



17th October 2024

From the Principal's Desk

Recently, I learnt an interesting fact about elephants.

When elephants are owned by a circus or zoo they often only tether these huge creatures by a very fine rope tied to their front leg. No chains, no cages are actually necessary. Even though it is obvious that elephants could, if they chose, break away from their bonds, for some reason, they do not.

The reason is this...

When the elephants are just babies, trainers tie a thin rope to their legs and attach it to a stake in the ground. The little animals tug and pull but cannot escape.

The size and strength of the rope is never changed. As elephants grow up, they are conditioned to believe they cannot break away. They believe the rope can still hold them, so they never try to break free.

Elephants could at any time escape from their bonds but because they believe they can't, they don't even try.

Like the elephants, how many of us go through life hanging onto a belief that we cannot do something, simply because we failed at it once before? Simply because we couldn't do it when we were younger or because someone discouraged us. Or maybe the ropes that bind us are anger or laziness or lack of direction. Maybe our ropes are the inability to forgive a hurt from the past.

We need to discern what is holding us back and put a positive effort into life.

This week, the following two anecdotes show that our children are very unelephant-like.

I always look forward to Wednesday Prep PE lessons. It has been a privilege to see our little chargers grow, physically, emotionally and intellectually over the past nine months. This week, they mastered several ball handling activities that last term would have been far beyond their skill set (probably of many adults as well). The great quality of a Prep is that they are not afraid to 'have a go' at something new or difficult.

The following passage has been written by one of our Year 6s as part of their yearbook reflection on a fond school memory. This student was once a reluctant writer yet this entry shows maturing literary skills.

"I woke up in the morning to a bright, hot sun and a blue sky, ready to pack my bag for Year Four camp. The bus driver with his glasses, his titanium white beard and his grinning smile, loaded our belongings ready for our adventure.

We were off on our forty-five minute trip to the Capricorn Caves. We finally arrived and left to go to our first activity; rock climbing. I started off like a champion, seizing each little rock I saw. Eventually I reached the top and then my helpers lowered me down.

The next morning, we were off adventure caving. The Whale's Belly was a really tight hole that you had to navigate your way through. I did fine apart from when my foot became stuck.

We ended the day, excited to get home and see our parents again."

Remember, 'Success is not final, failure is not fatal: it is the courage to continue that counts.' Winston Churchill

Take care

Max Martin



From Our APRE

Did you know that one of Jesus' most frequent ways to describe the Kingdom of Heaven is through the image of a joyful party? While he often uses terms like 'banquet' or 'wedding feast,' these really just mean 'great party'. As we reflect on this idea we realise that being a follower of Jesus means we need to develop some special 'party skills.'

1. **Join In:** Let's remember to leave our worries behind and be fully present with those around us. Embrace the joy of community and connection.
2. **Celebrate with Joy:** A true celebration is all about joy. It's important to share happiness with one another and to set aside our troubles for a moment. After all, who doesn't love to party with someone who radiates positivity.
3. **Look Out for Others:** At a party, it's not just about having fun; it's also about making everyone feel welcome. Let's encourage those who might be shy, share treats, and offer a space for those who need a little rest.
4. **Share the Spotlight:** Remember, it's not just about being the centre of attention. It's about celebrating together as a community.



These skills aren't just for parties, they can be used every day with our family, friends and community. As we practise these skills, we'll discover that the Kingdom of Heaven is truly amongst us, shining brightly through our actions and love for one another.

Let's continue to celebrate our community and the joy of being together.

Have an amazing weekend

Melissa Collins

From Our APC

Over the past two weeks, children in Years Two to Six have just completed their PAT (Progressive Achievement Tests) assessments for Mathematics and reading.

These assessments inform teachers of student progressions in these areas of their learning. They are used to support planning for individual children, classes and year levels.

Assessments such as these and NAPLAN are diagnostic and are not used to solely inform report card achievements.

The benefits of these assessments include:

- Diagnose starting points - establishing what students are capable of, then challenging them at the appropriate level for effective learning.
- Monitor student progress - assessing at recommended intervals to measure learning growth over time.
- Reporting at an individual, group or year level in a quick and easy manner.
- Evidence - using data to understand where students are in their learning journey.



Book Fair

This week, our Book Fair was held, with many families and all our classes visiting the library. This is a wonderful opportunity for our library, with twenty percent of sales going to purchase new books and resources.

