



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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NEWSLETTER

28th March 2024

From the Principal's Desk

Our Job to Teach

Many years ago, I gave a close friend a small plaque for her garden. It boldly read 'Warning Feral Children'. Our children had the potential to be unwashed tree dwellers living on sugar, if we didn't rein them into line. At the time, we reflected on the responsibilities of parenthood, what would happen if we didn't 'train our kids' to behave in a certain way.

A child reaching forward to shake the hand of an adult when first introduced.

The saying of please and thank you.

The teaching of self-discipline, of not grabbing the biggest piece of cake, first, off a plate at a party, the learning of healthy relationships and how to reconcile with others, eating your vegetables.

So many 'little things' are required, to be learnt, for a 'wild' child to learn the graces and courtesies of adult life.

In addition, as parents and carers, there are a whole lot of health 'life lessons' we pass on to our children, from the cleaning of teeth correctly, to the good diet and exercise mantras. It's not an easy job, shaping and forming children into young adults.

The title of this reflection, 'Our Job to Teach' is meant to have a broad understanding of 'Our'. We have a duty as a school to teach but we aren't anywhere as effective, if we don't have the wise foundations and support of our parent body. The job to teach is a school job **and** a parent job.

As a Catholic school, our perception of teaching includes a strong belief in developing the spiritual dimension of a young person. Learning to pray, appreciating the Good News, leading a moral life with social justice actions and, most importantly, developing a personal relationship with Jesus Christ, are core to our vision as school.

As parents and carers, I know you want well rounded, happy children who reach their full potential. To a Catholic school, full potential covers physical, social, academic, mental and spiritual aspects of a child. We do not leave the religious side of a young person to chance.

We often hear of parents who say 'I will let my child decide for themselves, what they want to do, as far as religion goes' or 'I send my child to a Catholic school so they can do the God-bit'. The flaw in these views is that it leaves spiritual development to chance or in the hands of others. You would never leave the teaching of teeth cleaning, good manners or the eating of vegetables to be taught only at school. It is 'our' job, school and home to create that well-rounded adult and research shows, over and over again, that 'families have the most direct and lasting impact on children's learning.'

Easter is the most important event in our Christian calendar. I hope you use the break to not only relax, perhaps shop or fish and eat chocolate eggs. I also hope you take the time on Easter Sunday to attend a commemoration of the greatest event in human history, the rising of Jesus from the dead.



Over the past week, our school has commemorated the last week of Jesus' life with classes reenacting important events: Palm Sunday (2H), Washing of the Disciples' Feet and the

Last Supper (3S), the Trial and Crucifixion of Jesus (4H) and his Resurrection (4W).

These were meaningfully and reverently presented. It was very pleasing to see so many of our families in attendance as well. Thank you.

Remember our Sacred Heart Church has liturgy for Good Friday at 3pm and masses on Easter Saturday 6pm and Easter Sunday 9am.

Have a wonderful break, everyone. Thank you for your support of and commitment to our school.

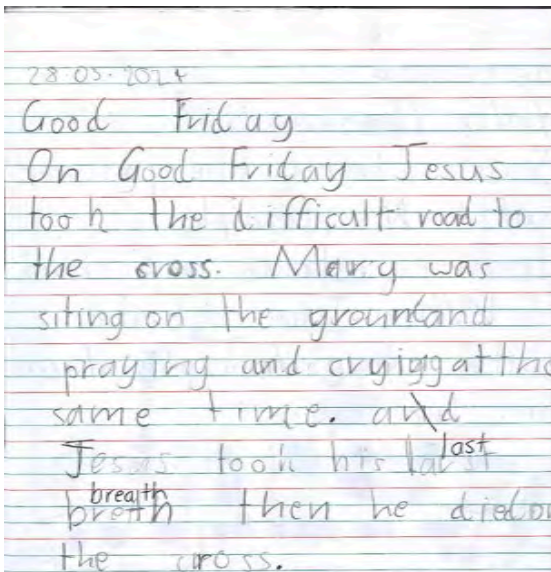
For those travelling, be safe and I look forward to seeing everyone on Monday 15th April to commence Term 2.

Take care

Max Martin

From Our APRE

Holy week is a special time to come together and reflect on the incredible life of Jesus.



It begins with Palm Sunday, where we remember Jesus entering Jerusalem. We then recall the Last Supper, Jesus' crucifixion and rejoice in His resurrection on Easter Sunday. These events are at the core of our Catholic faith.

