



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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NEWSLETTER

2nd November 2023

From the Principal's Desk

Many thanks to all involved in our three hour continuous touch football game held last Friday evening.

There was a wonderful atmosphere around the fields as our children, teachers, teacher assistants, families and members of our local community worked together to raise much needed funds for our local St Vincent De Paul Association.

Our children, in particular, were amazing, playing with determination, skill, patience and displaying great sportsmanship. Many spectators commented favourably about how our older children were just wonderful with our younger players.

This experience reminded me of a parable about a priest who travelled from town to town delivering sermons that stressed the importance of respect for others. He would begin his talks with this story:

I once ascended to the heavens. I first went to see Hell and the sight was horrifying. Row after row of tables were laden with platters of sumptuous food, yet the people seated around the tables were pale and emaciated, moaning in hunger.

As I came closer, I understood their predicament. Every person held a full spoon, but both arms were splintered with wooden slats so he could not bend either elbow to bring the food to his mouth. It broke my heart to hear the groans of these poor people as they held their food so near but could not consume it.

Next, I went to visit Heaven. I was surprised to see the same setting I had witnessed before - row after row of long tables laden with food. But in contrast, the people here in Heaven were sitting contentedly talking with each other, obviously sated from their sumptuous meal. As I came closer, I was amazed to discover that here, too, each person had his arms splinted on wooden slats that prevented him from bending his elbows. How, then, did they manage to eat?

As I watched, a man picked up his spoon and dug it into the dish before him. Then he stretched across the table and fed the person across from him. The recipient of this kindness thanked him and returned the favour by leaning across the table to feed his benefactor.

I suddenly understood. Both places offer the same circumstances and conditions. The critical difference is in the way that people treat each other.

We have the opportunity to use what we are given (the long spoons in this allegory) to help nourish each other, but the problem, as the priest astutely points out, lies in how we treat each other; Given the same level playing field, one group of people who treat each other well, will create a pleasant environment; Whereas another group of people, given exactly the same tools to work with, can create a nightmare simply by how they treat each other.

It's a simple truth, we need to reach out to others.

This has certainly been very apparent over the past few weeks. The unselfishness, empathy, commitment and genuine care people have shown for others in our school family have been overwhelming.

People's generosity in assisting others less fortunate or in the midst of a family upheaval makes me very blessed to be part of our school community.



With this in mind, our families are encouraged to donate Christmas items (festive food, clothes, unwrapped toys, gifts, cash and gift vouchers as well as shampoo/conditioner packs and body wash) for our local St Vincent De Paul Christmas Appeal

Items can be dropped off at school until Friday 1st December. Help us to make Christmas a joyful time for all.

Take care

Max Martin

From Our APRE

All Soul's Day is observed on 2nd November and our Catholic community comes together to honour and remember those who have passed away. To facilitate this remembrance, we have a special book that travels through the year levels, allowing our children to write names and messages dedicated to their departed loved ones. This is later taken to the church, where Father Matthew and our parish, offers prayers for all these beloved individuals.

While the prospect of engaging in this activity might seem daunting, particularly given the potential to evoke emotions, especially in children who have recently experienced the loss of a family member, I was moved by the children's eagerness to share stories about their loved ones. They overflowed with memories and spoke openly about the things they missed most.

Through this experience, I personally came to understand the profound significance of listening and openly sharing one's feelings. To the children who opened their hearts, I express my heartfelt gratitude.

Today, our prayers extend to all those who have departed this world. We fervently pray that, through the boundless mercy of God, they may find eternal peace. Amen.

Prayers and thoughts are with you all

Melissa Collins

From Our APC

Next week, Year 4M will participate in a Trends in International Mathematics and Science (TIMSS) assessment.

Sacred Heart is one of 580 schools from across Australia to have been randomly selected to participate in TIMSS this year. In each selected school, whole classes of Year 4 or Year 8 students are randomly selected to participate.

In December 2024, the international and national reports for TIMSS will be released, providing how Year 4 and Year 8 students across the world performed, and information about what contextual factors might influence teaching and learning.

Previous Australian reports and the TIMSS database can be accessed at: www.acer.org/timss/data-and-reports.

Reading with Year 1

On Tuesday, Natalie Semple, our school's indigenous consultant from the Catholic Education Office, visited with our Year 1 classes to share her knowledge on caring for our land.