Our library co-ordinators, Rachel Holloway and Kate Grob have done a fabulous job creating a welcoming, themed space and manning this event.

All students who participated in this year's Premier's Reading Challenge went into a class draw to receive a \$30 voucher to spend at the Book Fair. Well done to all the students who participated in the challenge and many thanks to the Sacred Heart Parent Connect committee for kindly donating the vouchers.



Have a wonderful week

Mrs Lisa List

Important Dates Term Four

October

Friday 25th Whole school assembly 8.40am
 Wednesday 30th Prep Orientation afternoon 2pm -2:45pm
 Thursday 31st Prep Orientation morning 9am - 9.45am

November

Friday 1st Grandparents Day whole school assembly
 Monday 4th Mini Vinnies' Christmas appeal commences
 Monday 11th Remembrance Day. Whole school assembly at 8.40am.
 Monday 18th St Ursula's Year 6 orientation day
 Tuesday 19th Instrumental concert
 Thursday 21st Presentation Day
 Friday 22nd Presentation Day celebrations
 Friday 22nd Parent Connect Colour Run 2pm on oval
 Tuesday 26th Mini Vinnies' Christmas Carols at Carv

December

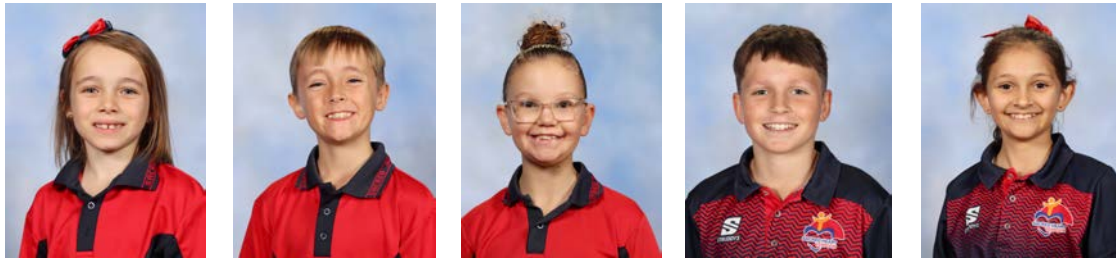
Monday 2nd End of year thanksgiving mass
 Monday 2nd Year 6 graduation dinner from 5.30pm
 Tuesday 3rd End of year concert in MPA from 11:30am
 Friday 6th Whole school assembly at 8.40am
 Friday 6th Last day of school

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Lantern Awards

Lucia Sturgess	Year 2	Compassion	For waiting patiently for all members of your class to go before you when collecting equipment during your PE lesson.
James Muller	Year 4	Being Just	You are a trusted friend and are always fair-minded when dealing with others.
Dakota Size	Year 5	Being Just	For the wonderful kindness and caring nature you show towards others at Sacred Heart. You treat everyone equally. Well done.
Cooper Griffin	Year 6	Courage	For displaying great leadership qualities and determination as the captain of our Sacred Heart rugby league team. Well done.
Ruby Deasy	Year 6	Compassion	For always displaying care and kindness towards younger children at Sacred Heart. Thank you.



Class Awards

Congratulations to the following children.

Prep	Charlie Lack, Ella Howard, Ryan Prinsen, Lola Wright, Zarah Bishop, Lauchlan Fry, Piper Lambropoulos, Indie Bird, Audrey Muller, Carter Watson, Sofia Cisternino
Year 1	Noa Johnston, Olivia Drinkwater, Thomas Gould, Alexander Nixon, Storm Hamilton, Charlotte Thompson, Noah Eyles, Clara Ohl, Amelia Foley, Ryan Scoleri, Olli Small, Enzo Hardcastle, Sennetter Freeman, Imogen Franks, Enzo Hardcastle, William Gleeson.
Year 2	Molly Chenoweth, Zara Thomas, Karla Kehoe, Jett Spears, Eva Watson, Indi De Hennin, Raiden Dawson, Charlie Veliscek, Matteo Medrano, Matilda Flower, Noah Oates, Jackson Seaby, Vincent Neve, Willow Johnston, Hannah Flanders.
Year 3	Makayla McLennan, George Tselepis, Cara Sparks
Year 4	Madeline Gill, Nicholas Van Eyk, Zaliah Bender
Year 5	Noah Cherry, Isla Goltz, Ella Jansen, Lydia Gill, Indigo Crosby, Oliver Poole, Millie Roper, Alexa Mattingley, Logan Lowry, Ivy Fitzgerald
Year 6	Bertie Harvey, Isla Kleinhans, Flynn Palairet, Jai Ray, Romey Wyatte, Sebastian Drew, Lucia Jarrett, Aria Richards, James Eyles, Oliver Mathias-Watt.

