher interviews will be held during weeks two and three of Term Four. (Monday 9th October-Friday 20th).

Having interviews in Term Four offers parents/carers and teachers an opportunity to discuss their children's progress since Term 2 interviews and Semester 1 report cards.

It is important that all our families arrange a time for a formal interview with their child/children's teacher/s.

Bookings for these interviews will open Wednesday (13th Sept), and will close on Thursday 5th Oct at 10am.

Access for bookings is available via https://206shy.rok.catholic.edu.au/parentlounge

Available interview times will be particular for each classroom teacher.

New families will be sent an access username and password and continuing parents will have the same one as last year.

If you have forgotten these, contact Mrs Fleur Kirkman at our school office on 49 948215.

Available times for individual teachers will appear when you log in to the booking site. Only one time slot is to be selected per child.

If you have any questions regarding these interviews, contact our school office. Thank you.

Companion Cup

Each year, Sacred Heart and St Benedict's play a netball and rugby league game for the Companion Cup.

The netball game will be played today at St Ursula's College from 10:30am. We wish our players all the best.

The rugby league game will be played in Term 4 on Saturday 7th October at the Seagulls' home ground.

Interschool Sport - Super 8s Cricket

Next Thursday 14th September, interested Year 6s and 5s will be involved in the Super 8s interschool cricket day at Barmaryee.

The bus will be departing school at 8:50am and returning by 2:45pm.

Children need to bring their lunch, hat and water bottle with them on the day.

Parents are welcome to come and support the teams.

Date Clamier - Sacred Heart Mini Vinnies - 3 Hour Continuous Touch Football Game

Our Mini Vinnies' group as a fundraiser for our local St Vincent De Paul organisation, is conducting a three hour continuous game of touch football on Friday 27th October (Week 4 Term 4) from 5pm until 8pm.

This will be open to our Year 3s to 6s children, no touch football experience is required, with nominations to Mrs Collins closing on Thursday 12th October.

The cost is \$5 per child with all proceeds going to St Vincent De Paul.

Children will be placed into teams of 12 with a teacher/teacher assistant supervising each team. 6 players are on the field at any one time. We are hoping to have 8 teams taking part.

Each child participating will receive a sausage sizzle and fruit on the night.

Water bottles and suitable footwear (no bare feet) are essential.

Transport to and from the fields is each family's responsibility. Let us know if you have any difficulties in this regard however.

More information to follow.

Year 4 Child Convict Diary Writing

Convict Story

Ay name is Demi Marshall and J am 12 years old; Mmy parents died in a carriage crash which put me in an orphanage. One very cold night there was no food to be found so J crept outside and saw someone holding a chick. When they weren't looking J snatched the chick and ran away but they caught me. A few days later I was in the court then got 7 years transportation to N.S.W. The ship I was put on was the Lady Penshyn.

The next day I was thrown onto the ship and saw Neveah, someone I knew from the orphanage. I walked up to her nervously but I got punched in the face by a gist called Lify. I whimpered silently but she just kept hitting me. Beside her was her friend Litth and she was dying of laughter. Moments later a guard came and escorted them away from me. I looked up and saw Neveah standing above me, she looked extremely worried, and that was the last thing I saw before I blacked out.

Our first stop was When I woke up we were at the Canary Islands. I hopped off board and headed to a guard but they just took me to the rest of the convicts. We went back to the ship shortly and we started sailing again. The 8 weeks we were back on the water was very plain and nothing exciting happened that I knew of When we were at Rio. I was asleep but when I walked to the port Neveah came back to the ship, she gave me a smile then walked away Right behind her were 2 guards that wouldn't leave her side. I was super conjused about what she had done but decided not to bother. It known Neveah half of her life and she was the sweetest girl evert I looked into the water because it reminded me of my mum and I admining the waves. I had a tear of joy roll down my check, as I was about to walk away something caught my eye, in the water was a red spot I took a closer look then realised it was I little I for guands had thrown her overboard! Allbough I was said, but relieved, it would be less trouble for me. I knew even if Little was still alive I'd have Neveah.: Or so I thought.

