



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

14 Barracuda Crescent, Yeppoon QLD 4703

Email: shy@rok.catholic.edu.au

Phone: 07 4994 8215

Website: www.shyrok.catholic.edu.au

NEWSLETTER

14th September 2023

From the Principal's Desk

Some ten years ago now, my oldest son attended a motivational speech at the university he was attending.

The speaker had many wise words including:

Being a male is a matter of birth.

Being a man is a matter of age.

But being a gentleman is a matter of choice.

Obviously, this coin can be also flipped to describe the makings of a lady.

The creation of a lady or a gentleman is not just deportment, good manners or knowing which shirt matches that pair of pants. There is an essence of poise to a true lady or gentleman; a person who has high standards but is also respectful and considerate of others without 'looking down on them.'

Although rarely seen today, pulling out chairs and opening doors used to be a sign of a gentleman.

Some courtesies are still appropriate in contemporary times. A firm handshake and direct eye contact are still considered a symbol of someone's reliability and strength of character. How a person dresses or eats with their mouth closed are also indicators of a lady or gentleman. Language choices, speaking respectfully and not swearing, are basic marks of the well-mannered.

This term, I have been extremely proud of the behaviour and manners of our Sacred Heart children.

Several weeks ago when we underwent our school NSIT (review), the external panel members commented on many occasions on the excellent behaviour, wonderful manners and overall calmness of our children.

This week while I was showing a potential family around our school, the politeness of our children, both young and older, as many said hello and good morning to our visitors was quite overwhelming.

And yesterday at the annual Catholic interschool touch carnival, our Year 6 team displayed very pleasing sportsmanship, playing with determination and grit. They bowed out of the competition in the semi final, losing to the eventual winners: St Anthony's. Although terribly disappointed, they were very gracious in defeat and humble in victory during the day.

I know that employment is some time off for our primary school children but speaking with business people around town, they stress the importance of first impressions. A soft or damp handshake, a mumbled hello and casualness of dress can be a real deal breaker.



I thank our families for continuing to work with the staff at Sacred Heart in nurturing our young people into being well mannered, respectful and considerate.

Take care and have a well deserved break everyone

Max Martin

From Our APRE

Empowering Our Students: Nurturing Courage, Compassion, and Resilience

In our ever evolving world, it has become increasingly important to equip our children with not just academic knowledge, but also the life skills and values that will guide them through life's challenges and triumphs. We have been focusing on instilling these essential qualities in our students through our peer support program.

In this program, we have delved into various strategies aimed at nurturing courage, compassion, resilience and being just in our students. These qualities are not only crucial for personal growth but also play a vital role in creating a supportive and inclusive community.

Nano Nagle, the founder of the Presentation Sisters, dedicated her life to educating and caring for those in need. Her unwavering commitment to education and compassion for others serves as an inspiration to us all. Similarly, we look to the example set by Jesus, who preached love, kindness, and inclusivity.

As we keep Jesus in our hearts, our goal is to empower each other to have:

1. **Love of Learning:** Encourage a thirst for knowledge and a lifelong love of learning.
2. **Respect and Care:** Demonstrate respect and care for everyone in our community.
3. **Celebrate Gifts and Talents:** Celebrate and nurture the unique gifts and talents of each individual.
4. **Connect with Our Environment:** Foster a sense of responsibility and connection to our environment and the world around us.

Our lantern awards aim to recognise and celebrate children who "shine their light for others" by exhibiting behaviours and actions that exemplify the following qualities:

1. **Courage:** We encourage our students to show the strength to stand up for what is right. This means being resilient, brave, and determined, even in the face of adversity. It's about taking a stand for justice and fairness.
2. **Compassion:** Being compassionate means being welcoming and hospitable to all. It also involves recognizing those in need and taking action to help them. Compassion is at the heart of creating a supportive and caring community.
3. **Being Just:** Treating everyone fairly and inclusively is a cornerstone of our values. In our school, we strive to create an environment where everyone feels respected, valued, and included, regardless of their background or differences.

We all play a crucial role in fostering these qualities in our school community. By supporting and encouraging our children to embody courage, compassion, and fairness, we are not only preparing them for the challenges of the future but also shaping a more empathetic society.