During Holy Week, we have the chance to become closer to Jesus and witness His love for us in every moment leading up to His ultimate sacrifice and triumph over death. It's a time to reflect on the gift of new life that He offers to us.

The events of Holy Week have been prominent at Sacred Heart over the past seven days.

Thank you to the classes who led our prayer assemblies during this special time: Year 2H - Palm Sunday, Year 3S - Holy Thursday, Year 4H - Good Friday and Year 4W - Resurrection.

May you all be blessed with a holy and happy Easter. Enjoy your time with family and friends and may this Sunday bring peace and happiness to all around you.





Happy Easter to all.

Melissa Collins

From Our APC

As we come to the end of a busy first term of school, it is important to acknowledge the accomplishments of all in our school community.

With so many curriculum expectations for students and teachers in the first term of the school year, resilience has shone through in our classrooms.

Research tells us that children with greater resilience are better able to manage stress, which is a common response to difficult events.

Dr Ginsburg, a child paediatrician and human development expert, proposes that seven integral and interrelated components make up being resilient. The seven Cs are competence, confidence, connection, character, contribution, coping and control.



The link attached will take you to a wonderful animated clip to watch with your child. It is ideal for students in our middle to upper year levels, looking at why resilience is important and ways in which to cope with difficult situations.

<https://youtu.be/zeu9X88g8DE>

Have a wonderful Easter with your family. I look forward to Term 2 and many more learning adventures.

Have a wonderful week

Mrs Lisa List

Important Dates Term Two

March

Friday 29th Good Friday

April

Monday 15th First day Term 2
 Monday 15th Year 4 to 6 cross country trials held at school
 Wednesday 17th KCD cross country trials at Taranganba SS
 Friday 19th Whole school assembly 8:40am
 Monday 22nd ANZAC Day school assembly 8:40am
 Monday 22nd Parent Teacher interviews commence
 Monday 22nd Parent Connect meeting 3.30pm at school
 Thursday 25th ANZAC Day public holiday

May

Monday 6th Public holiday

Thursday 9th	Rockhampton district cross country
Friday 10th	Mother's Day assembly 8.40am with 2D presenting
Sunday 12th	Mother's Day
Monday 13th	Life Education van at Sacred Heart
Monday 13th	Prep to Year 3 cross country carnival on our oval
Tuesday 14th	Mini Vinnies pizza day
Wednesday 15th	200 and 800 metre races at St Benedict's school
Friday 17th	Year 5 and 6 interschool sports day (Rugby league, netball, flag footy)
Friday 17th	Parent Connect family movie night
Monday 20th	Year 4 camp to the Capricorn Caves commence
Thursday 23rd	Interschool chess competition in Rockhampton.
Friday 24th	Prep excursion to Cooberrie Park
Monday 27th	Year 4 to 6 athletics carnival held on our oval
Friday 31st	Year 5 and 6 interschool sports day (Rugby league, netball and flag footy)

June

Monday 3rd	Footsteps dance lessons commence at school
Friday 7th	Footsteps dance concert
Wednesday 12th	KCD athletics carnival at Farnborough SS
Thursday 13th	Sacred Heart Day celebrations
Friday 14th	Yeppoon show holiday
Friday 21st	Final day of Term 2

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

[Easter Mass Times 2024.](#)



Student Awards

Congratulations to the following children.

Prep	Riley Flanagan, Poppy Renshaw, Tommy Hughes, Poppie Lowrie, Kai Goody, Ella Howard
Year 1	Skye Love, Louin Rayner, Frankie Mouglin, Clara Ohl, James Kirby, Lotte Perera, Olivia Forbes, Logan Trevor, Miesha Singleton-Bray, Parker Holloway
Year 2	Charlie Paynter, Kiara Phillips, Hartley Lambropoulos, Archie Aupouri, Jessie Bernard, Annabelle Kleinhans, Leilani Goody
Year 3	Parker Prayle, Wynter McAllister, Luciana Druery, Finnley McElholum
Year 4	Olivia Broom, Maci Busch, Zaliah Bender, Hunter Sutton, Emily Boon, Evelyn Donald, Harper Hiron, Molly Shepherd
Year 5	Taj Rich, Denzel Wolff, Ivy Carswell, Hayden Pont, Isla Goltz, Ray Delaivuna, Jordyn Parfitt, Millie Roper, Jersey Wyatte, Sophie McElhenny, Bailey Frethey
Year 6	Saige Nielsen, Mason Stark, Jake Nix, Charles Campbell, Lucy Thomas

Project Compassion Boxes

Thank you for your support of Caritas Australia.

