



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits - Educating Minds

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**NEWSLETTER**

14th March 2024

### From the Principal's Desk

Normally, like most Catholic principals this time of the year, I would begin the newsletter with an Irish joke or some such banter regarding St Patrick's Day. Every 17<sup>th</sup> March, the famous Irish feast day dominates the media and sparks much partying across the globe. Every year, it dwarfs another feast day, 19th March, that recognises an even more extraordinary man, St Joseph.

Joseph, over 2000 years ago, was a man of much courage. He married a young pregnant Mary which would have been a great scandal in its day. He departed on an arduous journey to Bethlehem with his pregnant wife and assisted her in giving birth in a humble stable. No AirBnB in those days or midwives on call. They then dashed to Egypt to escape the purge of new born babies ordered by the local King Herod. Joseph, Mary and Jesus eventually settled in Nazareth. Father and son as carpenters, undoubtedly spent many hours together honing their trade in the company of one another.

We know little of Joseph but can imagine him a fine man, highly influential on the extraordinary son placed in his care.

St Joseph is the patron saint of our Diocese and many of our schools bear his name. St Mary Mackillop, the only Australian saint, named her order of sisters after St Joseph – The Josephites. They founded many schools in our area including Clermont, Blackall, Barcardine, Bundaberg and Mackay.

153 years ago, Pope Pius IX declared St Joseph, the patron of the world wide Church. Our current pope, Francis, describes Saint Joseph amongst many things as a tender and loving father, creatively courageous; a working man who is humbly a father in the shadows.

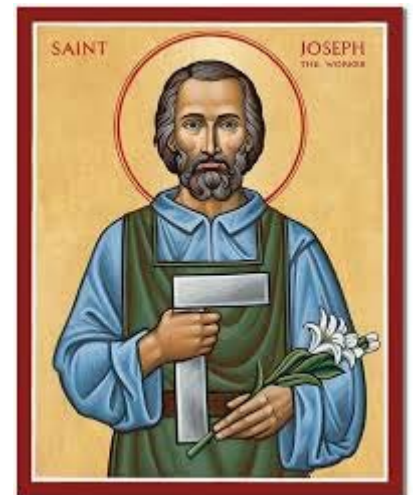
Pope Francis wrote an Apostolic letter entitled 'Patris corde' (With a Father's Heart) several years ago now against the backdrop of the Covid-19 pandemic, which, he said, helped us see more clearly the importance of "ordinary" people who, though far from the limelight, exercise patience and offer hope every day. In this, they resemble Saint Joseph, "the man who goes unnoticed, a daily, discreet and hidden presence," who nonetheless played "an incomparable role in the history of salvation."

In addition, the Pope recognises the extraordinarily important role that fathers play in society: "Fathers are not born, but made," says Pope Francis. "A man does not become a father simply by bringing a child into the world, but by taking up the responsibility to care for that child."

Unfortunately, in today's society, children "often seem like orphans, lacking fathers" who are able to introduce them "to life and reality." Children, the Pope says, need fathers who will not try to dominate them, but instead raise them to be "capable of deciding for themselves, enjoying freedom and exploring new possibilities."

On a personal level, the Pope mentions that during his daily morning prayers, he has always said a special prayer to St Joseph and at the conclusion of his Letter, encourages us to pray a new prayer of St Joseph:

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.  
Blessed Joseph, to us too,  
show yourself a father



and guide us in the path of life.  
Obtain for us grace, mercy, and courage,  
and defend us from every evil.  
Amen.

Take care

Max Martin

And sorry I cannot resist not telling an Irish story for St Patrick's Day.

An Australian, a New Zealander and an Irishman were without tickets for the opening ceremony of the last Summer Olympics in Tokyo, but hoped to be able to talk their way in at the gate.

Security was very tight, however, and each of their attempts was met with a stern refusal.

While wandering around outside the stadium, the Australian came upon a construction site, which gave him an idea. Grabbing a length of scaffolding, he presented himself at the gate and said, "Johnson, the pole vault," and was admitted.

The New Zealander, overhearing this, went at once to search the site. When he came up with a sledge hammer, he presented himself at the gate and said, "Fabish, the hammer throw." He was also admitted.

The Irishman combed the site for an hour and was nearly ready to give up, when he spotted his ticket in. Seizing a roll of barbed wire, he presented himself at the gate and announced, "O'Hare, fencing."

## From Our APRE



Jesus said, "A new commandment I give you: Love one another. As I have loved you, so you must love one another."

