



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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NEWSLETTER

11th September 2024

From the Principal's Desk

You may have heard of Eddie Jaku, an 101 year old inspirational Holocaust survivor who passed away in October, 2021

My sons were both fortunate enough to hear him speak, a number of years ago. I came across his book, "The Happiest Man on Earth" and it is currently my bedtime reading.

There are many lessons we can learn from Eddie's life, in our time where courage, resilience, empathy and working as a united community are key.

He was born in Germany and under the Nazis was sent to the Buchenwald concentration camp and later to Auschwitz, where his parents were murdered in the gas chambers. Eddie Jaku escaped a death march from Auschwitz and hid in a cave in a forest, where he survived by eating slugs and snails. Eventually, he managed to crawl to a highway where he was rescued by American soldiers.

Having narrowly survived, he moved to Australia during the 1950s, where he dedicated his life to teaching others about the dangers of intolerance.

He later married and went on to become a father and a grandfather.

"This is my message, as long as I live, I'll teach not to hate," he wrote in his autobiography, published to mark his 100th birthday.

Mr Jaku said he was the "happiest man" despite the horrors he witnessed in the concentration camps. "Life is what you want it to be, life is in your hands," he said. "You know happiness doesn't fall from the sky. You want to be happy? You can be happy."

Our Prime Minister at the time of his death, Scott Morrison said Mr Jaku's life had been "an inspiration and a joy. Eddie chose to make his life a testimony of how hope and love can triumph over despair and hate."



Truly an amazing role model.

Probably one of the best well known Bible passages is the Beatitudes that Jesus preached in his Sermon on the Mount over 2000 years ago. These Beatitudes show the qualities needed to truly live out a Christian life like Eddie Jaku.

Several years ago, our current Pope, Francis shared several 'modern' Beatitudes:

Blessed are those who remain faithful while enduring injustices inflicted on them by others and forgive them from their heart.

Blessed are those who look into the eyes of the abandoned and marginalised and show them their closeness.

Blessed are those who see God in every person and strive to make others also discover him.

Blessed are those who protect and care for our common home, Earth.

Blessed are those who renounce their own comfort in order to help others.

Blessed are those who pray and work for peace amongst all peoples.

With so much conflict and atrocity occurring in our world presently, hopefully, we can reflect on these qualities, put them into action and unlock our inner 'Eddie Jaku'.

Have a wonderful holiday/break from school, everyone. Thank you for your support and commitment to your school this term.

Take care

Max Martin

From Our APRE

As we approach the holiday season, you might be thinking about how to spend this time. Each family has its own unique plans and traditions, and while holidays can sometimes bring stress due to changes in routine and other pressures, they offer a wonderful opportunity to pause and reflect.

Let's consider the true meaning behind the word "holiday," which comes from 'holy day'. For us as Christians, this time can be more than just a break from routine - it can be a sacred period to deepen our connection with one another and with God.

Instead of seeing holidays as just a chance to escape, view them as an invitation to enter into the mystery of life more profoundly. As parents and carers, this is a perfect time to embrace the gift of your children, to spend quality time with them and to marvel at who they are.

Take advantage of the change in routine to truly be present with your family.

Enjoy their company, pray together and play together.

Let's make these holidays a true celebration of holy days, no matter where you are or what you do.

Loving Father, as we take these days of change in routine, may I make space in my time and my heart to truly enjoy the children you have given me. I ask this in Jesus' name, confident that you will hear me.

Happy holy days

Melissa Collins

From Our APC

Last week, National Child Protection Week was at the forefront of all schools, with the message 'Every child in every community needs a fair go', complementing the theme 'Every conversation matters'.

As leaders, teachers, and staff at Sacred Heart, we pride ourselves on nurturing the whole child and ensuring every child in our care feels welcomed, included, and cared for in all aspects of their schooling journey.

As a member of the Sacred Heart Child Protection team, I participated in the Diocesan Child Protection gathering, listening to guest speakers, such as Sgt Hannah Buckenham, coordinator of Rockhampton's Domestic Violence unit; Jim Edwards, who leads Rockhampton's Child Protection Investigation unit; as well as members from several local support agencies, who are working together to ensure children and families are well supported during difficult times.

Coinciding with Child Protection Week, many of our classes participated in Australia's Biggest Child Safety Lesson (ABC SL) shared by the Daniel Morcombe Foundation. Age-appropriate resources and video links were shared with teachers to promote the important message of consent.

This [link](#), from Safe4Kids, endorsed by the Catholic Education Office, provides information and training sessions for parents and carers on supporting and keeping children safe.