The number of Project Compassion boxes returned has been overwhelming.

This Catholic organisation works hand in hand with the most marginalised communities in Australia and overseas to confront the challenges of poverty



Parent / Teacher Term 2 Interviews - Important Message

An important part of our assessment process at Sacred Heart is a parent-teacher interview.

Our first parent teacher interviews will be held during weeks two and three of Term Two. (Monday 22nd April – Friday 3rd May).

Having interviews in early Term Two offers parents/carers and teachers an opportunity to discuss their children's progress at school before report cards are sent home in the final week of Term Two.

It is important that all our families arrange a time for a formal interview with their child/children's teacher/s.

Bookings for these interviews are open and close on Wednesday 17th April at 10am.

Access for bookings is available during those dates via [Parent Lounge](#) or the Parent Orbit app.

Available interview times will be particular for each classroom teacher.

In shared teaching arrangements, bookings can be made under the teacher on staff the larger number of days.

New parents will be sent an access username and password and continuing parents will have the same one as last year.

If you have forgotten either of these, contact Mrs Fleur Kirkman at our school office: 4994 8215.

Available times for individual teachers will appear when you log in to the booking site. Only one time slot is to be selected per child.

If you have any questions regarding these interviews, contact our school office. Thank you.

Mini Vinnies Easter Raffle



Thank you to all who supported the Easter raffle to help raise money for Caritas Australia. Approximately \$605.50 was raised.

Our Easter raffle winners are George M, Aurora, Jack, Kelsey, Ben, Matilda and Claire.

Finance - School Fees

Thank you to those families who have paid their Term 1 fees.

These fees are now overdue.

If you are unable to make full payment, email Mrs Stacey Todman at shy_finance@rok.catholic.edu.au to initiate a payment plan agreement. Thank you.

Sacred Heart Cross Country Carnival

Our school Year 4 to 6 cross country races will be held Monday 15th April on our oval.

Following are the updated times for events:

11.30am – Boys and girls 12 years (3 kms)

11.55am – Boys and girls 11 years (3 kms)

12.20pm – Boys and girls 10 years (2 kms)

12.55pm - Boys and girls 9 years/Year 4 only (1km)

The boys will head off firstly in the timed races, followed by the girls.

Parents and carers are most welcome to attend this carnival.

Place ribbons will be presented for each age group

S.H.E.P.

S.H.E.P. (State Honours Ensemble Program) is targeted at music students and provides an opportunity to extend and encourage their pursuit of musical excellence.

Last weekend, the following Sacred Heart students were selected to attend and perform at this event: Alex Todd, Noah Todd, Josie Prince, Lucy Thomas, Sarah Van Eyke, Ruby Deasy, Amelia Deasy, Keira Cooper, Aria Mahoney, Billie Kirkwood, Maya Read, Tiarna Vann and Sophie McElhenny.

Well done.



Livingstone Abilities Unleashed Kids

The Abilities Unleashed program is designed for students aged 5 – 17 years living with physical, sensory, or intellectual disabilities. The program provides the opportunity for participants to experience a range of adaptive sport and recreation activities in a fun and inclusive environment.

Livingstone Shire Council will be running the program on Tuesday 9th April. More information can be found [here](#).

Abilities Unleashed events are free for students to attend, and we recommend registering early as places are limited for each day and traditionally sell out.

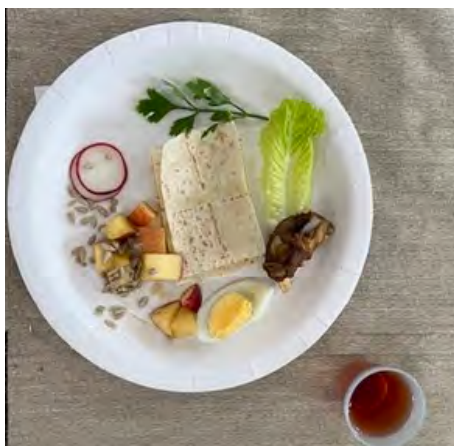
To register, visit: www.activateinclusion.com.au

The Passover Meal - Year 3

As part of their Term One Religion unit, our Year 3s engaged in the study of the Passover with a dress-up day and sharing a 'Passover Meal' together.

