



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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NEWSLETTER

1st February 2024

From the Principal's Desk

'Good morning, teachers, parents and my fellow Year 5 and 6 students

I stand before you as a candidate for your 2024 school and Jordan house captain.

I have been at Sacred Heart for six years now and I can certainly say I love my school. It is a great place and if you select me to a leadership role, we can make it a better school.....'

This week, our Year 6s were involved in presenting their speeches for school and house captains for the 2024 school year. As we watched approximately 65 speeches, I thought about just how mature these young people are and how they have 'grown up' so much over the holiday break.

These 6s were in Prep when I arrived at Sacred Heart.

Their speeches displayed honesty, a sensibility, great preparation, a sense of humour and confidence, in speaking not only to one hundred and sixty of their peers but also many parents and immediate family. A daunting experience.

Our ultimate aim at Sacred Heart, Yeppoon is to nurture children who are well rounded socially, academically, physically, emotionally and very importantly spiritually. Watching our Year 6s over the two days made me proud to think that we are doing this in some way.

All who spoke came across as being very passionate about being an elected leader and obviously much thought had gone into thinking of ways they could continue to make Sacred Heart a vital learning and family community. They were following their hearts and sharing their 'big ideas'.

Over the holidays, an article speaking of just this, appeared on a news feed. It was an interview with tennis greats, Andre Agassi, 53, and Steffi Graf, 54 who I feel displayed good parenting skills. (Hopefully, some of you may have heard of them.)

They were asked if their children have taken to tennis and the answer was an emphatic no, despite their kids' extraordinary tennis bloodlines.

Asked directly whether she has ever wanted her kids to play, Graf was unequivocal. "No, not tennis ... We both believe strongly that in order for it to become your passion, you've got to find it. So we're more a guide to support them in what they find, and get them to figure out themselves and push where they want to go to. I think the way we grew up, we were really sensitive for them to learn it on their terms."

For his part, Agassi famously had a love-hate relationship with tennis after being pushed mercilessly by his father. He now says these mixed emotions were a key reason he never encouraged his children, Jaden or Jaz, to take up the sport and instead encouraged them to follow their own dreams.

"As a parent, knowing so intimately what the journey is going to look like is probably not the most ideal way to share in it with them," he says. "So that was probably the leading factor. And secondly, you know, you kind of followed their hearts and dreams, and nurtured them to make sure that their lives reflect things that they choose. So Jaz and Jade, watching them choose, and work and grow, that's kind of as simple as it gets."

Jaden Agassi is making large strides in baseball. Jaz has been a competitive hip-hop dancer.

So we wish all our Year 6s the very best for their final year of primary schooling and with foresight, thank them for their ideas, their commitment and their will to make their final year a special one.

Take care

Max Martin, Principal

From Our APRE

During our opening school liturgy tomorrow, we will learn about the wonderful qualities of Jesus. We are reminded to be kind and selfless. Jesus always thought about others before himself. He welcomed everyone with open arms and never turned away those who needed help. His compassion, kindness, and understanding serve as an example for all of us.

As followers of Jesus, we are encouraged to follow in His footsteps. We can think of ways to assist and support others. By understanding how it feels to receive help, we can share that same kindness with those around us. Our hands, feet, eyes, and ears can be used to show love and care to those in need.

Do you remember the story of Jesus washing His disciples' feet at the Last Supper? After this humble act, He told them, "Now go and do the same." Jesus gives us the same message. He wants us to be servants, always ready to help and care for others when they need it. This is what it means to be a true Christian.

At Sacred Heart, we embrace this message in various ways. Just this Wednesday, over 40 children from Year 3 and above participated in the first day of Mini Vinnies. They willingly gave up their playtime and the chance to eat with their classmates. Their actions clearly show a caring attitude.

May we as a school community be encouraged by these children and lead by example of what it truly means to be Christian.

Have a great weekend

Melissa Collins

From Our APC

This week, teachers participated in a Mathematics Professional Development afternoon, unpacking the resources available in our new Mathematics program; Maths Trek.

Maths Trek offers our teachers comprehensive lesson guides to support the teaching of concepts and higher order thinking skills, has engaging resources with interactive tools, scaffolded activities to support all students, and embedded problem-solving and critical thinking activities that are engaging.

This resource follows the gradual release model, where learning activities are modelled by the teacher, after which students and the teacher work in collaboration on activities, finishing the lesson with students working independently by applying what they have learned.

Maths Trek also offers in-depth investigations, providing valuable opportunities to immerse students in extended mathematical problems.