Progressive Achievement Testing

Students in Years Two to Six have just completed their PAT (Progressive Achievement Tests) assessments for spelling.

During weeks two and three of next term, students will complete a PAT assessment for Mathematics and reading.

These assessments inform teachers of student progressions over a 9 - 12 month period. They are used to support the next stage of planning for individuals, classes and year levels.

Assessments such as these are diagnostic and are not used to solely inform report card achievements.

This would make a good conversation starter with your child about their learning. Ask them how they found the assessments and how they feel their learning is progressing. Also, what do they think they need to do to improve as part of their learning journey?

Have a wonderful holiday break

Mrs Lisa List

Important Dates Term Three and Early Term Four

September

Friday 13th Final day of term 3. Whole school assembly 8.40am.
Monday 30th School recommences. First day of Term 4

October

Friday 4th Year 6 attending parish mass at 9am.
Monday 7th King's Birthday public holiday
Tuesday 8th Parent / teacher interviews commence.
Friday 11th Whole school assembly 8.40am.
Friday 11th Preps attending parish mass at 9am.
Saturday 12th Sacred Heart v St Benedict's Companion Cup rugby league game
Monday 14th Book Fair commences in our library.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Lantern Award

Liam Year 2 Compassion Your leadership skills and understanding for other members of your team are fantastic. Great encouragement of others.

Mayah Year 2 Compassion For kindly changing teams in PE to accommodate fellow teammates and encourage others to "have a go". Well done.

Jett Year 6 Courage For representing Sacred Heart with determination and skill at interschool sport. Your sportsmanship was visibly witnessed. Thank you.



Class Awards

Congratulations to the following children.

Prep	Hunter Songoro, Charlie Lack, Cooper Prayle, Tai Rukuwai, Rian Siddins, Piper Eyre, Carter Watson, Sami Hodgkinson.
Year 1	Ayva Pattel, Meisha Singleton-Bray, Remy Sullivan, Olivia Drinkwater, Ayla Hamrey, Nashua Sollis, Ethan Mahoney, Ivy Callow, Addison Kinsey, Ayrva Pattel, Ryan Scoleri, Sebastian Suttle
Year 2	Leilani Goody, Charlie Veliscek, Taya Klein, Van Richter, Jackson Seaby, Vincent Neve, McKenzie Edwards, Charlie Paynter, Scarlett Seamark, Annabelle Kleinhans, Fletcher Phillips, Jack McCoombes,

	Porsha Mundy.
Year 3	Conor Web, Frankie Lack
Year 5	Lydia Gill, Noah Cherry, Taia Dooley, Jaxon Shanks, Darcie Skelton
Year 6	Sophie Tsepis, Miller Kegan, Felix Shammall, Eli Parfitt, Amelia Deasy, Wilfred Neison, Hudson Graham

Parent / Teacher Term 4 Interviews - Important Message

An important part of our assessment process at Sacred Heart is a parent-teacher interview.

Our first parent teacher interviews will be held during weeks two and three of Term Four. (Tuesday 8th October – Friday 18th October).

Having interviews in Term Four offers parents/carers and teachers an opportunity to discuss their children's progress since Term 2 interviews and Semester 1 report cards.

It is important that all our families arrange a time for a formal interview with their child/children's teacher/s.

Bookings for these interviews open to families Tuesday 10th September at 10am and close on Wednesday 2nd October at 10am.

Access for bookings is available during those dates via [Parent Lounge](#) or the Parent Orbit app.

Available interview times will be particular for each classroom teacher.

In shared teaching arrangements, bookings can be made under the teacher on staff the larger number of days.

New parents will be sent an access username and password and continuing parents will have the same one as last year.

If you have forgotten either of these, contact Mrs Fleur Kirkman at our school office: 4994 8215.

Available times for individual teachers will appear when you log in to the booking site. Only one time slot is to be selected per child.

If you have any questions regarding these interviews, contact our school office. Thank you.

Companion Cup - Netball

Last Friday, our Sacred Heart netball team travelled to St Ursula's to play St Benedict's in the annual Companion Cup. In an absolute nail-biter, the teams ended the game in 11 all draw.

Congratulations to St Benedict's and to our players for an amazing game.

Thank you also to St Ursula's College and their principal, Mrs Deborah Ryan, for their generosity in hosting this event and their hospitality.





