16th November 2023

From the Principal's Desk

The Italian pizza, the Louis XIII, is worth \$10,335. No, it's not sprinkled with diamond dust instead just parmesan cheese.

This 20 centimetre pizza pie is covered in traditional mozzarella di bufala, three types of caviar, prawns and lobster from southern Italy and Norway. The dough is created with biologically certified flour and dusted with pink salt from the Murray River.

And that's not all, it is topped off with a drizzle of Louis XIII de Remy Martin cognac, then served with a bottle of Krug Clos du Mesnil champagne.

The world's most expensive burger can be found in New York and bought for \$635. It includes hand cut foie-gras-stuffed kobe beef patty which is firstly grilled, wrapped in gold leaf, then topped with gruyere cheese which has been melted using champagne steam, lobster, caviar, truffle butter, Himalayan rock salt and a barbeque sauce made from civet coffee.

What is civet coffee?

It is collected from the faeces of the Asian palm civet (a cat). The civet eats coffee beans and they pass through its gut, changing the flavour. Indonesian farmers then collect the droppings, sort through them, clean the beans and make the coffee. (\$700 per kilogram or \$80 a cup in cafes.) Apparently, it tastes ghastly but is a symbol of conspicuous wealth.

The top 1% of the world's richest people own 39% of the world's wealth and this percentage is growing.

Meanwhile, about 25 000 people die every day of hunger, according to the United Nations. That is one person every three and a half seconds. The poorest 40% of the world have 5% of the world's wealth. What irony that one person's cup of coffee is another's wage for 40 days.

And what of us, the lucky Australians. Most of us are in the middle - both ends of this spectrum are alien to us - incredible wealth and incredible poverty. We are, however, incredibly powerful. As the 'comfortable' world, we can influence, even slightly, political thinking. We can be generous of heart when charities call.

Several weeks ago now, our children were asked to wear crazy socks to school and make a coin donation. Over \$1200 was made for those less fortunate than ourselves in our local community. A wonderful effort.

You would also be aware that each year, Sacred Heart assists the needy through the St Vincent De Paul Christmas Appeal.

Our Yeppoon Vinnies' Conference coordinates the anonymous families in Yeppoon and ensures that the donated gifts are delivered in time for Christmas. It is requested that gifts are new and unwrapped. They can be delivered to your child's classroom and our school office.

Non-perishable items can also be donated for Christmas hampers to be distributed to the needy. (Thank you for all your donations so far.)

Together, we are able to assist with the spirit of giving during the Christmas period.

Hopefully, the children of Sacred Heart will become people who have a strong sense of their 'luckiness', the responsibility they can have as global citizens and a passion for social justice.

A quote from the Bible states: 'It is more blessed to give than to receive.' The opportunities our children receive at school for social justice action, will no doubt embed this statement close to their hearts.

Take care Max Martin

From Our APRE

In alignment with the ethos of our school, the St Vincent De Paul vision statement asks us to support those in need by "respecting their dignity, sharing our hope." A fundamental expression of this commitment is through extending the hand of friendship.

The hand of friendship manifests itself in simple yet profound gestures. For instance, it is extended through a cup of coffee for a friend who has been up all night with sick children or through collaborative efforts in activities like helping an elderly neighbour take out the bin or by picking up their grocery order. The hand of friendship can provide someone who is struggling with a renewed perspective on their dignity. While the hand of friendship is by no means an instant fix, it plants seeds of hope.

As Blessed Mother Teresa said:

"We think sometimes that poverty is only being hungry, naked and homeless. The poverty of being unwanted, unloved and uncared for is the greatest poverty. We must start in our own homes to remedy this kind of poverty."

This year, through the work of our Mini Vinnies group, our school community has supported St Vincent de Paul, Missions Australia and Caritas through many fundraising events.

Thank you to our Sacred Heart families, who have assisted by participation in Shrove Tuesday pancakes, Project Compassion, Easter raffle, pizza day, continuous touch, Socktober, as well as the Winter and Christmas Appeals.

You have all made a difference to another's life.

Best wishes Melissa Collins

From Our APC

Assessment is an extremely important part of any learning and teaching process and with this in mind, on Tuesday 28th November, your child / children will receive their Semester Two report card, through the Parent Lounge portal.

