



Sacred Heart Catholic Primary School - Newsletter

14th November 2024

From the Principal

“Out of the mouths of young children comes great truth and wisdom.”

Yesterday, during a Prep PE lesson, I was a little out of sorts and this was obviously noticed by one of my chargers. As a group, we were along with the Year 6s, throwing balls of various sizes (soccer, rugby league, tennis, golf) to each other, honing our catching skills.

My partner (6 years old) who is very talented in this regard, asked me if I was okay and then proceeded to tell me to sit down and she would go and get Mrs Kirkman in the office to make me a cup of tea.

This certainly lightened my concerns.

Then at second break, a group of younger highly competitive boys was playing soccer on the oval. I was observing them from afar but still in earshot. There was a minor disagreement about whether a free kick or a throw-in should occur which resulted in a scuffle on the ground. One of the bystanders called this to a halt and voiced, "Mr Martin is watching and he would want us to play nicely together. So let them have a free kick."

Children in their innocence certainly display wonderful thoughtfulness and diplomacy, something which is sometimes lost in our adult world.

When Jesus was about thirty, he spoke to the people following him. This became known as the Sermon on the Mount and it included the Beatitudes which gave an insight into His expectations for us as Christians ie 'Happy are the peacemakers, they shall be called daughters and sons of God.....' It provides us with pearls of wisdom similar to our Sacred Heart children mentioned above.

Following is a modern version of the Beatitudes which hopefully will resonate with you and provide some thoughtful reflection.

Blessed are those who can laugh at themselves; they will have no end of fun.

Blessed are those who can tell a mountain from a molehill; they will be saved a lot of trouble.

Blessed are those who know how to relax without looking for excuses; they are on the way to becoming wise.

Blessed are those who know when to be quiet and listen; they will learn a lot of new things.

Blessed are those who are sane enough not to take themselves too seriously; they will be valued by those around them.

Happy are those who can take small things seriously, and take serious things calmly; they will go far in life.

Happy are those who can be kind in understanding the attitudes of others; they may be taken for fools, but that is the price of charity.

Happy are those that can appreciate a smile, and forget a frown; they will walk in the sunshine.

Blessed are they who think before acting, and pray before thinking; they will avoid many blunders.

Blessed are they who recognise the Spirit in all whom they meet; the light of truth will shine in their lives. Amen

From the APRE

Living Our Faith Together

In our diverse school community, we are blessed with a tapestry of beliefs and backgrounds. This enriches our lives and provides us with countless opportunities to learn from one another. As a Catholic primary school, we are called to live our faith in a way that respects and embraces these differences.

Living our faith means more than attending Mass or saying prayers. It means embodying the teachings of Jesus in our daily action. Jesus taught us to love our neighbours as ourselves, to show compassion, and to seek justice. These principles guide us in how we treat others, especially those who may hold different beliefs.

We encourage our students to:

- Listen with open hearts and minds, to understand that everyone has a unique perspective shaped by their experiences and beliefs. By fostering an environment of mutual respect, we create a space where everyone feels valued and heard; and
- Show kindness, compassion and to be just to everyone they meet. Whether it's helping a friend in need, standing up against bullying, or simply offering a smile, these small acts make a big difference.

Our faith calls us to be peacemakers and bridge-builders. In a world that can sometimes feel divided, we have the opportunity to be a light of unity and understanding. By engaging in open and respectful dialogue, we can learn from each other and grow together.

Whilst we celebrate the richness of the Catholic faith, we also honour the diverse beliefs within our community.

This story beautifully illustrates the importance of actively living out one's beliefs.

A rabbi and a soap maker went for a walk together. The soap maker said, "What good is religion? Look at all the trouble and misery of the world after thousands of years of teaching about goodness, truth and peace – after all the prayers, sermons and teachings. If religion is good and true, why should this be?"

The rabbi said nothing. They continued walking until he noticed a child playing in the gutter. Then the rabbi said, "Look at that child. You say that soap makes people clean, but see the dirt

on that youngster. Of what good is soap? With all the soap in the world, the child is still filthy. I wonder how effective soap is after all.”

The soap maker protested and said, “But rabbi, soap can’t do any good unless it is used.”

“Exactly,” replied the rabbi. “So it is with any religion. It is ineffective unless it is applied and used.”

(Stories’ Vinnies Reflection Resource 2008)

Have a great weekend
Collins

Melissa

From the APC

Yesterday was World Kindness Day, an opportunity to highlight good deeds in the community and the common thread of kindness.

Studies have found that acts of kindness are linked to increased feelings of well-being. It has also been shown to increase self-esteem, empathy, compassion, and improve moods.



A great book to read with your child is ‘Be Kind’ by Pat Zietlow Miller.

This [link](#) shares how we can make a difference by showing kindness in our community.

