



# Sacred Heart Catholic Primary School Newsletter

Thursday, 6th February 2025

## [From the Principal](#)

### **Leadership and Dedication at Sacred Heart**

This week, our Year 6 students demonstrated impressive leadership as they presented their speeches for the 2024 school and house captains. For many of these students, it was their first time speaking in front of a large audience, and I could not be prouder of the way they stood before their peers, teachers, and families. Their speeches reflected great maturity, confidence, and enthusiasm, as they shared their vision for making Sacred Heart an even better place.

As I listened to their presentations, I was reminded of how much these students have grown since their early days in Prep. Each speech displayed honesty, thoughtfulness, and creativity, as well as a wonderful sense of humour. They showed great courage and preparation in addressing

an audience of over 160 students, along with many family members—a truly daunting experience for any young person.

At Sacred Heart, our goal is to nurture children who are well-rounded in all aspects of life—socially, academically, emotionally, physically, and spiritually. Watching our Year 6 students confidently share their ideas and aspirations for our school made me proud to see that we are achieving this goal together. All of the candidates demonstrated a genuine passion for leadership, with ideas that would continue to strengthen Sacred Heart as both a learning community and a close-knit family. Their big hearts and vision were evident in every speech.

We would like to extend our thanks to all the Year 6 students who put themselves forward for a captain role. Your courage and dedication are truly commendable. We wish each of you the best of luck as the selection process unfolds. Remember, no matter the outcome, you all have shown the spirit of leadership and will continue to shine in the years ahead.

In addition to our talented Year 6 students, we also want to acknowledge the exceptional work of our experienced staff. The wealth of knowledge and skills they bring to the classroom enriches the lives of all our students. A special congratulations goes to Mrs Michelle Baldwin, who received an award for 30 years of dedicated teaching, and to Mr Max Martin, who was honoured for 40 years of service to education. Both received their awards at the opening Mass for staff at St Joseph's Cathedral in Rockhampton, prior to the start of the school year.

It is a true privilege to work alongside colleagues who are so highly regarded in their field, and their ongoing commitment to our school community makes Sacred Heart a better place for everyone.

When we all work together as a team—students, staff, and families alike—Sacred Heart continues to thrive. Thank you for your continued support.

Here's to a wonderful year ahead.

Melissa Collins



## From the APRE

Nearly the end of week 2 already!

During the first two weeks of every school year, Religion lessons in our classrooms are dedicated to educating the students about the important aspects of our school.

Included in these are our school prayer, our school motto, mission statement, logo and our school's history.

We do this to remind our continuing students and help our new students understand the principles that underlie who we are and what we value.

Our school community is not just made up of our staff and our students, it encompasses our families also. With this in mind, I felt it was important to share with families some of the fundamentals of our school.

### ***School Prayer :***

Thank you God for this new day  
In our school to work and play.  
Please be with me all day long  
In every story game and song.  
May all the happy things we do  
Make you, our Father, happy too.

### ***Mission Statement:***

We at Sacred Heart:  
Keep Jesus in our hearts  
Have a love of learning  
Respect and care for each other  
Celebrate our gifts and

Connect with our environment

***School emblem:***

The ***central figure*** with outstretched arms shows that we are a welcoming, loving and joyful community. This figure also represents Jesus who is the centre of our lives at Sacred Heart School. Orange is the colour of “acceptance of all people”.

The ***rising red sun*** urges us to rise to the challenges of the present whilst looking forward with hope, faith and trust to the future. The colour red reminds us that love is central to all that we do

The ***top of the blue heart*** looks like waves which are significant because of our beach location. This shows that our environment is precious and special to us. We show respect for our environment

***Our history/founders:***

The Presentation Sisters were founded in Cork, Ireland by [Nano Nagle](#) in 1775.

They adopted as their title "Sisters of the Sacred Heart", which was changed in 1791 to that of "Presentation Sisters".

Their aim was to bring quality education to all, especially the oppressed.

The dedication of our founders, the Presentation Sisters, to the Sacred Heart of Jesus, was the underlying reason for the name of our school.

I invite parents and families to join us in saying our school prayer and mission statement at our school events.

