



SACRED HEART CATHOLIC PRIMARY SCHOOL

Enriching Spirits ~ Educating Minds

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NEWSLETTER

9th November 2023

From the Principal's Desk

How many of you have a bucket list?

A list of goals you wish to achieve, dreams you wish to fulfil or life experiences you desire to undertake.

Ever feel your days are passing by without any real tangible output of which to speak.

What did you accomplish last week? What are your goals for this week?

Well over the past four days, our Year 6s, Mrs Bell, Mrs Evans, Mr McIntosh, Mrs Kenny, Mr O'Brien and myself have experienced and accomplished a great deal.

This is my 29th Year 6 / 7 school trip and it has been just as enjoyable as my first. When you read this, we will be at Strike in the Brisbane Mall; ten pin bowling and laser tagging.

Children are all very different and it is not so much about the places you visit but the



dynamics of the group and how they deal with living together with their peers, being away from home for a fair length of time, how their independence develops in regard to dealing with money, cleaning their rooms (airing their shoes, hanging up a towel) and being punctual without having mum and/or dad around.

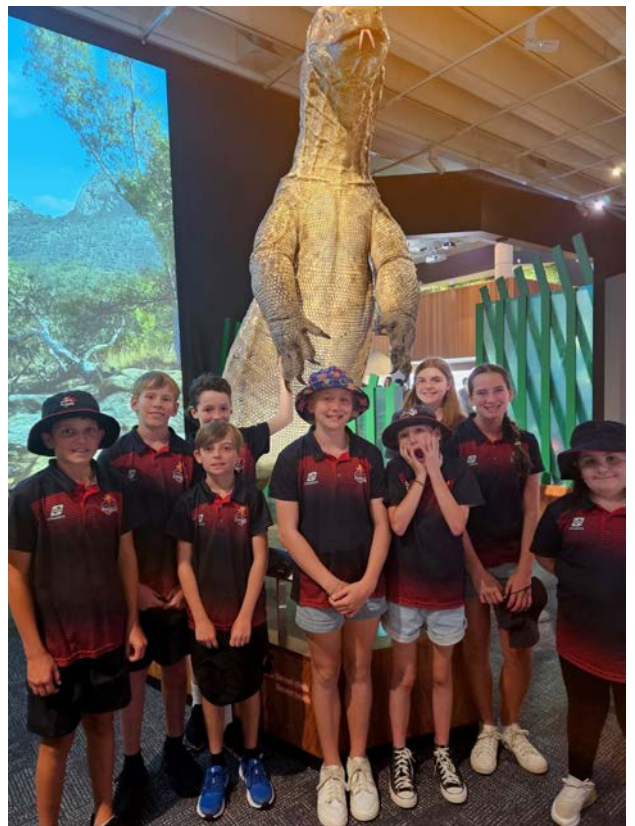
Our year 6s have been fine representatives of our school.

Several of the venues we visited and the general public have commented on the children's wonderful behaviour and good manners. They have been a credit to their families and our school.

My highlights have included:

Movie World where many were encouraged by their peers and indeed mustered up the courage to attack rides such as DC Rivals Hypercoaster (which is the tallest, longest and fastest coaster in the southern hemisphere, travelling at 115 km/hr), Green Lantern, Batwing Spaceshot, Wild West Falls Adventure, Superman Escape and Doomsday Destroyer. They sound scary and lived up to their names.

Our visit to Time Zone where 60 children danced, shot hoops, tested their strength on the punching bag and hammer hit, became pinball wizards, mastered air hockey, rode super bikes and Formula 1 cars, all in the space of 90 minutes. We were exhausted.



The courage, determination and agility shown by our 6s as they manoeuvred and jumped their hearts out on at least 40 different trampolines at Bounce. The ninja warrior course at this venue challenged everyone.

Their immaculate behaviour at Parliament House where we learnt about our state government and held their own parliamentary session, passing a bill on homework.

Many thanks to our Year 6 teachers, Mrs Kenny and Mr O'Brien. A huge thank you to Mrs Todman and Mrs Murphy for organising the itinerary and all the finer details of our trip.

Our Year 6s have certainly lived life to the fullest this week.

Take care

Max Martin



From Our APRE

The 11th hour of the 11th day of the 11th month marks a significant day in our history. It is Remembrance Day, a time to remember and reflect, not only on those who made the ultimate sacrifice but also on the events that led to this day of international importance.

Originally, Remembrance Day was established to commemorate the end of World War I and the signing of the Armistice at 11 am on November 11, 1918. Today, we remember those who gave their lives while serving in various wars, conflicts, and peacekeeping operations.

At 5am on that momentous day in 1918, representatives of France, Britain, and Germany gathered in a railway carriage in France to sign the document that ended four years of conflict. Six hours later, at 11 am, the Armistice took effect, bringing an end to World War I.

The news of peace spread worldwide, and even in Australia, despite the late hour, school, fire station, and church bells rang out, waking people to the news that the war was over.

Amid the celebrations, there was also a profound sense of loss and grief.

Over 60,000 Australian soldiers had made the ultimate sacrifice, with more than 150,000 wounded or taken prisoner, and around 23,000 were missing. Nearly every Australian family had a connection to the war effort.



The Treaty of Versailles wasn't signed until June 1919, and many soldiers, despite returning home, carried the scars of the battlefields with them.