Semester Two Report Cards

Assessment is an extremely important part of the learning and teaching process, with this in mind, on Tuesday 3rd December, your child/children will receive their Semester Two report card, through the Parent Lounge portal.

Your child’s report is a written record of their demonstrations of learning. It represents a summary of progress based on judgements made by their class teacher from formal testing, work samples, regular consultation and observation.

This written report provides just one means of communicating your child’s faith, and intellectual, social, emotional and physical development at school. It is important that we as parents/carers discuss our child’s report card with them.

Reporting is an A-E standard for Years 1 to 6, with a three-point scale for effort and attitude marks across all Learning Areas.

The three-point scale is Commendable, Satisfactory and Needs Improvement.

Our Prep reports have the following 5-point scale:

- Becoming Aware (BA)
- Exploring (E)
- Working With (WW)
- Making Connections (MC)
- Applying (AP)

Technology marks are split into Digital and Design, and the Arts into Music, Dance, Drama, Visual Art and Media Art for the areas studied in a particular semester.

Report cards will be available to access via the Parent Lounge portal. Should you have a problem logging into this portal, contact Mrs Kirkman in our office.

I thank our teachers for their time, effort and professionalism in writing their children's reports. They provide families with an overview of your child's progress for this semester of learning.

Have a wonderful week

Mrs Lisa List

Important Dates

November

Monday 18th	St Ursula's Year 6 orientation day at the College
Tuesday 19th	Mini Vinnies' Christmas carols at Carv
Thursday 21st	Presentation Day
Friday 22nd	Presentation Day celebrations. Whole school assembly at 8.40am.
Friday 22nd	Colour Run from 1.45pm on oval
Tuesday 26th	Instrumental concert in our multi-purpose area (Prep to Year 3 - 8.50am to 9.30am and Year 4 to 6 - 9.45am to 10.30am)

December

Monday 2nd	End of year thanksgiving mass
Monday 2nd	Year 6 graduation dinner from 5.30pm
Tuesday 3rd	End of year concert in our multi-purpose area from 11:30am
Friday 6th	Final whole school assembly from 8.40am
Friday 6th	Last day of school

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy.

[Link to Bulletin](#)

Lantern Awards









Charlotte Inch Year 3 Compassion

- For always considering others and showing kindness towards other team players, making sure no one is left out during PE.

Oliver Kingston Year3 Compassion

- For generously attending Father Matthew's anniversary mass to thank him for all he does for us and gifting him the 'Affirmation Jar' prepared by Year 3.

Harris Gould Year 4 Courage

- For being a good role model for others by choosing to behave respectfully and appropriately.

Angus Mitchell Year 4 Compassion

- For being a wonderful support for your friends, especially in 'tricky' situations.

Lara Elston Year 4 Compassion

- For using kind actions and words to support a classmate who was upset. Thank you.

Class Awards

Prep

Murphy Kenny, Harper Russell, Chett Rees, Ava Spears, Jedd Harvey, Avah Coulahan, Thea Collins, Leah Park, Mack Jarrett, Rian Siddins

Year 1

Sophie Winter, Summer Taylor, Lotte Perera, Olivia Forbes, Leila Love, Grayson Edwards, Henry Hamilton, Koral Fleming, Skye Love, William Gleeson, Natalie Gill, Sierra Scott, Evie Peters, Ollie Small, Nashua Solis.

Year 2

Alivia Evans, Karla Kehoe, Quinn Pardon, Jessie Bernard, Mikayla Palmer, Fletcher Phillips, Boyd Trevor, Jesse Bernard, Elizabeth Crick, Quinn Pardon, Charlie Veliscek, Banjo Odewahn, Karl Van Eyk, Stella Small, Harley Hill, Scarlett Seamark

Year 3

Conor Webb, Paisley Nicolls, Zoe Vann, Nate Leane, Freddy Barbeler, Lewis Cauchi, Jack McCartney, Rocco Renshaw

Year 4

Lucas Stark, James Muller, Noah Hartley, Halle Moger, Olivia Broom

Year 5

Denzel Wolff, Eibhlin Timlin, Jayden Scott, Linkoln Eleveld, Banjo Coker, Talisa Viljoen, Lucinda Warrick, Micah Hawkes, Harper Gill

Year 6

Archie McPherson, Connor Dickenson, Ollie Palairt, Sasha Dadson, Charlotte Solis, Miller Keegan, Charles Campbell

Remembrance Day Assembly

Well done to our Year 4Js on their Remembrance Day assembly. The reverent and confident manner in which they presented was greatly appreciated.

A special thank you to Zak from St Brendan's College who played "The Last Post" and "The Reveille".