I looked over at Neveah but all she did was glance at me with a devious grin. She had one hand behind her back and staring right at Lily, meanwhile Lily looked frightened screaming with fear. At that exact moment it hit me. Noveah revealed a sharp pocket knife and lunged at Lily but before she could the guards grabbed her then took her to the captain. I was in utter shock, I had no wonds. The ship stopped sharply I watched secretly as a few guards executed Neveah. My eyes filled with tears as my friend just got killed...

A few quards got into the water and buried her, a few people were in tears, others were in delight. I Had a headache from the silence around me. Momentarily a guard sent everyone to their cells. I was in one with Lly. I fell askeep but in the corner of my eye. I saw another sailor get thrown

My convict life

Hi Im Grace. Mmy mother died when I was born and my father died when I was 3, so Bim an orphan. Bt's not that bad in the orphanage as I have a friend named Lily. Sshe's really nice but one day I got sick of the orphanage and escaped. I got really hungry with no money so I decided to steal a loaf of bread and I went to London Prison for 3 months. Frem I got transported for 7 years to NSW on the "Friendship". 32 people got thrown off the ship because they died.

I was just playing around when I tripped. The Ship surgeon Goodyermarse helped me and put a bandage on and I felt better. For dinner we had soup with veggies and bread. It was DISGUSTING. It tastes like old soup, rotten veggies and mouldy bread. That night when I went to bed I could not sleep.

The beds are hammocks and they are really uncomfy and the rere, hard as rock. Instead of going to Botany Bay, Captain Walton decided to go to Pport Jjackson. I was so disappointed because now we now have to spend 7 more daysmonths in Ffriendship again.

It has been a year now and I am 14 now so to celebrate nurse goddess cake. I am now assigned to nurse goddess. Finally we got to port jackson, but Oon the rneyway out of the ship the nurse goddess Surgeon Goodyer got bitten by a rat and rushed to the clinic where his sister worked as a medic also. hostable. The police said that I coulded be assigned to Surgeon Goodyers nurse goddess sister. Mr and Mrs Goodyergoddess and took me in to be their maid. As I stepped into their house, I was amazed. Their house lookeds like it' wass made out of diamonds and clear crystals. They brought me to my room and it was beautiful.with I have my own balcony. Mrs. Goddyeress taught me how to cook. She makes delicious apple pie. It's amazing. A couple of weeks later Mrs Godyerdess found out she was pregnant! We were all very happy. As Mr and Mrs Ggoodyer's maidddesses maid I swept the floors, I dusted the lamps and tables, I made the beds. I cleaned the bathrooms and mopped the floors. Mr and Mrs Goodyergoddess were very happy with me and so for dinner Mrs Goddess made pasta. I love pasta. Mr. Goodyeroddess gave me a book. He said he read books when he was younger and wanted to give this one to me. I read a bit before bed, then I fell asleep. Iin the morning- I woke up early and started cleaning the kitchen and made my bed. Then Mr Goodyermy goddess came to me with good news. He said that the baby was going to come in a few months and he or she will be sharing a room with meyou. "That's wonderful, "I answered. For breakfast we had bacon and eggs. bBut I just had a piece of toast with butter

My Convict Life

Hi my name is Michelle Llamkin, I am 13 years old and I am from London, my life was beautiful until my mum lost her job at the mines, and she was broke.

So that night I went out and stole from an old man . He called the cops on me and I didnt even get to see mum until I went to court the next day.

The next day when I came in ,mum hugged me but then she was pulled away. They treated me like I was an adult. The judge sentenced me to seven years' transportation to New South Wales.

When boarding there were 200 soldiers. The ship was mouldy,rotten and dusty. All the other ships looked beautiful. When it was dinner time they fed us hard biscuits and beef. That night we finally got to go into our cells. I thought it was going to be better.