Let us continue to work together to empower our students with the tools and values they need to succeed in life. Thank you for your continued support and commitment to our school's mission.

Wishing you all a happy and safe holiday

Mrs Melissa Collins

From Our APC

Children in Years Two to Six have just completed their PAT (Progressive Achievement Tests) assessments for spelling.

In weeks two and three, next term, students will complete a PAT assessment for Mathematics and reading.

These assessments inform teachers of student progressions in these areas of their learning. They are used to support planning for individual children, classes and year levels.

Assessments such as these and NAPLAN are diagnostic and are not used to solely inform report card achievements.

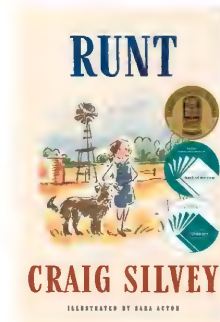
This would make a good conversation starter with your child about their learning. Ask them how they found the PAT assessments and how they feel their learning is progressing? Also, what do they think they need to do to improve in their learning journey?

Reading with your children



If you are looking for some great reading for your child over the holidays, the following books are the winners of this year's Children's Book Council of Australia (CBCA).

'Where the Lyrebird Lives' by Vikki Conley, shares the beauty of Australian rainforests and the magic of family-time in a story of intergenerational connection (Ages 0 - 6).



'Runt' by Craig Sivey is the story of a young girl, living in a country town with her best friend, an adopted stray dog called Runt. This is a heartwarming and hilarious tale of kindness, friendship, hurdles, and bringing the best out in others (Ages 7 -12).

For more information on the 2023 CBCA winners, click on this [link](#).

Have a wonderful break,

Mrs Lisa List

Important Dates Term 3 and 4

September

Friday 15th - Final day of Term 3.

Friday 15th - Whole school assembly 8.40am. Year 4J is presenting.

October

Monday 2nd - Public holiday

Tuesday 3rd - School commences for Term 4.

Friday 6th - No Breakfast Club and whole school assembly today.

Monday 9th - Parent teacher interviews commence.

Friday 13th - Breakfast Club 7.50am - 8.20am.

Friday 13th - Whole school assembly with Year 4J presenting.

Friday 13th - Our diocesan director, Miss Leesa Jeffcoat visiting Sacred Heart.

Monday 16th - Book Fair commences.

Friday 27th - Whole school assembly with Year 2W presenting.

Friday 27th - International Teacher's Day

Friday 27th - Day for Daniel

Friday 27th - Mini Vinnies' 3 hour touch football game.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Student Awards

Prep	Bede Druery, Summer Hawkes, Bede Druery, Summer Hawkes
Year 1	Harlyn Seaman, Jerome Gil-Mejia
Year 2	Kai Schwennesen, Zoey Vann, Zeb Bowman, Ruby Willetts, Frankie Lack, Ivy Gill, Finn McIvor
Year 3	Jesse Martin, Sophie Howard,
Year 4	Austin Jackson, Addison Toby, Nate Elliot, Halle Smith, Boston McAllister
Year 5	Miller Keegan, Flynn Palairt, Ava Goodger, Lucia Jarrett, Eli Parfitt, Wilfred Neilson, Brendan Gilbride, Aria Richards, Kirby Kenny, Charlie Busch
Year 6	Ruby Fooks, Olivia Blackwood, Mason Lewis, Amelia McCaul, Lochlan Sparks

Welcome

To Levi (Year 4) and his parents: Jacqui and Andrew. We wish them the very best and welcome them into our school family.

Breakfast Club

No breakfast club tomorrow, Friday.

It will recommence on Friday of week 2 next term.

Parent / Teacher Term 4 Interviews - Important Message

An important part of our assessment process at Sacred Heart is a parent-teacher interview.

Our parent teacher interviews will be held during weeks two and three of Term Four. (Monday 9th October-Friday 20th).

Having interviews in Term Four offers parents/carers and teachers an opportunity to discuss their children's progress since Term 2 interviews and Semester 1 report cards.

It is important that all our families arrange a time for a formal interview with their child/children's teacher/s.

Bookings for these interviews will open Wednesday (13th Sept), and will close on Thursday 5th Oct at 10am.