On March 21st, we celebrate Harmony Day. It is a day to celebrate the different cultures that are a part of our nation. It is also an opportunity to pay tribute to our indigenous peoples.

To live harmoniously in Australia, it is essential that we ensure that everyone is made to feel equal and involved, and is treated with fairness and respect.

Learning more about the cultures and customs of others will help us to better understand these differences. They are what make us unique. Harmony Day is a day to celebrate and learn more about the things that make us different.

### Harmony Day facts

- Since 1945 over seven million people have migrated to Australia.
- Harmony Day takes place on the United Nations International Day for the Elimination of Racial Discrimination.
- Harmony Day began in 1999 and since then more than 25,000 Harmony Day events have been held across the country.
- Australians identify with over 270 ancestral backgrounds.
- Often, before an event, function or meeting takes place, Australians will acknowledge the traditional custodians of the land they are on. This is called an 'Acknowledgement of Country' and it pays respect to Aboriginal culture and heritage.

<https://www.forteachersforstudents.com.au/site/themed-curriculum/harmony-day/>

Jesus is very clear in his commandment for us to love others without any judgement.

God is love and we are called to be the light and the difference in our world.

Dear God

Like the vibrant hues of a rainbow mixing together to create its beauty, may the diversity of our cultures and beliefs, blend harmoniously within our families, communities, and world through respect and understanding, uniting us as one..

Amen.

Have a great weekend

Melissa Collins

### From Our APC

NAPLAN testing is underway with students from Year 3 having completed the writing and reading assessments and Year 5 students, the writing, reading and language conventions.

Tomorrow will see Year 5 students completing the numeracy test and children in Year 3 participating in language conventions and then finishing with their numeracy assessment on Monday morning.

We wish them all the very best.

Next Thursday 21st, we celebrate Harmony Day. This year's theme being 'Everyone Belongs'.

Harmony Day is about inclusiveness, respect and belonging for all Australians, regardless of background.

Orange is the colour chosen to represent this day.

Traditionally, orange signifies social communication and meaningful conversations. It also relates to the freedom of ideas and encouragement of mutual respect.



Teachers in our school have had resources shared with them to use in their classroom to recognise this day.

1R will be leading our assembly tomorrow at 8.40am, sharing their message of Harmony Day.

Have a wonderful week

Mrs Lisa List

### Important Dates Term One and early Term Two

#### March

|               |  |
|---------------|--|
| Friday 15th   | Whole school assembly with Year 1R presenting from 8.40am. |
| Monday 18th   | Dental van arrives at Sacred Heart School.                 |
| Friday 22nd   | Whole school assembly at 8.40am                            |
| Monday 25th   | Cross country carnival for Years 4 to 6 at school          |
| Thursday 28th | Holy Thursday and last day of term                         |
| Friday 29th   | Good Friday  |

#### April

|                |   |
|----------------|---|
| Monday 15th    | First day Term 2                          |
| Wednesday 17th | KCD cross country trials at Taranganba SS |
| Friday 19th    | Whole school assembly 8:40am              |
| Monday 22nd    | ANZAC Day school assembly 8:40am          |
| Monday 22nd    | Parent Teacher interviews commence        |
| Thursday 25th  | ANZAC Day public holiday                  |

## Week 10 Holy Week and Easter Prayer Assemblies

Holy Week and Easter prayer assemblies will be held in our multi-purpose area.

Dates and times are:

8:40am Friday 22nd March - Palm Sunday presented by Year 2H  
8:40am Wednesday 27th March - Holy Thursday assembly presented by 3S  
8:40am Thursday 28th March - Good Friday assembly presented by 4H  
1:50pm Thursday 28th March - Resurrection assembly presented by 4W

Families are most welcome to join us for these special gatherings.

## Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Stations of the Cross will be held at 5pm each Wednesday of the Lenten Season.

### Diocesan Chrism Mass 2024

Everyone is invited to join Bishop Michael McCarthy and the clergy of our Diocese in the celebration of the Chrism Mass at 10am, Thursday 21st March at St Joseph's Cathedral.



Light refreshments will be provided after the celebration. It can also be watched online on the St Joseph's Cathedral, Rockhampton YouTube channel - <https://www.youtube.com/user/StJosephsCathRton>

## Lantern Award

Toby Apps Year 4 Being Just You display genuine thoughtfulness towards your friends and others, supporting them all equally. Thank you.