I also want to extend my congratulations to our students for their beautiful singing and exemplary reverence during our opening school Mass this morning. Their behaviour was commendable, despite the heat, and they truly embodied the spirit of our school community. A special thank you to Year 6M for leading us in our Opening School Mass today.

Here's to being Pilgrims of Hope this school year.

Warm regards,  
Jennifer Kenny



## From the APC

A part of effective teaching and learning is unpacking student data to inform planning for whole class, small group and individual learning needs.

This week, teachers analysed student reading data to identify strengths and areas for improvement both within their classes and across the entire year level. By collaboratively planning strategies, learning activities, and approaches, they aim to support the reading goals identified for this term.

### **Safer Internet Day**

Next Tuesday marks, 'Safer Internet Day 2025.' This year's theme is "Together for a Better Internet," which encourages everyone to take a moment to consider how what we do and say online may affect others.

Safer Internet Day is a global initiative to raise awareness of online safety issues.

The eSafety Commissioner leads the initiative in Australia, educating people about online safety risks, like online abuse, how to be safe, and where to seek help.

Teachers have been sent resources from the eSafety Commission to support our students. Some of the content covers the following:

- Having online safety conversations

- Supporting students to learn about online risks
- Encouraging students to report harmful content
- Modelling the practice of respect and kindness online
- Sharing and promoting online safety resources

We rely on the internet for almost everything, so being safer online has never been more important.

Whether you are a professional, parent or student, it is important to follow online safety. This [link](#) will take you to a video outlining 5 tips for a safer internet.

Have a wonderful week,  
Mrs Lisa List.



*2 - 45% of kids aged 8-17 have been treated in a hurtful or nasty way online.*



*3 - 32% of gamers aged 8-17 have been bullied while playing games online.*

## Important Dates

### February

Friday 7th	Whole School Assembly - School and house captain Induction.
Monday 10th	Parent Connect Meeting at 3:30pm.
Tuesday 18th	Bishop Michael McCarthy, Diocesan Director Catholic Education - Mr Michael McCusker Assistant Director: Schools - Rockhampton Region, Mr Mike Kelso visiting Sacred Heart.
Friday 21st	Pupil Free Day (Bishop's Inservice Day)
Tuesday 25th	Mini Vinnies executive speeches 10:40am.
Thursday 27th	Chess Competition at Heights College., Rockhampton
Friday 28th	Whole School Assembly - Mini Vinnies' Executive Induction in MPA at 8:40am.

### **March**

Tuesday 4th	Shrove Tuesday (Pancake Tuesday Breakfast in the MPA).
Wednesday 5th	Ash Wednesday.
Thursday 6th	St Ursula's College, Discovery Day (Year 6 Students only).
Wednesday 12th	NAPLAN Commences
Monday 17th	Yr 4, 5 and 6 Cross Country Trials
Thursday 20th	St Brendan's College Discovery Day (Year 6 students only)
Friday 21st	Whole School Harmony Day Assembly at 8:40am.
Friday 28th	Whole School Palm Sunday Assembly

### **April**

Wednesday 2nd	Easter Liturgy
Thursday 3rd	Easter Liturgy
Friday 4th	Easter Liturgy

Last day of Term 1

## Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy.

[Link to Bulletin](#)

## Lantern Awards



Vincent Hutchinson Year 4 As a new student to our school, you showed both courage and compassion by helping your younger brother to settle into Sacred Heart.

## Class Awards

### Prep

Amarlia Henebery, Oliver List, Maizie McDougall, Eva Cisternino, Noah Holloway, Anisha Rees, Ollie Kalie, Zoey Davies, Zara Winter

### Year 1

Kai Goody, Tommy Hughes, Lexa O'Shea, Ava Spears, Jedd Harvey, Mason McLennan, Adalyn Geering, Georgina Ulep, Rian Siddins, Mack Jarrett, Ivie Aupouri, Cady Williams



## **Year 2**

Chris Palmer, Tilly Harms, Carter Pelling, Summer Taylor, Grayson Edwards, Storm Hamilton, James Kirby, Sierra Scott

## **Year 3**

Henry Anderson, Ella Smith, Charlie Robinson, Matilda Kirby

## **Year 4**

Harmony Crystal, Finn McIvor, Madeline Grob, Nate Leane, Vincent Hutchinson, Indiana Solis, Jett Sullivan, Aurora Johnson, Ayla Stickley, Freddy Barbeler, Fletcher Thompson, Ruby Willets, Parker Prayle, Ayla Stickley

## **Year 5**

Jack Strenzel, Jacob Flanders, Emersyn Bacon, Sloan Kelly, Hudson Platen, Emelia Coker, Aiden Anderson, Nicholas Vann Eyk, Halle Moger, Sloan Kelly, Phoebe Turner

## **2025 Sacramental Program**

All families in Year 4, Year 5 and Year 6 will receive an email regarding the 2025 Sacramental Program and important gathering dates, should you wish for your child/ren to make their Sacraments.