Your child's report is a written record of their demonstrations of learning. It represents a summary of progress based on judgements made by their class teacher from formal testing, work samples, regular consultation and observation.

This written report provides just one means of communicating your child's faith, intellectual, social, emotional and physical development at school. It is important that we as parents/carers discuss our child's report card with them.

Reporting is an A-E standard for Years 1 to 6, with a three-point scale for effort and attitude marks across all Learning Areas.

The three-point scale is Commendable, Satisfactory and Needs Improvement.

Our Prep reports have the following 5-point scale:

- Becoming Aware (BA)
- Exploring (E)
- Working With (WW)
- Making Connections (MC)
- Applying (AP)

Technology marks are split into Digital and Design, and the Arts into Music, Dance, Drama, Visual Art and Media Art for the areas studied in a particular semester.

Report cards will be available to access via the Parent Lounge portal after 4pm on Tuesday 28th November.

Should you have a problem logging into this portal, contact Mrs Kirkman in our office.

I thank our teachers for their time, effort and professionalism in writing their children's reports. They will provide families with an overview of your child's progress.

Year 3 Stargazing Evening

As an exciting finish to their Night and Day Science unit, Year 3 students enjoyed a stargazing evening last Monday.

I really liked looking at the nebula because it was really interesting. Henry K

We did so many cool activities and I loved it. At the end, I was really tired. Levi S

I liked how we did the moon phases with Oreos. Sophie H

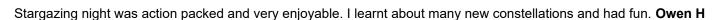
I liked making star constellations with marshmallows. Milla S

It was cool how we could see the constellations through the pin pricks and against the light. **Lucas S**

I liked viewing Jupiter through the telescope. Presley P

I enjoyed making the constellations with the mini marshmallows and then eating them. **James W**

What I liked about stargazing night was the activities, the food, and the company. I loved learning about how to use the telescope. It was so cool. I got to see Jupiter for the first time and it looked like a rainbow of colour. **Halle M**



Have a wonderful week Lisa List



Important Dates Term 3 and 4

November

Friday 17th - Prep and Year 1, Year 2 and 3 swimming carnivals at Cooee Bay pool

Tuesday 21st - Presentation Day celebrations

Tuesday 21st - Whole school assembly 8.40am with Year 6 presenting

Friday 24th - Colour run for St Vincent de Paul Christmas Appeal

Monday 27th - End of year thanksgiving mass commencing at 9.15am

Monday 27th - Year 6 dinner in our multi-purpose area from 5.30pm

Tuesday 28th - Christmas concert with all year levels presenting from 11.30am in our multi-purpose area

December

Friday 1st - Final day term 4. End of year assembly 8.40am.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. Link to Bulletin

Lantern Awards



Maddy Ohl Year 2 Being Just For showing honesty when handing in money that you found.

William Turner Year 6 Courage For displaying great courage and trying new things while on camp.

new things while on camp.

Oliver Poole Year 4 Being just

For consistently showing good sportsmanship at lunch times.

Beau Hoare Year 4 Being just For consistently showing good sportsmanship at lunch times.

Abby Coglan Year 5 Compassion
For always being inclusive of others at play times and displaying a caring attitude towards others.

Student Awards

Prep	Kaylene Massyn, Ivy Stumer, Parker Holloway, Skye Love, Leila Love, Ivy Callow, Summer Taylor, Franki Kelly, Lara Fry
Year 1	Quinn Pardon, Mai Whiting, Eva Watson, Scarlett Seamark, Lani Goody, Charlie Paynter, Noah Oates, Stella Small, Archie Aupouri, Daisy den Exter, Hudson Rafter, Emily O'Brien, Raiden Dawson, Matilda Flower, Matteo Medrano
Year 2	Silas Hall, Blake Kirby, Eden Prince, Chase Dawson, Carter Morris, Alana Pont, Oliver Kingston, Luciana Druery, Goldie Shammall, Leilani Du Plooy, Zoey Vann
Year 3	Taye Warner, Halle Moger, Loreta Edwards, Brock Solis, Peyton Mitchell, Asha Neilsen, Bella Thomas
Year 4	Flynn McKenna, Jack Rohl, Charlotte Grob, Logan Lowry, Beau Hoare, Ivy Fitzgerald, Boston McAllitster
Year 5	Billie Luxmoore, Mason Stark, Archie Thomas, Abigail Colgan, Josie Prince, Jai Ray, Lucy Thomas
Year 6	Adam Gillen, Olivia Blackwood

New Library Assistant



Welcome to our new library assistant, Mrs Kate Grob.