## Frankie Award

Shanelle O'Meara Year 4 For noticing even the smallest creatures in our gardens and protecting them.





## Week 6 Student Awards

Congratulations to the following children.

|               |   |
|---------------|---|
| <b>Prep</b>   | Hallie Cranston, Ryan Prinsten, Sienna Wyllie, Hunter Scharf, Willow Lambropoulos, Piper Eyre, Piper Lambropoulos, Finnian Boak, Imogen Grob, Chett Rees, Tommy Hughes, Indie Bird. |
| <b>Year 1</b> | Thomas McCartney, Noa Johnston, Olivia Drinkwater, Carter Pelling, Astrid Robinson, Franki Kelly, Charlotte Flower.   |
| <b>Year 2</b> | Matteo Medrano, Porsha Mundy, Chloe Tselepis, Elkie Milner, Vincent Neve, McKenzie Edwards  |
| <b>Year 3</b> | Frankie Lack, Conor Web   |
| <b>Year 4</b> | Jessie Thomas, Brooklyn Waters, James Whiting, Jack Eyles, Ava Poole, Jesse Martin, Emersyn bacon.  |
| <b>Year 5</b> | Nate Elliot, Indigo Crosby, Sienna Miller, Jayden Scott, Oliver Poole, George Miller, Olive Fitzgerald, Harper Mephram, Jack Rohl, Lucinda Warrick, Liya Hamilton.                  |
| <b>Year 6</b> | Felix Rayner, Sasha Dadson, Noah Todd, Archie Thomas, Oliver Mathias-Watt, Bertie Havey, Braydon Smith, Isla Kleinhans, Bodhi Lewis.  |

## Years 4 to 6 Swimming Carnival

Last Friday, our Year 4 to 6 swimming carnival was held at the Cooee Bay Aquatic Centre.

All children are to be congratulated on their sportsmanship and enthusiasm shown at this event. The cheering was the best heard for some time, was a comment from several in the crowd including Mr Martin.

Well done to Galilee, the overall champion house.

Congratulations to our age champions.

12 years Cooper Griffin and Isla Kleinhans  
11 years Ethan Bell and Josie Prince  
10 years James Whiting and Liya Hamilton







## Sacred Heart Cross Country Carnival

Our school Year 4 to 6 cross country races will be held Monday 25th March on our oval.

Following are the times for events:

9am – Boys and girls 12 years (3 kms)

9.25am – Boys and girls 11 years (3 kms)

9.50am – Boys and girls 10 years (2 kms)

The boys will head off firstly in the timed races, followed by the girls. Children will nominate for these races.

Parents and carers are most welcome to attend this carnival.

Place ribbons will be presented for each age group.

The first 5 runners finishing in each age group will be eligible to compete at the KCD trials.

To help our children prepare for this event, we will be having cross country training on our school oval for our Year 4s to 6s every Monday and Thursday 3.30pm - 4.15pm commencing next week.

Interested children will need to bring their running gear to change into after school.

Mrs Kenny and Mr Martin will be supervising this training.

## Rockhampton District Sports

Congratulations to Cooper Griffin (12 years), Beau Hoare and Henry Willey (11 years) and Ari Carpenter (10 years) on their selection in the Rockhampton District teams for rugby league.

Well done and we wish them all the best for the Capricornia trials.



## Easter Egg Raffle

Mini Vinnies has organised an Easter egg raffle to raise money for Caritas Australia.

Every student will have two tickets entered into the raffle. Extra tickets can be purchased.

Tickets are 50 cents each. They will be on sale Monday through Thursday next week and on Monday through Wednesday in the last week for this term at the following times:



**Prep area**

Monday and Tuesday mornings from 8.10am  
Wednesday and Thursday afternoons 3pm.

**Year levels areas:**

Week 9 - Monday, Tuesday, Wednesday, Thursday at first break.

Week 10 - Monday, Tuesday, Wednesday at first break.

The raffle will be drawn on Thursday 28th March after our Resurrection assembly.

Looking forward to your support.

**Dental Van at Sacred Heart**

Dental treatment for our students will commence at Sacred Heart on 18<sup>th</sup> March 2024. This service will be provided by the Mobile Dental Clinic 74.

The [Medical History/Consent Form](#) has been attached.

Paper copies are available at the school office.

Alternatively, parents can scan the [QR code](#) below for access to an electronic form.

Parents and carers are responsible for ensuring their child/children attend at the agreed appointment times.