The links to the Sacramental Program for 2025 and the 2025 Registration form are below.

If you have any queries, contact Mrs Jennifer Kenny at school.

[Link to 2025 Sacramental Program here](#)

[Sacramental Program Registration Form](#)

## **Uniform Requirements**

- Children, with pierced ears, are to wear small, plain, studs. No other body piercing is acceptable.
- Hair is to be cut in an acceptable style suitable for primary school children. If hair touches the shirt collar, it must be tied back.
- Hair colouring is not acceptable. Hair is to be fastened by small plain clips, plain band or a ribbon in the school colours: plain red, blue or white.

- Socks, are to be plain white or the Sacred Heart socks.
- School shoes are to be plain black with black soles.
- Jewellery is to be avoided, however signet rings, simple crosses on small plain chains and watches may be worn.

## School Improvements / Capital Works

This year many improvements have commenced and will continue around our school. Some occurred over the Christmas holidays and some will be over Easter and continue throughout the year. Some of the improvements are listed below:

### **Scheduled for completion:**

- Resurfacing our undercover area
- Commbox interactive whiteboard touch screens x 19
- Deck on Library
- General maintenance (Paths, roofing, railings...)

### **Completed:**

- Device charging cabinets (PC Locks) x 24
- Prep resources
- All classroom fans replaced
- Aircons (Year 6 rooms and music)
- Soccer Goals
- High jump mats
- Watermain
- Sound system

## 2025 Rockhampton District Sports Representative Trial Calendar

The Rockhampton District sports trial calendar is now available. See the link below for trial dates and important information about these.

[2025 Rockhampton District Sports Trial Calendar](#)

The representative school sport permission details booklet (consent form) has the required documentation that schools/district/regions need for students to participate in trials. The form, once completed, is to be handed to our school to be signed by Mrs Kenny or Mrs Collins. The forms which need to be submitted at the trial will be returned to the student.

### [2025 Capricornia District Sport Permission Details Booklet](#)

We encourage you where possible to fill the form out electronically to assist with the eligibility and accuracy of the documents, however, handwritten copies are acceptable.

All permission booklets need to be submitted to the school no later than 4 days prior to the trial to allow time for signing and associated paperwork. Students will not be permitted to trial on the day without the completed consent forms.

## Volunteer Induction

Visitor Induction will be held in our staffroom as follows:-

- Monday 10th February from 8:45am
- Wednesday 12th February from 3:10pm


Parents, grandparents or carers who wish to volunteer at Sacred Heart this year. The induction needs to be completed annually.

This training is a mandatory requirement before any volunteers are permitted to assist. This includes helpers in the tuckshop, which will begin next week. Thank you for your anticipated support.

## Pupil Free Day

Friday 21st February, all Catholic schools across the Rockhampton Diocese will be having a pupil free day. Sacred Heart teachers and staff are involved in professional development sessions. There will be no school for our children that day. Our school office will also be closed.

## St Ursula's College Discovery Day



**STU**  
ST URSULA'S  
COLLEGE | VERBOON

[www.stursulas.qld.edu.au](http://www.stursulas.qld.edu.au)

# DISCOVERY DAY

**Thursday 6 March 2025**  
An on-campus experience for current Year 6 students

Please register via <https://forms.office.com/r/vNeiEbwyjh>

For further information contact Business Development Officer, Natalie Salisbury, via [natalies@stursulas.qld.edu.au](mailto:natalies@stursulas.qld.edu.au)

LIVE | LOVE | LEARN | LEAD

If there are any Year 6 families who maybe interested in St Ursula's College as a secondary school option. This day gives the girls an opportunity to explore the college and immerse themselves in the day and life as an St Ursula's young lady.