Children At Work - Prep Constructions, Year 5 Goldfield Letters, Year 2 Dreamtime Tales, Prep Writing, Year 5 Goldrush Day. (Wow)



Ballarat goldfields
Miner's Tent 74
Victoria Australia 3350

9th
January 1848

Hello mother

I have been away for 6 long months now and I am getting lonelier and lonelier. Life on the goldfield is extremely hard, much harder than I thought it would be.

My small tent is falling apart with massive holes in the top and on the sides. The floor is dirty and muddy, so I can only sleep sometimes. Can you send me some money, if you can afford it? I really need 41 pounds so I can pay my debt and get out of here. I desperately want to come home but the troopers won't let me until I pay my debt which is 42 pounds. After 5 licence checks and I've only got a pound left to my name. If they catch me again I'll be heading straight to gaol.

I'm barely writing this right now because I am nearly dying. The food here is horrible and the water is runnin' low. We really need water but it is dryer than a desert out here and hasn't rained for months. I'm yet to strike it rich but as soon as I do the first thing I'm doing is getting some food. I long for some mutton and tea. Life is the worst at the moment. I'm feelin' really poorly.

I have not found any gold and I have been insanely sick with cholera and dysentery.

Are you still sick Mother? How is Father's health? How is the rest of the family? I hope you feel better soon and are able to send some money so I can pay my debt and get out of here. I'll come home and care for you both.

Love your only son,

Logan

How the Dog Got Its Tail

By Stella Seymour

In the Dreamtime there was a dog and a bird living on a grassy hill. The bird had no colours and lived in a big gumtree and the dog always chased him. The bird felt sad and scared.

One day, when the dog was chasing the bird, he fell on a stick and the bird was sick for days. The dog started to care for him and he started to grow a tail and the bird began to get some colours.

The bird turned into the most colourful bird in the land. The bird's sore leg healed and the dog stopped chasing the bird and they lived happily together. The dog never chased the bird again.



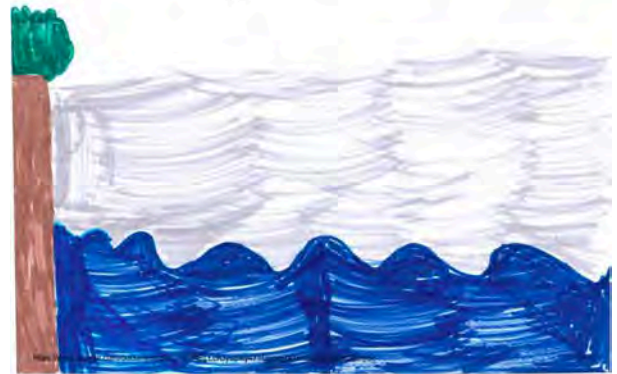
The Koala and the River

By Alivia Evans

In the forest, a koala, kangaroo and platypus were making a river. Everyone was having so much fun. The animals helped to dig holes and move rocks to help the water flow.

The platypus was swimming in the river but the koala and kangaroo decided to close the start and end of the river and the poor platypus could not get out. Platypus was scared and worried he did not know what to do. He was yelling for help but no one could hear him.

A couple of days later the koala pushed the wall down and the platypus got out. They made a tradition that every year they would go to the river to swim together. All the animals were the happiest animals in the land as they swam in the river together.



The Rainbow Serpent

By Fletcher Phillips

A long time ago in the Dreamtime, there were some people and a rainbow serpent. The rainbow serpent was very mean, and tried to hurt people.

One day the rainbow serpent was feeling hungry and wanted to eat the people. They started to fight each other. The people won and the rainbow serpent felt sad and was crying.

The people hoped that the rainbow serpent never came back again.



How the Kangaroos Learnt to Hop

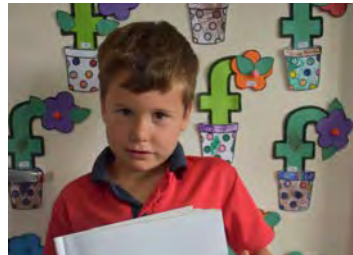
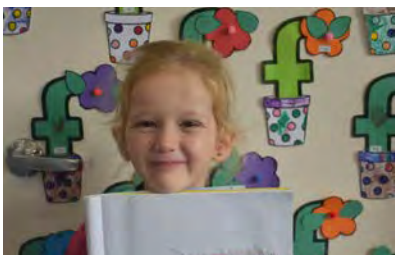
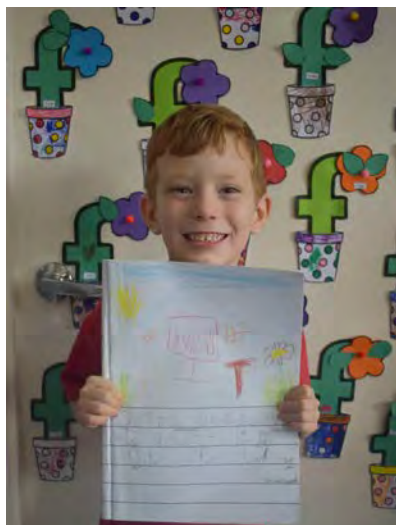
by Annabelle Kleinmans