Mrs Grob will be working every Thursday and Friday with our library coordinator, Mrs Rachel Holloway.

End of Year Concert

This will be held on Tuesday 28th November commencing at 11.30am in our multi-purpose area.

The first performance will be from our Preps, finishing with our Year 6s.

Parents and carers are most welcome to attend. The concert will also be videoed and this will be available that evening on our school website.

Presentation Day Activities

The Presentation of Mary in the Temple (Presentation Day) is celebrated on 21st November each year. This day is special for the Presentation Sisters who founded our school over 100 years ago.

We will be celebrating it with the following events.

8:40am Whole school assembly 8.40am in our multi-purpose area.

9:10am Walk to Lammermoor Beach 10:20am Return from the beach

10:40am First break

11:30am Instrumental concert for our Preps to Year 3s 12:30pm Instrumental concert for our Year 4s to 6s

1:20pm Second Break

1:40pm Afternoon session in class

3pm School finishes

Families are most welcome to join us for assembly and our instrumental concerts in the multi-purpose area.

Sacred Heart Colour Run Event

Next Friday 24th November, we will be having a Colour Run on our oval as a fundraiser for the St Vincent de Paul Christmas Appeal.

All year levels will be taking part, commencing after the second break.

A timetable when year levels will be running is as follows:

Prep and Year 6 1.25pm

Year 1 and Year 5 1.40pm

Year 2 and 3 1.55pm

Year 4 2.10pm

All classes 2.25pm

Finish 2.40pm



Children are asked to wear a white or light coloured shirt and casual shorts to school that day. A towel to dry themselves after their run would be handy.

A gold coin donation is also encouraged and this can be brought to school that day.

The colour run powder paint is non-toxic, non-flammable, skin safe, environmentally friendly and biodegradable.

The Safety Data Sheets for the coloured powders are available for perusal.

This event is being organised by our Parent Connect group and we are looking forward to it.

Parents Connect Uniform Pop-up Shop

Our Parents Connect group will be holding a Sacred Heart school uniform pop-up shop on Thursday 30th November in our music room from 8am - 8:40am for any families looking to buy good condition second hand school uniforms.

There will be a variety of sizes available of shirts, shorts and tracksuit pants. Further donations can be brought to the office prior to the day.

Cash only please. All money collected will be used to fund our Breakfast Club.

End of Year Thanksgiving Mass

This special celebration will be held on Monday 27th November commencing at 9.15am at Sacred Heart Church. Father Matthew Moloney will be with us.

All our children from Prep to Year 6 will be attending, walking to and from the church.

At mass, we will be celebrating and offering thanks as a whole school family for the 2023 school year and our Year 6s.

When we leave the church, our Prep to Year 5 children will make a guard of honour for our Year 6s as they enter our school grounds.

Sacred Heart Swimming Carnivals: Prep and Year 1, Year 2 and 3

Our Prep/Year 1 and Year 2/3 swimming carnivals will take place tomorrow Friday 17th November at the Cooee Bay Aquatic Centre.

All children will come to school as normal. Classes will be bussed to the pool with their class teacher.

Year 2 and 3 children wear their normal school uniform to school. They will change into their swimmers and swim shirt at school before their carnival.

Children may bring thongs or sandals to wear at the pool.

Our Preps and Year 1 need to wear their togs/ swimmers to school and change into their school clothes after their carnival.

Ensure your child has their hat and water bottle. Our children will not be accessing the canteen at the pool.

At the conclusion of each of our carnivals, all our Prep to Year 3 children will be returning to school by bus.