From devising a cafe menu to planning a round-the-world trip, students are required to apply their mathematical knowledge and critical thinking to relevant, real-world problems.

Safer Internet Day

Tuesday marked 'Safer Internet Day 2024' with a call to **Connect. Reflect. Protect.**

Safer Internet Day is a global initiative to raise awareness of online safety issues.

The eSafety Commissioner leads the initiative in Australia. Educating people about online safety risks, like online abuse, how to be safe online and where to go for help.

You can stay safe by doing the following:

Why it's important to **Connect. Reflect. Protect.** this Safer Internet Day



Almost half

of children aged 8-17 were treated in a **hurtful or nasty way online**¹

Of these children

55%

said they had **felt sadness**, 43% had **felt anger**, and 17% said their **mental health** had been affected¹

62%

of children were **exposed to potentially harmful online content** (graphic violence, hate messages and ways to self-harm)¹

75%

of teens aged 16-18 had **encountered online porn**, with 13 being the average age of their first encounter²

68%

of Aboriginal and Torres Strait Islander children have been treated in a **hurtful or nasty way online**³

29%

of Aboriginal and Torres Strait Islander children **experienced online hate speech** – almost triple the national average³

75%

of adults had at least one **negative online experience**⁴

1 in 6

adults had **done something negative** online to others⁴

Fewer than

1 in 3

adults knew what to do when personal information or images were **shared without consent**⁵

- Connect safely by keeping apps and devices secure and reviewing your privacy settings regularly.
- Reflect on how your actions online may affect others or your safety.
- Protect yourself and others by visiting [eSafety.gov.au](https://www.esafety.gov.au) to find out how to stay safe online and report online abuse.

By doing these things and sharing the Connect. Reflect. Protect message, we can work towards making every day a Safer Internet Day.

Have a wonderful week

Mrs Lisa List

Important Dates Term One

February

Friday 2nd	Opening school liturgy at Sacred Heart Church commencing at 9.15am
Friday 2nd	School and house captains announced at this liturgy
Monday 5th	AGM and first general meeting of Parent Connect 6pm at school
Friday 9th	First whole school assembly at 8.40am.
Monday 12th	Bishop Michael McCarthy and our Director, Leesa Jeffcoat visiting Sacred Heart School
Tuesday 13th	Shrove Tuesday (Pancake Tuesday). Breakfast at school from 7.45am.
Wednesday 14th	Ash Wednesday - First day of Lent
Friday 16th	Pupil free day
Friday 23rd	Whole school assembly at 8.40am

March

Friday 1st	Parent Connect trivia evening at school from 6pm
Thursday 7th	St Ursula's College and St Brendan's College Discovery days for Year 6s
Friday 8th	Year 4 to 6 swimming carnival
Wednesday 13th	NAPLAN for Years 3 and 5 commences
Friday 22nd	Whole school assembly at 8.40am
Monday 25th	Cross country carnival for Years 4 to 6 at school
Thursday 28th	Holy Thursday and last day of term
Friday 29th	Good Friday

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

A Blessing to begin the 2024 School Year

for all our

Local School Communities

As we begin 2024, our Parish community prays
with and for all our school communities.

Sunday 11th February, Mass 9am.

Sacred Heart Church, Yeppoon.

ALPHA SESSIONS

LENT/EASTER

Would you like to do something for Lent?

During Lent and Easter you are invited to join a group to reflect upon scripture and our journey of faith.

Sessions will be held at both

Mary Immaculate and Sacred Heart Churches.

Information weekend: 10/11 February,

Time & Place of gathering to suit individual groups.

Participants will be invited after Mass next weekend to gather and organize times and sessions. If you would like to organize a group yourselves, you are most welcome.

Members of the Parish Leadership Group will lead these sessions.

Got Questions About Life

Alpha is a series of interactive sessions that explore the basics of the Christian faith. ALL are welcome, no experience necessary, just an openness to learn and journey in faith.



Student Awards

Congratulations to the following children.