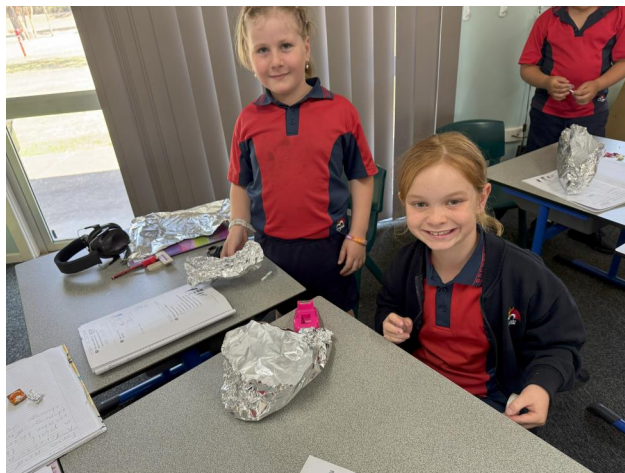
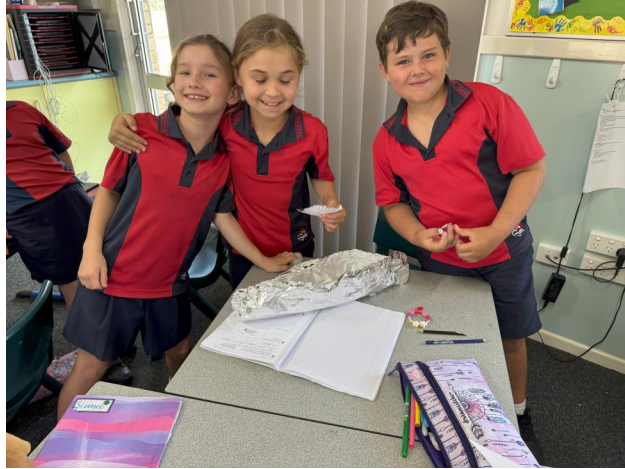




Year 2 Science

Year 2D has been totally immersing themselves in Science this term and have engaged in two units entitled: 'Fun with Forces' and 'Materials and their Purpose'.

During their studies, the children explored the ways things move through water and designed a boat. They also imagined themselves as a chemist and observed what happens when various substances are mixed together.





Year 6 Excursion

As part of the Year 6 studies in Religion, our year 6 students visited the Lammermoor native gardens and Lammermoor beach today.

Representatives from the Livingstone Council conducted the tour and our 6s were upskilled on how to preserve our native bush and sand dunes. Also how to assist with the protection of the turtles that use Lammermoor Beach as their nesting area.

It was a beneficial hands-on experience.



2025 Capricornia Swimming Nominations

Follow the link below for information in regard to Capricornia Swimming selection and nomination forms.

[2025 Capricornia Sport Swimming Selection Procedures](#)

[2025 Cap Swimming Nomination Form](#)

2025 Rockhampton District Sports Representative Trial Calendar

The Rockhampton District sports trial calendar is now available. See the link below for trial dates and important information pertaining to these.

[2025 Rockhampton District Sports Trial Calendar](#)

The representative school sport permission details booklet (consent form) has the required documentation that schools / district / regions need for students to participate in trials. The form, once completed, is to be handed in to our school to be signed by Mr Martin. The forms which need to be submitted at the trial, will be returned to the student.

[2025 Capricornia District Sport Permission Details Booklet](#)

We encourage you where possible to fill the form out electronically to assist with eligibility and accuracy of the documents, however handwritten copies are acceptable.

All permission booklets need to be submitted to school no later than 4 days prior to the trial to allow time for signing and associated paperwork. Students will not be permitted to trial on the day without the completed consent forms.

Colour Run

Friday 22nd November, we will be having a Colour Run on our oval as a fundraiser for the St Vincent de Paul Christmas Appeal.

All year levels will be taking part, commencing after the second break.

A timetable when year levels will be running is as follows:

Prep and Year 6	1.45pm
Year 1 and Year 5	1.55pm
Year 2 and 3	2.05pm
Year 4	2.15pm
All classes	2.25pm
Finish	2.35pm

We will then go to our multipurpose area until 3pm where the children will be dismissed.

Children are asked to wear a white or light coloured shirt and casual shorts to school that day. A towel to dry themselves after their run would be handy.

A gold coin donation is also encouraged and this can be brought to school that day.

The colour run powder paint is non-toxic, non-flammable, skin safe, environmentally friendly and biodegradable.

The [Safety Data Sheets](#) for the coloured powders are available for perusal.

Sacred Heart community members wishing to volunteer are asked to read the required risk assessment and sign before the day, to fulfill the school's legal responsibilities. This can be accessed at the school office.

This event is being organised by our Parent Connect group and we are looking forward to it.



End of year concert

This will be held on Tuesday 3rd December commencing at 11.30am in our multi-purpose area.

The first performance will be from our Preps, finishing with our Year 6s.

Parents and carers are most welcome to attend.

Breakfast Club

No breakfast club tomorrow. Will recommence next Friday 22nd November, 2024.