An approximate timetable for the day is as follows:

9am	Prep and Year 1 students depart Sacred Heart by bus
9.20am	Year 1 Freestyle (20m)
9.35am	Prep Freestyle (20m)
9:55pm	Year 1 Backstroke (20m)
10.10am	Prep Backstroke (20m)
10.30am	Preps and Year 1s depart Cooee Bay pool by bus

11.25am	Year 2 and 3 students depart Sacred Heart by bus
11.40am	Year 2 Freestyle (25m)
12pm	Year 3 Freestyle (25m)
12.20pm	Year 2 Backstroke (25m)
12.40pm	Year 3 Backstroke (25m)
1pm	Year 2 Breaststroke (25m)
1.20pm	Year 3 Breaststroke (25m)
1.40pm	Year 2 and 3 students depart Cooee Bay pool by bus

Visit to Year 3 from Deacon Peter Doherty

Year 3 welcomed Deacon Peter Doherty to Sacred Heart last Friday.

He was invited to support their learning about the Church, the Rockhampton Diocese and Bishop Michael's role.

Deacon Peter had a captive audience as he shared his journey of preparation for priesthood. He very cleverly related his years of study in the seminary to the learning journey of primary school.





Year 6 Camp Highlights

Bounce was amazing. I have never seen so many trampolines in one place. The ninja course was difficult and challenging. **Preston**

Parliament House's library was really interesting. It had records dating back to 1900 that all appeared to be in good condition. The painting of Queen Victoria was fascinating as were the ceiling decorations. **Evie L**

Movie World as we got to see how loud our teachers could scream while on the Superman and Green Lantern rides. **Olivia**

I really enjoyed our sleeping arrangements. The cabins we slept in were good. I had all my friends in mine which made it enjoyable. **Lochlan**

Laser Tag was really enjoyable. We were put into teams and had to chase each other around in a darkened room. You powered down when you were hit. **Marni**

At Movie World, we watched a 4D Scooby Doo movie. Our seats moved a lot and air blew on your neck and legs, giving you shivers. It was very entertaining. **Alana**

The Science Centre was cool. It had lots of scientific hands-on experiments and tricks. A real scientist even did some experiments on vacuums. **Connor**

The karaoke was what I enjoyed the most. It was not planned and just happened while we were waiting. Everyone was singing at the top of their lungs. Our rendition of 'Let It Go' was superb. **Mackenzie**

Swimming at South Bank was like being at the ocean. There was sand on the bottom of the pool. We played many games including bullrush. **Josie**

The DC Rivals Hypercoaster was so much fun yet very scary, at Movie World. It was great to be able to walk around with your friends, go on rides and visit the shops. **Ruby F**

The food we had at our accommodation was yum. There was plenty to have and you could go back for seconds. I loved the hot breakfast each morning. **Thomas**









Cricket Blast - 2024 After School Cricket Program at Sacred Heart Yeppoon

Registrations are now open to participate in an 8 week Cricket program commencing 7th February 2024 until 27th March 2024, 3:15pm to 4pm each Wednesday.

There is a cost of \$99 per participant and includes a Cricket Blast pack.

To register, scan the QR code below or complete the online registration here



2024 Instrumental Music Program - Sacred heart Yeppoon

Registrations are now open for the 2024 Instrumental Program. An email has been sent to all families providing further details of the cost and lessons provided in this program.

If you wish for your child to be involved in our instrumental program, complete the google form provided in the email or link below by Wednesday 22nd November 2023.

2024 Instrumental google form

If you have any questions regarding this program or would like any further information please contact the school office shy@rok.catholic.edu.au or 4994 8215

Year 3 Stargazing



















Position Vacant - Outside School Hours Care Assistant



Applications are now invited for a term-time educator to join our Outside Schools Hours Care (OSHC) team as an assistant.

This is a term-time position for 22hpw (between 2pm - 6pm), commencing from late January 2024 or as negotiated with the successful applicant.

Duties will include supervision of and interaction with children, planning and programming, assisting the coordinator with administration tasks, preparation of afternoon teas and general cleaning.

For further information about the role, view the Position Description.

Apply here today. Applications close Friday 24th November 2023.

Community News





MEMORIAL MASS

5:30pm, Fri 24th Nov, Sacred Heart Church

Anyone who has recently experienced the death of a family member or friend, is invited to our annual Memorial Mass.

All parishioners are most welcome to attend this Mass.

Light refreshments will follow.

For catering purposes, please phone:

Margaret on 0418 182 718 or Karen on 0417 604 263.