One day later I met a friend called Mary Hilton, she was caught stealing water for her family We ate logether, we even played paper, scissors, rock. I mostly won. The next day there was a storm and everyone was out at the front of the ship. We all made it inside the boat but Mary did not make it in and she fell overboard, I had lost my best and only friend.

Two days later the boat arrived at Santa Cruz, there were two lady's, one was called Mel Hanna, her crime was stealing cards, the other one was called Kate Ffarmerdil, her crime was robbing the bank two times. They walked in and Kate spit in one of the workers face, they took her straight to her cell and locked her in for the day. She was crying, sulking and even begging the gourds

My Life As a Convict

Hi my name is Hudson Daniel, I was caught stealing a pistol from a cop when I was 8 because my family was really poor, when I was young. I got sentenced to 30 hits of the whip and sentenced to 7 years transportation to the colony of New South Wales.

After spending 5 months in the London prison I was put aboard the 'Lady Lucy' for the voyage to Sydney Cove. With the money I got from the pistol I bought food for my family and helped with our bills. But I got caught because the cop that I stole the pistol from had recognized my face. That same cop that I stole the pistol from caught me the next day. After I got caught I slayed in the London prison for 5 months like I said before. Once I got on the lady Lucy ship it was terrible.

Each morning aboard the" Llady Lucy 'we had sloppy porridge with a tiny bit of rat poop in it that was disgusting. Over 5 people spewed each morning, after eating the sloppy porridge. And Ssince we were on the ship for so long all of the salt beef got rotten and mouldy and they still made us eat it. Also they washed the plates, bowls, forks and spoons once a week you could taste other peoples saliva in most of them. They didn't trust us with knives, they didn't even trust us with butter knives because they thought we would stab someone. The ship was cramped, the air was stale, and it was so hot each day I was sweating so much like I just had a shower.

My Convict Life

Hi, my name is Cameron Smith. I was born in 1775 so I'm 12 years old. I was charged with stealing bread,: But it was for my family so I had to go to the judge the next day. and I was scared and my family was already struggling. I went to the judge the next day and then I got sentenced to 7 years transportation to the colony of NSW. so I stayed in the London prison for 2 months. I know the voyage to NSW will be really long and hard so hopefully I will make friends.

After 2 months I got put aboard the worst ship the 'Prince of Wales for the voyage'. I met two really naughty people named Henry and William. They always yelled out that someone got bitten by a rat and the crew members always fell for it. Then we had dinner it was decent then we had to go to bed. The beds were terrible they were so uncomfortable and I didn't like how there was no <u>showers</u>. Then Ffinally we made it to Santa Cruz. Iit took 13 days because we had no food, so the next day I made a friend his name <u>is</u> Beau. Beau is a 25 five year old. The two bad things about the ship is that everyone is sick and there is dirty old rats everywhere.

Then we got to <u>rio de janeiro</u> so we could be on the deck for a little bit. There was heavy rains storms 15 people died in the first 6 months and I was so dirty. The worst dinner so far was probably the rotten beef. I couldn't wait until we got to Botany. I don't want it to be tomorrow though because it's the worst day to be a convict.

We have to work all day, we have to do workouts. Then the next day it was actually pretty easy but dinner was the worst part about the day we had wet rotten bread. When we got to bed Beau sat on a spiky thing turns out it was a needle. So the next day we got to Botany Bay Going but then the captain said I don't like to Sydney Cove which is 6 days away

.When we got to Sydney Cove we had to go straight to work. Mmy job was feeding the other convicts. So five years later now I'm 17 years I have a airlfriend but the people in charge said you can't have a relationship. I

My convict life

My name is Austen Carige. I am 16 years old. I was caught for killing a soldier and using his clothes to get into the main office and assassinate Duke Sydney to get some money. I was sentenced to 10 years transportation to \vee van Ddiemen's Lland Refore.

I was in the Llondoin prison. I got in my cell and spent 7 months eating on the floor and writingwiting in this book. Then I got whipped 90 times and then salt water poured on me.