Access for bookings is available via <https://206shy.rok.catholic.edu.au/parentlounge>

Available interview times will be particular for each classroom teacher.

New families will be sent an access username and password and continuing parents will have the same one as last year.

If you have forgotten these, contact Mrs Fleur Kirkman at our school office on 49 948215.

Available times for individual teachers will appear when you log in to the booking site. Only one time slot is to be selected per child.

If you have any questions regarding these interviews, contact our school office. Thank you.

Companion Cup

Last Friday, our Sacred Heart Blue netball team travelled to St Ursula's to play St Benedict's as a part of the annual Companion Cup. Unfortunately, Sacred Heart was defeated 14-13.

Congratulations to St Benedict's on their victory and to our players for an amazing game.

Thank you also to St Ursula's College and their principal, Deborah Ryan, for the use of their court, supplying umpires and the crowd support.



Date Claimer - Sacred Heart Mini Vinnies - 3 Hour Continuous Touch Football Game

Our Mini Vinnies' group as a fundraiser for our local St Vincent De Paul organisation, is conducting a three hour continuous game of touch football on Friday 27th October (Week 4 Term 4) from 5pm until 8pm.

This will be open to our Year 3s to 6s children, no touch football experience is required, with nominations to Mrs Collins closing on Thursday 12th October.

The cost is \$5 per child with all proceeds going to St Vincent De Paul.

Children will be placed into teams of 12 with a teacher/teacher assistant supervising each team. 6 players are on the field at any one time. We are hoping to have 8 teams taking part.

Each child participating will receive a sausage sizzle and fruit on the night.

Water bottles and suitable footwear (no bare feet) are essential.

Transport to and from the fields is each family's responsibility. Let us know if you have any difficulties in this regard however.

A permission letter for this event will be available from week 1 of Term 4.

Swimming Term 4

Week 2 Term 4 will see the start of swimming lessons for our Year 2 and 3 classes.

These take place at the Cooe Bay aquatic complex, with our children being bussed to and from the venue.

Our Years 2 to 3 classes will participate in lessons on a Tuesday in weeks 2, 3, 4 and 6.

[Year 2/3 Swimming Timetable](#)

Our Prep and Year 1 classes will participate in a week of intensive swimming, attending lessons Monday to Thursday week 7 (13th-16th November).

[Prep/Year 1 Swimming Timetable](#)

Our Prep / Year 1 and Year 2 / 3 swimming carnivals will take place on Friday, 17th November.

Children are required to wear a sunsafe shirt for swimming and a pair of sandals or thongs (footwear). A towel is also needed.

Year 2W need to come to school dressed in their swimwear, as they have the first lesson of the day and will be leaving the school at 8:40am.

Children will need to bring their school uniform, including underwear, shoes and socks in their bag so they can get changed on their return to school.

Swimming lessons costs will be added to Term 4 school fees. These are conducted by qualified instructors.

[Complete this online permission slip here](#) for written consent for your child/ren to participate in these swimming lessons. A separate form needs to be completed for each child in a family, if they are in Prep to Year 3.

If you have any queries regarding swimming lessons, do not hesitate to contact our school office.

Volunteer Induction

A volunteer induction session will be held in our staffroom for any parents, grandparents or carers wanting to help out at Sacred Heart this year.

This induction will be held at 8:45am Wednesday 4th October, and will be the last one for the year. This training is a mandatory requirement if you wish to volunteer at our school.

Year 5 Excursion to Mt Hay

Last Friday, our Year 5 children visited Mt Hay to fossick for thunder eggs as part of their HaSS unit on the Australian Gold Rushes.

From all reports a very entertaining and educational day was had by all.



SCHOOL HOLIDAY PROGRAM IN EMU PARK

PLAY & CONNECT

Join us at Bell Park in Emu Park for a FREE school holiday program to play and connect with your community.