She read 'Looking After Country with Fire' written by Victor Steffensen.

This is a wonderful book that shares respect for indigenous knowledge of our land and tells how mother nature has a language. If we listen, and read the signs in the land, we can understand it.

This book comes with teacher notes, explaining how for thousands of years, First Nations people have listened and responded to the land and made friends with fire, using this knowledge to encourage plants and seeds to flourish, and creating beautiful places for both animals and people to live.

Our Year 1s appeared to thoroughly enjoy this experience.

Have a wonderful week,

Lisa List.



Important Dates Term 4

November

Friday 3rd - Grandparent's Day assembly, morning tea and brief concert in our multi-purpose area
Monday 6th - Year 6 Camp (returning 10 November)
Friday 10th - Whole school assembly 5L presenting remembrance day from 8.40am. All welcome.
Monday 13th - Year 6 girls St Ursula's College orientation day
Friday 17th - Prep and Year 1, Year 2 and 3 swimming carnivals at Cooee Bay aquatic centre.
Tuesday 21st - Presentation Day
Tuesday 21st - Whole school assembly Year 6 presenting
Tuesday 21st - Instrumental concert in MPA
Friday 24th - Colour fun run for St Vincent de Paul Christmas Appeal
Monday 27th - End of year thanksgiving mass
Monday 27th - Year 6 dinner MPA
Tuesday 28th - Christmas concert in MPA all year levels presenting

December

Friday 1st - Final day term 4. End of year assembly 8.40am.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Lantern Awards



Bede Druery Prep Compassion - For showing care and concern for others and using kind words to reassure them when they are hurt or upset.

Olivia Forbes Prep Compassion - For always helping your friends to tidy up in our Prep area. Your consistent kindness and consideration of others are appreciated. Thank you, Olivia.

Lincoln Fooks Year 3 Compassion - For your caring nature and kindness shown towards others and always offering to assist others when they need your support.

Maci Bucsh Year 3 Compassion - For your caring manner towards your peers and your gentle words you express when encouraging others.

Cooper Griffin Year 5 Compassion - For the way you supported your teammates during the 3 hour continuous touch game. Your words of encouragement and support for your team members made me incredibly proud.

Maya Read Year 5 Compassion - For staying behind after class and helping a classmate to finish their character description.

Flynn Palairt Year 5 Compassion - For using your mathematical understanding to teach a peer who was struggling with expanded notation. Your tutelage led to great success.

Amahni Manz Year 6 Being just - Your words of encouragement and gentle manner with the younger members of your team during our continuous touch evening were greatly appreciated and did not go unnoticed. Everyone on your side had a fair go. Thank you.



Breakfast Club

No Breakfast Club tomorrow. It will recommence next Friday 13th October 2023.

Grandparent's Day Assembly

Tomorrow, we celebrate Grandparent's Day with a prayer assembly at 8:40am, led by our Year 6B class.

Morning tea will follow, where we will be entertained by a performance from our Prep and Year 1 students.

Looking forward to seeing you all there.

Student Awards

Prep	Ayrlie Ferrier, Beckett Crosby, Harrison McPhail, Storm Hamilton, Harrison Inch, Koral Fleming, Astrid Robinson
Year 1	Annabelle McDougall, William Lowry, Andie Valler, Finn Fleming, Raiden Dawson, Zayd Cherry, Ruby Moger, Torah Pearce, Finnlay Beecheno, Matilda Kirby
Year 2	Aurora Johnson, Lewis Cauchi, Ivy Gill, Hugo Way, Jeddy Gordan, Zara Carpenter, Zeb Bowman
Year 3	Jessie Thomas, Lincoln Fooks
Year 4	Jordyn Parfitt, Micah Hawkes
Year 5	Kirby Kenny, Jacob Nix, Adaysha Giles, Sasha Dadson, Lucia Jarrett, Miller Keegan, Charlie McKeown, Ava Goodger, Cruz Hill, Ava Spencer
Year 6	Jai Lucas, Sebastian Edwards, Lola Czislawski, Payton Size

Mini Vinnies' Christmas Appeal



Mini Vinnies have launched the Christmas Appeal and are looking for donations from our community to help fill the hampers.

This year, our local St Vincent de Paul wishes to provide substantial food hampers to needy families and individuals in our local community.