**Finance - School Fees**

Thank you to those families who have paid their Term 1 fees.

These fees are now overdue.

If you are unable to make full payment, email Mrs Stacey Todman at [shy\\_finance@rok.catholic.edu.au](mailto:shy_finance@rok.catholic.edu.au) to initiate a payment plan agreement. Thank you.

**Challenge Cup Rugby League Training**

Training this Sunday 17th March 4.30pm to 5.30pm on our school oval.

Only children born from 1st July 2012 until 30th June 2014 and enrolled in Diocesan Catholic Primary Schools are eligible to represent their school in rugby league.

All interested children are most welcome to attend.





**WANDERERS HOCKEY CLUB**

**COME & TRY HOCKEY!**

**WHEN:** Wed 13th March @ 4:45pm

**WHERE:** St Benedict's School, Pacific Heights

**WHAT TO BRING:** Joggers, water bottle. Sticks will be supplied.

**AGES:** 5-12

**COST:** FREE

For more info contact Emma - 0468 938 710 or message the Wanderers Hockey Club Rockhampton FB page

**PLAY SOFTBALL IN 2024**



**SEASON STARTS MARCH 9TH**

Bluebirds - bluebirdsoftball@outlook.com  
 Frenchville Scorpions - softball@fsports.com.au  
 Outlaws - outlawssoftballtablas@gmail.com  
 Taipans - taipans softball@gmail.com

**REGISTRATION COSTS FOR THE 2024 SEASON**

Tree-Ball (all?) — starting at \$40  
 10-12 years — under \$100  
 13-17 years — starting at \$140  
 Seniors (18+) — starting at \$250

**TRAINING NIGHTS**

Bluebirds & Taipans—Tuesday  
 Outlaws—Wednesday  
 Frenchville—Thursday



**Family Support Group – Rockhampton South**

ndis  **Delivering the NDIS in your community.**

**Calling all parents of children who live with disability!**

You're invited to attend a monthly meeting of like-minded individuals in a safe environment to share ideas, give and receive support and hear from guest speakers who may help you and your family during this journey.

Join Carers Queensland for this session where we will be discussing and providing information and resources about community and mainstream supports in your area for parents and children.

**Your Partner in the Community**

Carers Queensland is working with the National Disability Insurance Scheme (NDIS) to deliver the Local Area Coordination Partner in the Community Program, supporting Australians with disability to live fulfilling and connected lives.

**We help you:**

- find out about the NDIS
- apply for the NDIS
- understand your NDIS plan and how to use it
- review your plan as your life changes
- find other support if you can't use the NDIS, or don't want to

We support people with disability to connect to services, supports and activities in the community if they are not eligible for the NDIS. Register now [Online](#)

| Date                                  | Time              | Where                                  |
|---------------------------------------|-------------------|--|
| Wednesday 12 <sup>th</sup> March 2024 | 10:00am – 11:30am | Rockhampton Special School             |
| Wednesday 5 <sup>th</sup> June 2024   |                   | 81-115 William St Rockhampton Qld 4700 |

Talk with us

1300 999 636 | [cq.enquiries@ndis.gov.au](mailto:cq.enquiries@ndis.gov.au) | [www.carersqld.com.au](http://www.carersqld.com.au)

To start your NDIS journey, connect with us today.

**1300 999 636**

[cq.enquiries@ndis.gov.au](mailto:cq.enquiries@ndis.gov.au)



**CatholicCare**  **SPECIAL NEEDS**

**Learn to manage difficult behaviour in children 2-12 years old**  
 Three session program for parents and carers provided by **CatholicCare**

Catholic Care, 5/15 James St, Yeppoon  
 Thursday 7, 14, 21 March 2024 – 6.30-8.30pm

“1-2-3 Magic” can be a magnificent preventative measure that any parent can use to avoid making a child, who later down the line, needs excessive discipline or grows out of control.”

Specifically tailored to parents of kids with special needs, you will learn:

- How to discipline without arguing, yelling or smacking
- How to avert behaviour
- How to handle challenging and testing behaviours
- Choosing your strategy, the three choices
- Using emotion coaching to encourage good behaviour
- Seven tactics for encouraging good behaviour

Parents will receive:

- 1-2-3 Magic® & Emotion Coaching Parent Workbook

**FREE**

**REGISTER NOW**  
 Call 1300 783 544 or visit [catholiccarecq.com/123magic](http://catholiccarecq.com/123magic)



**CatholicCare**