

2023 RDS 10-12 Years Trials

Event	District Trials Date and time	Nominations due date	District Trials Venue	Equipment required	Capricornia Trials
AFL 10-12 years Boys and Girls	Monday 20 February 2023 4pm – 6pm	Thursday 16 February 2023	Rockhampton State High	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	7 March 2023 Mackay
Basketball 10 -12 years Boys and Girls	Monday 27 February 2023 4pm – 6pm(Both)	Thursday 23 February 2023	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform PERMISSION BOOKLET	6 March 2023 Gladstone
Swimming	Paper nominations				
Hockey 10-12 years Boys and Girls	Monday 20 March 2023 4pm – 5:30pm	Thursday 16 March 2023	Kalka Shades, Water St	Own playing equipment, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	27 April 2023 Rockhampton
Touch Football 10 – 12 years Boys and Girls	1 st trial: Wednesday 1 March 2023 4pm – 5:45pm Shortlisted: Friday 3 March 2023 4pm – 5:45pm	Monday 27 February 2023	Rockhampton Touch Fields	Appropriate footwear, hat, water bottle, school sport uniform PERMISSION BOOKLET	29 March 2023 Rockhampton
Netball 10-11 years and 10-12 years Girls	Sunday 12 March 2023	Thursday 9 March 2023	Central Queensland University stadium	Appropriate footwear, water bottle, school sport uniform PERMISSION BOOKLET	24 April 2023 Mackay
Rugby League 10, 11 and 12 Years Boys	Muster: Sunday 5 March 2023 9am – 11am Shortlisted students: Sunday 12 March 2023 9am – 12pm Wednesday 8 March 2023 4pm – 5:30pm	Thursday 2 March 2023	Emmaus College	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	2/3 May 2023 Mackay
11-12 Years Girls			Frenchville State School		7 August 2023 Mackay
Football 10-12 years Boys	Tuesday 28 March 2023 4pm – 5:30pm	Friday 24 March 2023	Kettle Park	Appropriate footwear, hat, water bottle, school sport uniform PERMISSION BOOKLET	23 May 2023 Rockhampton
Football 10-12 years Girls	Tuesday 28 March 2023 4pm – 5:30pm	Friday 24 March 2023	Bouldercombe State School	Appropriate footwear, hat, water bottle, school sport uniform PERMISSION BOOKLET	23 May 2023 Rockhampton
Rugby Union 11 – 12 years Boys	Monday 27 March 2023	Thursday 23 March 2023	Kettle Park (behind Fantastic Furniture)	Appropriate footwear, mouthguard, hat, water bottle, school sport uniform PERMISSION BOOKLET	22 May 2023 Emerald
Cross Country 10-19 years	Tuesday 9 May 2023				16 May 2023 Rockhampton
Tennis 10 – 12 Years Boys and Girls	Monday 5 June 2023 9am – 3pm	Thursday 1 June 2023	Rockhampton Tennis centre	Own playing equipment, hat, water bottle, school sport	20 June 2023 Emerald

				PERMISSION BOOKLET uniform	
Golf 10 – 18 years	Paper nomination				
Athletics	TBC				21/22 August 2023 Mackay
Cricket 10 – 12 Boys	Wednesday 30 November 2022 4pm – 5:30pm	Monday 28 November 2023	Victoria Park	Own playing equipment, hat, water bottle, school sport uniform PERMISSION BOOKLET	6 and 7 February 2023 Mackay
Cricket 10 – 12 Girls	Wednesday 30 November 2022 4pm – 5:30pm	Monday 28 November 2023	Victoria Park	Own playing equipment, hat, water bottle, school sport uniform PERMISSION BOOKLET	7 February 2023 Mackay