Prep	Lola Wright, Hunter Songoro, Carter Edwards, Audrey Muller, Oliver Jones, Isla Jessop, Carter Watson, Charlie Lack
Year 1	Grayson Edwards, Chris Palmer, Ayla Hamrey, Lara Fry, Astrid Robinson, Sophie Winter, Summer Taylor, Christopher Palmer, Natalie Gill, Nash Solis, Ollie Small, Henry Poole, Olivia Forbes, Scarlett Anderson, Ryan Scoleri, James Kirby
Year 2	Torah Pearce, Hannah Flanders, Banjo Odewahn, Charlie Gay, Emily O'Brien, Jett Spears
Year 3	Finn McIvor, Lewis Cauchi, Zeb Bowman, Libby Tattam, Goldie Shammall, Fletcher Thompson, Summer Anderson, Florence McElholum, George Tselepis, Corbyn Pearson, Grady Hayles
Year 4	Kayden Griffin, Skylar Rapmund, Noah Hartley, Sophie Howard
Year 5	Oliver Poole, Michael Bartlett, Ella Van Zanden-Gillen, Austen Carige
Year 6	Hudson Graham, Emma Scanlan, Cooper Griffin, Alex Todd, Ivy Ballard, Romey Wyatte, Jai Ray

Lantern Awards

Connor Dixon Year 5 Compassion - For being very friendly towards new students. Your kindness made them feel extremely welcome at Sacred Heart. Thank you.

Dylan Barnes Year 6 Courage - For the confidence you displayed this week during Year 6 leadership speeches.

Max Way Year 6 Being Just - For the wonderful manner in which you have shown leadership in assisting with returning sport equipment each lunchtime this week. Your thoughtfulness has been appreciated.

Harvey Bergman Year 1 Compassion - For the friendly and welcoming manner that you showed to new students at our school. You made your new class members feel welcome and supported. Thank you.

Khan Wilson Year 4 Compassion - For being welcoming of others and always showing a caring attitude towards your peers.



2024 School and House Captains

Congratulations and welldone to the following Year 6s on being elected to a captaincy role.

Semester 1

School Captains Billie Kirkwood and Cooper Griffin
Vice Captains Kirby Kenny and Will White

Semester 2

School Captains Charlie Busch and Alex Todd
Vice Captains Isla Kleinhans and Mason Stark

House Captains

Tabor Oscar Gleeson and Amira Mitchell
Cana Felix Shammall and Chelsea Bunt
Jordan Romey Wyatt and Annabel Sykes
Galilee Harley Neagle and Isla Kirby

Welcome New Staff

We welcome Mrs Amanda Ruscoe onto our staff. Amanda is teaching Year 1G each Friday.

Year Level Family Information Letters

This week, families received an email from your child's / children's teacher/s which will provide an outline of what each year level is learning this term, class routines and expectations.

This letter will provide you with a plethora of information and if you have any queries do not hesitate to contact your child's teacher.

Thank you.

Opening School Liturgy

Tomorrow Friday 2nd February, we will be celebrating our opening school liturgy with Father Matthew at Sacred Heart Church, commencing at 9:15am.

Children from Year 6B will be leading us. Families are most welcome to attend.

Due to the hot weather conditions, our classes will be travelling to and from the church by bus; Keppel Coaches for this special occasion.

Our elected Year 6 school and house captains will be announced and inducted straight after the liturgy.

Parent Connect AGM and General Meeting

Our Parent Connect AGM and first general meeting will be held this Monday 5th February 2024, 6pm at school.

Everyone is most welcome to attend and contribute.

This group is extremely active in our school community and one of their roles is to organise whole school community events.

Instrumental Music

Instrumental teachers will contact families prior to your child's lessons with dates, times and a list of what they will need.

Lessons will be on the following days, unless otherwise notified:

Mrs Ursula Boyd - Singing (Monday/Tuesday)
Mrs Jane Bacon - Guitar (Wednesday/Friday)
Mrs Judy Carling - Drums/percussion (Thursday)
Miss Audrey Collins - Piano (Thursday)
Mrs Kate Ellis - Singing (Friday)

Guitar lessons started this week and all other instrumental lessons next week.

If you wish for your child to be involved in our instrumental program, complete the Google form provided in the link below.

[2024 Instrumental Google form](#)

If you have any questions regarding this program, contact our school office shy@rok.catholic.edu.au or 4994 8215.

Pupil Free Day

Friday 16th February, all Catholic schools across the Rockhampton Diocese will be having a pupil free day.

Sacred Heart teachers and staff are involved in professional development sessions.

There will be no school for our children that day.

Our school office will also be closed.



Daniel Morcombe Child Safety Curriculum

The Daniel Morcombe Child Safety Curriculum will be taught in all classes in Term 1. The link to the website is (<http://www.danielmorcombe.com.au/dm-child-safety-curriculum.html>)

The Curriculum is based around three key messages: **Recognise, React** and **Report**.

The **Recognise** message encourages students to be aware of their surroundings and to recognise warning clues.