FF SE

Ton the trip to Australia,: IFhere was a lot of sickness. Ffor all I know over 100 people dDied. It stinks down here. The food was fine until 1 month ago it got rotten mouldy. I hate that some people are going crazy. Yyou gotta fight to survive.It's my birthday soon but I know that they won't celebrate it so let's not talk about it.But Wwe hit the Ceanary lisland it's crazy. I finally got to go out for some fresh air. I'm sick and tired from that sick gravyard. I got to smell the nice delicious food sadly, it's for the guards. Tthey treat us like rats, like we treat the rats, in the deck, but we had to leave soon.

So after another 3 months of being on the ship I finally got to hop on fresh land.-and I'm 17 yep, my birthday passed.

q

I'm finally on land, beautiful land.li'm in the worst prison there, so I had to man all up. I went in my cell then found out (that someone cleaner died) so I said I would clean for them. so I met her and found out that she has no family to so as soon as I got in I know what to do, I did the dishes, sweeped,

Lunch time at Sacred Heart



















Position Vacant - Library Assistant



This position is for 12hpw and is a term-time continuing role. https://applynow.net.au/jobs/CER737. Applications close today 8th September 2023.

Congratulations

As the Cap Coast netball season draws to a close, it is wonderful to hear of teams who made finals. Well done to the Heartbeats who won their final last Tuesday.



Community News



Capricorn Communities for Children Facilitating Partner is funded by the Australian Government and facilitated by The Smith Family

communities FOR O'LLOPN







ON THE CAPRICORN COAST



Beach Day Out

Tides & Tunes - Yeppoon Foreshore

.ges & Tunes Yeppoon Foreshore Tides & Tunes

Children are Stinky by Circus Trick Tease - Yeppoon Town Hall

Tides & Tunes Yeppoon Foreshore

SUNDAY 17

Basketball, Games & Pizza – Yeppoon



MONDAY 18

Corals the Reef Builders Virtual Reef Adventure & Activities - Yeppoon

TUESDAY 19

Art in the Park Nature Edition – Byfield

Basketball, Games &

Pizza – Yeppoon

Library Free Play for kids - Yeppoon

Art in the Park Nature Edition - Emu Park Teen Craft

Marlborough & Үерроон WEDNESDAY ZO

FRIDAY 15

All about sea turtles Virtual Reef Adventure & Activites

– Үеррооп Eat Alley Pop Up Kitchen

– Үерроон THURSDAY 21

Library Free Play for kids – Emu Park

Corals the Reef Builders Virtual Reef Adventure & Activities — Yeppoon

Teen Craft - Marlborough & Yeppoor WEDNESDAY 27 Kids Survivial Challenge – Emu Park

SATURDAY 16

Workshop Your Survival Tribe – Emu Park

National Boys Choir of Australia – Yeppoon Tides & Tunes Yeppoon Foreshore

FRIDAY 22

Art in the Park Nature Edition — Yeppoon



THURSDAY 28

Kids Survivial Challenge Yeppoon

Workshop Your Survival Tribe - Yeppoon

Art in the Park Nature Edition - Cawarral

Movie at the Park - Cawarral

SATURDAY 23

Eat Alley Paint & Sip 600 - Үерроон

Tides & Tunes Yeppoon Foreshore

FRIDAY 29

SUNDAY 24 Lego Playability

Tides & Tunes

- Yeppoon Foreshore

0

0

Suitcase Rummage **Уерроои**

- Yeppoon Community

SATURDAY 30

Tides & Tunes Yeppoon Foreshore

SUNDAY 01

MONDAY 25

All about sea turtles Virtual Reef Adventure &

Activites Yeppoon



TUESDAY 26

King's Birthday
Public Holiday



MONDAY 02



Collect your free Green Bingo Card and complete and share the bingo squares for a chance to win some awesome prizes with a prize pool valued at \$450! A fun and eco-friendly twist on the classic game of bingo where you'll learn about sustainable habits. Collect from Customer Support Centres, Libraries and the Community Centre from 15th September. Winner announced via lucky draw on Monday 3rd October 2023.