Your donations of items (groceries, vouchers, gifts) for our Christmas appeal will be very much appreciated.

These can be left at our school's front office.

Finance - School Fees

Thank you to those families that have paid their school fees. These were due for payment yesterday.

If you are unable to pay the full amount, contact Mrs Stacey Todman at the office to organise a payment plan. Thank you.

Year 6 Camp to Brisbane

Next week, our Year 6s, their teachers, our APA, Mrs Jen Kenny and Mr Martin will be away in Brisbane for the entire week on their annual camp.

They leave Monday 6th November at 6am and return Friday 10th at 5pm.

Mrs Melissa Collins will be acting principal in Mr Martin's absence. If you have any concerns, do not hesitate to contact her at school.

Mini Vinnies' Continuous Touch Evening

A great night was had by all at our Mini Vinnies continuous touch game last Friday night.

It was a well supported event with over 150 students from Year 3 to 6 participating.

Thank you everyone who assisted with coaching, refereeing, announcing, cooking, serving and cleaning up.

To our local St Vincent De Paul members: Vicki, Peter, Colin, Vivienne and Karen for organising the barbecue, well done. A special thank you to Mick's Meats, Keppel Bakery and Yeppoon Woolworths for their kind donations.

All funds raised will go towards assisting those in need this Christmas.





2W Prayer Assembly

Well done to our Year 2W class on their assembly last Friday to commemorate Day for Daniel and celebrate International Teachers' Day.



Final Year 2 and 3 Swimming Lesson Tuesday Next Week

A reminder to families that next Tuesday will be the final swimming lesson for Year 2s and 3s.

The swimming carnival will take place Friday 17th November (Week 7).

Prep - Year 1 Swimming Lessons

Our Prep and Year 1 classes will participate in a week of intensive swimming, attending lessons Monday to Thursday week 7 (13th-16th November).

[Prep/Year 1 Swimming Timetable](#)

Children need to wear a sun safe shirt for swimming and a pair of sandals or thongs (footwear). A towel is also needed.

Prep M needs to come to school dressed in their swimwear, as they have the first lesson of the day and will be leaving the school at 8:40am.

Children are to bring their school uniform, including underwear, shoes and socks in their bag so they can get changed on their return to school.

Swimming lessons costs have been added to Term 4 school fees. These are conducted by qualified instructors.

Community News



'Fishing Friendzies Social Sessions' are monthly catch ups on the Capricorn Coast for keen young fishers!

2	OCTOBER	Ross Creek	Saturday 28th October, 7:30am
0	NOVEMBER	Causeway Lake	Sunday 26th November, 7:30am
3	DECEMBER	Ross Creek	Wednesday 13th December, 8am
2	JANUARY	Causeway Lake	Thursday 11th January, 8am
0	FEBRUARY	Ross Creek	Saturday 24th February, 7:30am
2	MARCH	Causeway Lake	Sunday 10th March, 8am



KEEN?

- Join the Fishing Friendzies Social Sessions Facebook Group for more information!
- Find the booking links and register to attend - This will help us in providing enough snacks and bait
- Sessions are free and suitable for primary & high school aged
- Bait & snacks provided. Bring your own rods, tackle and water bottle
- Parent/ Guardians are required to supervise and encouraged to join in!

Let's Fish!




VOLUNTEER WITH US!

ORANGE SKY IS COMING TO ROCKY!

Orange Sky provides free laundry services for people doing it tough. But the thing we really do well is connection with conversation.

Do you:

- Love a good chat?
- Want to make a difference?
- Have a spare 2hrs/fortnight?

SIGN UP TODAY!



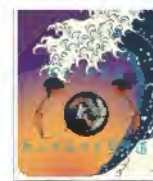
orangesky.org.au/volunteer

Any Questions? volunteer@orangesky.org.au

POSITIVELY CONNECTING COMMUNITIES | www.orangesky.org.au



Shotokan Karate Keppel Bay karate-do



**Sign up for 2024,
4 free trials this November
Week 8 & 9**

21st to the 30th November
Keppel Bay karate-do: KBKD
Tuesdays and Thursdays
Juniors 4pm - 5:30pm
High school & adults 5:30pm to 6:30
St Ursula's Hall, Queens st, Yeppoon
EMAIL: keppelbaykarate@skia.com.au
TEXT Robi on: 0427016767

SKIA: Shotokan Karate International Australia.