The **React** message helps students to consider choices that may keep them safe or help make them safe again as quickly as possible.

The **Report** message encourages students to report unsafe incidents to an adult.

Teachers use a variety of materials, including interactive whiteboard activities, worksheets and safety books, to deliver the **Recognise, React** and **Report** messages. Developmentally appropriate scenarios are also used to explore and discuss safety situations that children may encounter in the home, at school or in their environment.

Students are encouraged to share the resources they complete in class with their families to help keep parents/carers informed about the content being discussed and to promote discussion about safety at home.

Volunteer Induction

A volunteer induction will be held in our staffroom this Monday 5th February from 8:45am and Wednesday 7th February from 3:10pm for any parents, grandparents or carers who are wanting to assist at Sacred Heart this year.

The induction needs to be completed each year, even if you attended a session previously.

This training is a mandatory requirement before any volunteers are permitted to assist. This includes helpers in the tuckshop, which will begin next week.

Thank you for your anticipated support.

Dogs At School

Due to safety and health regulations, dogs are not allowed to be on our grounds during school hours.

If you wish to bring a pet to school for a child's Show and Share in class, I ask that you consult your child's teacher before doing so.

Position Vacant - St Brendan's College Yeppoon

St Brendan's College is seeking a dedicated and enthusiastic individual to join their team in the position of **Executive Support Finance Officer**.

The Executive Support Finance Officer will be crucial in providing support for various high level financial and strategic executive administration tasks, with a focus on payroll processing, financial accounting, project management and organisational support for the business manager and College accountant.

To apply, go to our website [Employment Opportunities | St Brendan's College \(stbrendans.qld.edu.au\)](https://www.stbrendans.qld.edu.au/employment-opportunities) or for more information contact HR, Anne Campbell on 49399304 or email humanresources@sbc.qld.edu.au



Cricket Blast - 2024 After School Cricket Program at Sacred Heart Yeppoon

Registrations are open to participate in an 8 week Cricket program commencing 7th February 2024 until 27th March 2024, 3:15pm to 4pm each Wednesday.

There is a cost of \$99 per participant and includes a Cricket Blast pack.

To register, scan the QR code below or [complete the online registration here](#)



Out of School News

BMX COME & TRY DAY!
Sunday 11th February
3pm-5pm
FREE SAUSAGE SIZZLE

ROCKHAMPTON BMX CLUB

AGES
• 2yrs and above!

WHAT TO BRING

- Water bottle
- BMX bike (if you have one) or balance bike
- No mountain bikes

WHAT TO WEAR

- Long sleeve shirt & long pants
- Enclosed shoes
- Full face helmet (with visor) or normal helmet (balance bike)
- Gloves (full finger)

ROCKHAMPTON BMX CLUB, HOLLINGSWORTH ST
Pre-loved sale, City Centre Cycles stall. Club bikes and helmets available for use. Ask questions of experienced riders and club officials.

For more information:
Email: rockybmxd@gmail.com
Message our FB page

Riders must sign up to a FREE four week BMX trial with AusCycling prior to riding (information provided at the track)

COLOUR ME
capricorn
ROCKHAMPTON

Presented by
Schwarz
EXCAVATIONS

Enter the code **SCHOOL24** to save \$5 on individual tickets

Sunday 24 March 2024
Kershaw Gardens

Colour Me Capricorn is a family-friendly colourful fun run suitable for all ages & abilities with a 2.5km & 5km option & loads of colourful fun!

To purchase your tickets, head to www.trybooking.com, scan the QR code or follow our Facebook page!

RACQ
CapRescue
fundraiser

RESPONSIBLE USE OF DIGITAL DEVICES
@ School and Home and what Parents and Carers must know

All Catholic School Parents/Carers & School staff, please join us for a **FREE WEBINAR** on **Wednesday 7 February | 7PM - 8PM**

with **SUSAN McLEAN**
CyberSafety Solutions

This informative webinar will look at the issue of 'phone bans' in schools and provide information to support the importance of this occurring. There is extensive evidence that students do not have the capacity to make good choices when phones are involved and during the school day, it becomes a 'duty of care' issue for schools. Support from home will be vital for the success of these rules. We will look at the how and why a parent can support their child's school in relation to this and the reasons behind the restrictions. We will also cover more broadly, **cybersafety**, the risk and the reality of the online world, with time for questions at the end.

CLICK ON THE LINK BELOW TO REGISTER
<https://www.eventcreate.com/e/mobiles-webinar>

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