The Discovery Day will be held on Thursday 6th March 2025 and bookings are essential.  
**Registrations close Sunday 2 March 2025.**

**[Secure your spot today - register here.](https://forms.office.com/r/vNeiEbwyjh)**

## St Brendan's College Discovery Day



*You're invited!*

**DISCOVERY DAY 2025**  
THURSDAY 20 MARCH

**WHAT TO BRING**

- Wear your standard school uniform
- Bring a water bottle; all other materials provided
- No need to bring school bags for the day

**SCHEDULE**

<b>8:35 AM - 8:45 AM</b>	Bus Pick Ups from local schools
<b>8:30 AM</b>	Registration
<b>9:00 AM</b>	Welcome Address
<b>9:30 AM</b>	Rotating immersion groups affording students the experience of a day in the life of a Brendan's boy.
<b>10:25 AM</b>	Complimentary Lunch in CPAC gardens
<b>10:45 AM</b>	Further Interaction and immersion groups
<b>1:00 PM</b>	Afternoon Tea in CPAC gardens
<b>2:10 PM</b>	Farewell
<b>2:30 PM</b>	Bus Departs and parent pick up at CPAC
<b>3:45 PM</b>	Sunset College Tour for families
	Registration at CPAC
<b>4:00 PM</b>	Sunset Tour commences

**DIRECTIONS**  
Chapel & Performing Arts Centre (CPAC)  
Enter via Gate 1 - 139 Adelaide Park Road, Yeppoon.  
Follow signs for parking

For primary school students on the Capricorn Coast, St. Brendan's College provides transportation to and from school.

**RSVP**  
Secure your spot by 28 February. [CLICK HERE TO BOOK!](#)

**DISCOVER ST BRENDAN'S COLLEGE**  
stbrendans.qld.edu.au (07) 4939 9485  
enrolments@sbcc.qld.edu.au



If there are any Year 6 families who maybe interested in St Brendan's as a secondary school option. This day gives the boys an opportunity to explore the college and immerse themselves in the day and life as a St Brendan's boy.

The Discovery Day will be held on Thursday 20 March and bookings are essential and **registrations need to be submitted no later than 28 February 2025.**

[Secure your spot today - register here.](#)

## Tuckshop News

Tuckshop service has commenced this week, with Years 1-3 orders available on Wednesday and Years 4-6 available on Friday.

Orders can be made through the [Flexischool App](#) for both breaks. You will need to create an account and add your child as a student.

Students are permitted to purchase straight from the tuckshop at second break.

A reminder to only order from the tuckshop on your child's designated day.

Siblings are not able to order food for other siblings on opposite days (and vice versa), as helpers in the tuckshop are limited and unable to cope with a lot of extra orders on those set days. Please ensure the only day that your child is obtaining tuckshop is their allocated day.

Tuckshop ordering is not open to Prep students until Term 3.

## The Use of Our School Oval After Hours

Sacred Heart families are most welcome to use our oval to train teams after school.

The guidelines for this are:

- A team representative to contact the office to make an oval booking.
- Children including siblings are supervised by an adult at these times.
- No pets on school grounds.
- Year 1/2 toilets closest to the oval are not used, as these are for the Outside School Hours Care facility, only.

## Community News

### **HOUSE CLEANER REQUIRED**

The Capricorn Coast Catholic Parish is seeking a  
**HOUSE CLEANER.**

Hours are negotiable - up to 6 hours per week.

Please contact the Parish Office for a Role Description on  
4933 6171 or [capcoast@rok.catholic.net.au](mailto:capcoast@rok.catholic.net.au)

**Applications close end of February.**

**Feb 1st**

# MINIROO

## COME & TRY DAY

UNDER 6/7 8 - 9AM  
 UNDER 8/9 9 - 10AM  
 UNDER 10/11 10 - 11AM

APEX PARK, YEPPON

# COLOUR ME

capricorn  
ROCKHAMPTON

Presented by

## cleanCO

queensland

**Sunday 30th March 2025**  
**Kershaw Gardens, Nth Rton**

**JAMAX** industries

Rockhampton Regional Council

CapRescue

Facebook, Instagram, LinkedIn, Twitter icons  
 @caprescue