EARLY LEARNING ACTIVITIES | PARENT SUPPORT | PETTING ZOO + MORE

FAMILY FRIENDLY EVENT - ALL WELCOME

THURSDAY 21st SEPTEMBER 2023

WHERE: BELL PARK, EMU PARK QLD
WHEN: 10:00AM - 1:00PM
REGISTRATION ESSENTIAL FOR FREE GIVEAWAYS
admin@strongcommunities.org.au
M. 0433 019 172

Capricorn Communities for Children Facilitating Partner is supported by the Australian Government and facilitated by The Smith Family



LIVE | LOVE | LEARN | LEAD



NOW ACCEPTING ENROLMENTS FOR YEAR 7, 2025

Enrol now via the QR code or visit stursulas.qld.edu.au
To find out more, contact our Business Development Officer, Natalie Salisbury, on 4939 9600 or email natalies@stursulas.qld.edu.au



Livingstone SHIRE COUNCIL

Spring ON THE CAPRICORN COAST

<p>SCHOOL'S OUT!</p> <p>Beach Day Out - Emu Park</p> <p>Tides & Tunes - Yeppoon Foreshore</p> <p>FRIDAY 15</p>	<p>Lego Playability - Yeppoon Community Centre</p> <p>Tides & Tunes - Yeppoon Foreshore</p> <p>SATURDAY 16</p>	<p>Children are Stinky by Circus Trick Tease - Yeppoon Town Hall</p> <p>Tides & Tunes - Yeppoon Foreshore</p> <p>SUNDAY 17</p>	<p>Basketball, Games & Pizza - Yeppoon</p> <p>MONDAY 18</p>	<p>Corals the Reef Builders Virtual Reef Adventure & Activities - Yeppoon</p> <p>Art in the Park Nature Edition - Byfield</p> <p>TUESDAY 19</p>	<p>Library Free Play for kids - Yeppoon</p> <p>Art in the Park Nature Edition - Emu Park</p> <p>Teen Craft - Marlborough & Yeppoon</p> <p>WEDNESDAY 20</p>
<p>All about sea turtles Virtual Reef Adventure & Activities - Yeppoon</p> <p>Eat Alley Pop Up Kitchen - Yeppoon</p> <p>THURSDAY 21</p>	<p>Kids Survival Challenge - Emu Park</p> <p>Workshop Your Survival Tribe - Emu Park</p> <p>National Boys Choir of Australia - Yeppoon</p> <p>Tides & Tunes - Yeppoon Foreshore</p> <p>FRIDAY 22</p>	<p>Kids Survival Challenge - Yeppoon</p> <p>Workshop Your Survival Tribe - Yeppoon</p> <p>Art in the Park Nature Edition - Cawarral</p> <p>Movie at the Park - Cawarral</p> <p>SATURDAY 23</p>	<p>Tides & Tunes - Yeppoon Foreshore</p> <p>SUNDAY 24</p>	<p>Basketball, Games & Pizza - Yeppoon</p> <p>MONDAY 25</p>	<p>All about sea turtles Virtual Reef Adventure & Activities - Yeppoon</p> <p>TUESDAY 26</p>
<p>Library Free Play for kids - Emu Park</p> <p>Corals the Reef Builders Virtual Reef Adventure & Activities - Yeppoon</p> <p>Teen Craft - Marlborough & Yeppoon</p> <p>WEDNESDAY 27</p>	<p>Art in the Park Nature Edition - Yeppoon</p> <p>THURSDAY 28</p>	<p>Eat Alley Paint & Sip - Yeppoon</p> <p>Tides & Tunes - Yeppoon Foreshore</p> <p>FRIDAY 29</p>	<p>Lego Playability - Yeppoon Community Centre</p> <p>Suitcase Rummage - Yeppoon</p> <p>SATURDAY 30</p>	<p>Guitar - Yeppoon Foreshore</p> <p>SUNDAY 01</p>	<p>King's Birthday Public Holiday</p> <p>BACK TO SCHOOL TOMORROW!</p> <p>MONDAY 02</p>

Collect your free Green Bingo Card and complete and share the bingo squares for a chance to win some awesome prizes with a prize pool valued at \$450! A fun and eco-friendly twist on the classic game of bingo where you'll learn about sustainable habits. Collect from Customer Support Centres, Libraries and the Community Centre from 15th September. Winner announced via lucky draw on Monday 3rd October 2023.



GIRLS U14s Team 2024

JOIN OUR TEAM

Are you born in 2010 or 2011 and want to play Rugby League next season? Come and join our first ever U14s Girls Team

If you are interested or want some more information please email the club: capcoastbrothersjrj@hotmail.com