In the Dreamtime, there lived a kangaroo called Jimmy. He did not know how to hop. All of his friends knew how to hop and Jimmy was sad and embarrassed. He was so sad that at play time Jimmy played with no one.

One day he decided he would like to start hopping lessons but he was feeling a bit nervous. When he got to the lesson he saw that his teacher was a frog. He listened really well.

That afternoon Jimmy told his mum that he knew how to hop. She was amazed because she thought he would never learn how to do this. His mum was so excited for him "That's lovely I'm so happy for you," she said. That's how kangaroos learnt to hop.







Breakfast Club

No breakfast club tomorrow, Friday.

It will recommence on Friday of week 2 next term.



Community News

A MOTHER DAUGHTER PROJECT

Livingstone HEARTLINES

TERM 4!

WEDNESDAYS 5:30PM - 7PM

A SIX WEEK PROGRAM FOCUSED ON APPROACHING MENTAL HEALTH, WELLBEING AND HEALTHY RELATIONSHIPS FOR MOTHER AND DAUGHTER.

MOTHERS • DAUGHTERS AGED 8 - 13

FUNDING RECEIVED FROM INVESTING IN QUEENSLAND WOMEN GRANT PROGRAM | OFFICE FOR WOMEN

Powered by



Anxiety Coaching for Parents

Thursday 3rd, 10th 17th Oct – From 6.30pm to 8.30pm
5/15 James Street, Yeppoon

Parents will learn to identify and counter anxiety in children over three, 2 hour workshop sessions, with a skilled member of our Family Relationship Team.

By having a greater understanding of the problem of increasing levels of anxiety in children parents can counter it's progress.

Our workshop is designed to specifically assist the children of separating parents who are currently engaging services from the Family Relationship Centre.

- An overview of how a well-honed theory of parenting (what you need to repeatedly do) can assist parents to manage children's worries.
- Commonly misused phrases and cognitive distortions used by children and their peers.
- Coverage of how some misguided policies are making parents and children more anxious.
- A helicopter view of what risks we can allow and which require us to keep children safe.
- The brain, including how the pre-frontal middle cortex and the amygdala operate, and where fear and anxiety originates.
- "Traps and trip wires": what to do when a child's amygdala starts to play-up.
- Memorable strengthening, sayings, questioning strategies and mindfulness exercises.

FREE WORKSHOP

To book or for more information:
Call 1300 783 544 or scan the QR Code



LIVINGSTONE HEALTH & Wellness EXPO

Join us for a **FREE** family friendly expo that brings together sports, fitness, health and wellness

Saturday 14 Sept • 10am - 1pm

Beaman Park, Yeppoon

COMPS | PRIZES | KIDS ART & CRAFT | FACE PAINTING
SPORTING CLUBS & GROUPS | LOCAL HEALTH & WELLBEING SERVICES

livingstone.qld.gov.au/healthandwellnessexpo

YEPPOON SURF LIFE SAVING CLUB

Nippers

• COME & TRY DAY •

SUNDAY 22ND & 29TH SEPTEMBER 9 - 11AM

Enquiries: jac@yeppoonslsc.com.au

Free fun over the school holidays!
Caregiver must remain present.

foster carers urgently needed

MOVIE at the PARK

MABLE EDMUND PARK (SAND HILLS)
1182 Keppel Sands Rd, Keppel Sands QLD 4702

Saturday 21st September, 2024

FREE • COMMUNITY EVENT • BRING A BLANKET
• SCHOOL HOLIDAYS • FUN •

Kung Fu Panda 4! (PG)
6pm - 8pm

Food for purchase from 5:30pm
by Sandhills Community Sport and Social Club

BEST PHOTO COMPETITION

WIN A \$100 GIFT VOUCHER
TO APHRODITE ART SCHOOL

1. Take a photo with any of the Capricorn Coast Art Trail Murals
2. Share it on Instagram, tag @Discover_Capricorn_Coast and follow us!