It was a wonderful opportunity for our children to experience first hand this ancient Jewish tradition.

Thank you to Mrs Acharya, Mrs Mitchell and Mrs Shammall for their organisation of this learning experience.



Yarning with Mrs Semple



Mr Pacey and Mrs Semple have been visiting our Year 4, 5 and 6s this term to provide knowledge and an interactive experience around bush tucker and Aboriginal culture.

My Dilly Bag is owned by Dale Chapman who is an Indigenous woman born in Dirranbandi in southwest Queensland on Yuwaaliyaay and Kaoma tribal lands. She has lived and worked on Gubbi Gubbi land, known as the Sunshine Coast, since 1976. Dale's totem, the emu, is passed on to her through her father's family and the possum through her mother's family.

Aunty Dale presents information on the plants, where they grow, how they can be used in cooking, everyday

use and medicinal properties. She also shares information about her Aboriginal culture.

Students were able to taste Davidson plum conserve on bread, rainforest plum syrup, as a cool refreshing beverage and wild lime and coconut shortbread.

They also learned about bunya nuts, and smelt a variety of native plants used in traditional and contemporary cooking.



Easter Activities





Easter

ON THE CAPRICORN COAST

2024

<p>Bookings Open! Check your calendars and save the date - bookings for activities and events that require registration open on Friday, 22 March!</p> <p>FRIDAY 22</p>	<p>Easter Saturday <i>Tides & Tunes</i> - Yeppoon Foreshore</p> <p>SATURDAY 30</p>	<p>Easter SUNDAY <i>Tides & Tunes</i> - Yeppoon Foreshore</p> <p>SUNDAY 31</p>	<p>Easter Monday </p> <p>MONDAY 01</p>	<p>Canoeing at Byfield - Waterpark Creek </p> <p>TUESDAY 02</p>	<p>Virtual Reef Adventure - Yeppoon </p> <p>WEDNESDAY 03</p>
<p>UV Paint & Sip Workshop - Yeppoon </p> <p>THURSDAY 04</p>	<p>Nhinda Festival - Emu Park Find Your Rhythm Music - Yeppoon</p> <p>FRIDAY 05</p>	<p>Find Your Rhythm Music - TBC Movie at the Park - Thwaite Park, Zilzie <i>Tides & Tunes</i> - Yeppoon Foreshore</p> <p>SATURDAY 06</p>	<p>Find Your Rhythm Music - TBC <i>Tides & Tunes</i> - Yeppoon Foreshore</p> <p>SUNDAY 07</p>	<p>Junior Musical - Madagascar! Rehearsal commences </p> <p>MONDAY 08</p>	<p>Youth Week Training Opportunity (White Card Course) - Yeppoon Abilities Unleashed - Cooee Bay</p> <p>TUESDAY 09</p>
<p>#lovelivingstone Enjoy a day chilling out and having fun splashing about at the Yeppoon Lagoon! </p> <p>WEDNESDAY 10</p>	<p>Youth Week Training Opportunity (Conduct First Aid Course) - Yeppoon Musical Wilderness - Yeppoon Decorate a Cupcake Easter edition - Yeppoon</p> <p>THURSDAY 11</p>	<p>Youth Week Training Opportunity (Responsible Service of Alcohol Course) - Yeppoon Musical Wilderness - Yeppoon <i>Tides & Tunes</i> - Yeppoon Foreshore</p> <p>FRIDAY 12</p>	<p>Resilient Rural Living Day - Cawarral Cricket Grounds Musical Wilderness - Yeppoon Madagascar Musical Live Shows - Yeppoon <i>Tides & Tunes</i> - Yeppoon Foreshore</p> <p>SATURDAY 13</p>	<p>Permaculture Farm Tour - Lammermoor </p> <p>SUNDAY 14</p>	<p>BACK TO SCHOOL TOMORROW! </p> <p>MONDAY 15</p>



The first ever 'Love Livingstone Street Flag Contest' inviting artists of all ages and abilities to share their vision of the Shire opens on 25 March!
Various artistic mediums are accepted, including photography, digital art, painting and illustration, collage and printmaking. Submissions are due by 5pm Friday, 19 April 2024. Have your say in selecting the winning designs by voting for your favourites from 22 April to 3 May! Six winning designs will grace 30 street flags and the winners will be awarded a cash prize!
See full submission details and apply at getinvolved.livingstone.qld.gov.au