Reading Challenge Class Recipients

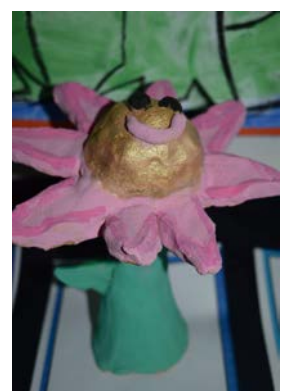
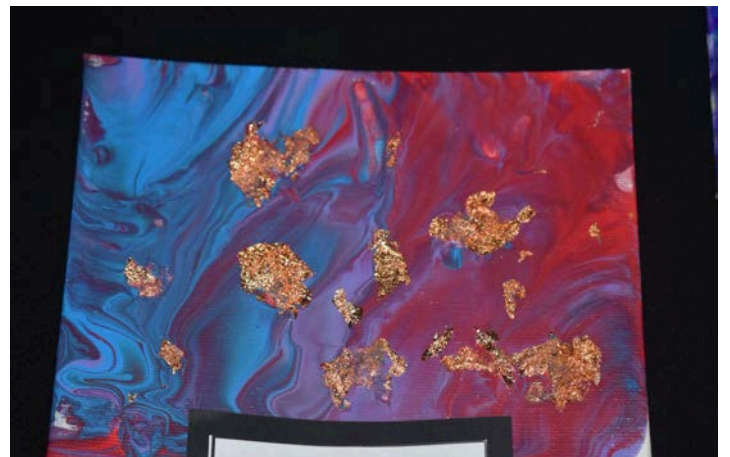


Sacred Heart Art Exhibition

This week Sacred Heart held its inaugural Art Exhibition. Pieces from all children were on display in our art room. It was an amazing showcase of our children's creativity, individualism and talent.

Many thanks to Mrs Seymour, Ms Hauser and Mrs Collins for organising this event.





Socktober

Thank you to everyone who participated in our Crazy Sock Day last Friday. Over \$13000 was raised by our families.

Socktober engages Australian students to make a difference by raising awareness and funds for mission programs supporting children from disadvantaged and vulnerable backgrounds in many countries around the world.



2025 Capricornia Triathlon Aquathlon Selection Procedures

Follow the link below for information in regard to Capricornia triathlon and aquathlon selection and nomination forms.

[2025 Capricornia Triathlon Aquathlon Selection Procedures](#)

Community News

Non State Schools 
Transport Assistance Scheme

Student Travel Rebates
Semester 2

Bus Fare Assistance	Students With Disability
<ul style="list-style-type: none">Does your child attend a non-state school outside the Brisbane City Council boundary?Does your family spend more than \$25/week* on bus/ferry fares to and from school (*\$15/week if you, the parent, hold a concession card)?Does your child travel on a publicly available service not owned or chartered by the school?	<ul style="list-style-type: none">Was your child included on the latest Commonwealth Census as a student with a disability requiring supplementary, substantial or extensive adjustments?Does your child's Personalised Learning Plan confirm their transport needs are demonstrably different to those of their same aged peers by reason of their disability?Has your school's learning support teacher assessed your child's Travel Capability Rating as 'semi-independent' or more dependent?

Visit our website to see if you qualify for our financial assistance to help with the cost of transport and apply at SchoolTransport.com.au during October.

Late applications cannot be accepted after 31st October.

ST BRENDAN'S COLLEGE PRESENTS

Contemporary Music Night

Join us for an evening of live music & talent!

Date | 6 November 2024
Time | 6:00pm
Venue | CPAC (Chapel & Performing Arts Centre)
139 Adelaide Park Road, Yeppoon

Come support our talented students as they showcase a range of contemporary music performances.

For more details, contact 07 4939 9300.



Open to the Public
This is a FREE event | No RSVP required