In Australia, the one-minute silence at 11am on November 11th was formalised in 1997 by Governor-General, Sir William Deane, who proclaimed Remembrance Day.

Everyone is encouraged to attend a service to pay their respects, and if you can't, you can set a reminder in your calendar, switch your phone to 'do not disturb,' and take one minute to remember. A simple action that means a lot.

The red poppy is also a symbol connected to Remembrance Day. Known as the 'Flower of Remembrance', red poppies were amongst the first to bloom on the battlefields of northern France and Belgium after the war ended. This vibrant red bloom was adopted as an emblem to honour the fallen and support the living, first in England in 1919 and Australia in 1921.

Let us remember and honour those who gave their lives in service to our country, those who returned home injured or ill, and those who continue to serve courageously today.

Our Year 5L class is presenting our Remembrance Day assembly tomorrow, Friday from 8.40am. Your attendance is always greatly appreciated.

Have a wonderful weekend

Melissa Collins

From Our APC

On Monday, students in 4M participated in a Trends in International Mathematics and Science (TIMSS) assessment. This is a global assessment, with 580 schools across Australia participating this year.

Below are student comments about this assessment.

Noah: I was surprised that all the questions were so different, with lots of variety from the start. It was challenging getting the assessments finished in the time given.

Aria: It was surprising that some questions I answered we learnt in Year 2 and 3. I was challenged with some questions that were quite difficult.

Lucy: I thought it was positive doing both tests in one day and that the questions were random. Some of the language in the test was challenging, I had to think about what it was asking.

Beau: I was surprised because I was expecting the test to be really tricky and scary. It was easier than I thought it would be. The questions in the student survey were challenging, having to decide if I agreed or disagreed.

World Kindness Day

World Kindness Day is celebrated on Monday 13th November, offering an opportunity to highlight good deeds in the community and the common thread of kindness.

Kindness is important to a child's development. Studies have found that acts of kindness are linked to increased feelings of well-being. It has also been shown to increase self-esteem, empathy, compassion, and improve mood.

A great book to read with your child is 'Be Kind' by Pat Zietlow Miller.

The link below, shares how we can make a difference by showing kindness in our community.

<https://www.savethechildren.org/us/charity-stories/tips-helping-support-local-community>



Have a wonderful week,

Lisa List

Important Dates Term 3 and 4

November

Friday 10th - Whole School Assembly 5L presenting remembrance day from 8.40am.
 Monday 13th - Year 6 girls St Ursula's College Orientation day
 Friday 17th - Prep - 3 swimming carnival
 Tuesday 21st - Presentation Day
 Tuesday 21st - Whole School Assembly - Presentation Day
 Friday 24th - Colour fun run for St Vincent de Paul Christma Appeal
 Monday 27th - End of year thanksgiving mass
 Monday 27th - Year 6 dinner MPA
 Tuesday 28th - Christmas Concert in MPA all year levels presenting

December

Friday 1st - Final day term 4. End of year assembly 8.40am.

Capricorn Coast Catholic Parish

Here is the Sacred Heart Church bulletin for this week. Stay connected and enjoy. [Link to Bulletin](#)

Lantern Awards



Benjamin Nixon Year 3 Compassion - Ben, you are forever showing kindness towards other members of your class. Helping a friend tie his laces after swimming was greatly appreciated.



Frankie Awards

Maddy Gill and Ryah Manz Year 3 For voluntarily picking up rubbish around our school and portracks.



Student Awards

Prep	Cooper Weston, Linus Vandelanotte, Alexander Nixon, Sophie Winter, Sennetter Freeman, Thomas Gould, Jack Guinane, Noa Johnston, Thomas McCartney
Year 1	Banjo Odewahn, Boston Richardson, Peyton Flanagan, Sophia Small
Year 2	Charlotte Inch, Jett Graham, Parker Prayle, Chase Dawson, Summer McCoombes, Summer Anderson
Year 3	Sienna Mattingly, Harris Gould
Year 5	Cooper Griffin, Adeline McDonald, Wilfred Neilson, Felix Rayner, Saige Neilsen, Billie Kirkwood, Emma Scanlan, Bear Cranston, Max Way, Maycie Clarke, Chelsea Allen, Braydon Smith

Breakfast Club

Our Breakfast Club will be held tomorrow Friday 10 November from 7.50am until 8.20am.

Remembrance Day School Assembly

Year 5L we will lead our Remembrance Day assembly tomorrow.

It will be held in our multi-purpose area from 8:40am. All are welcome.

Mini Vinnies' Christmas Appeal

A reminder about our Mini Vinnies Christmas Appeal.

Your donations of items (groceries, vouchers, gifts) for our Christmas appeal will be very much appreciated.

These can be taken to classes or left at our school's front office.

Sacred Heart Colour Run Event

On Friday 24th November (Week 8), we will be having a Colour Run on our oval as a fundraiser for the St Vincent de Paul Christmas Appeal.

All year levels will be taking part, commencing after the second break.

A timetable when year levels will be running, will be sent home next week.

Children are asked to bring a white or light coloured shirt to school that day to change into for the run.

A gold coin donation is also encouraged and this can be brought to school that day.



The colour run powder paint is non-toxic, non-flammable, skin safe, environmentally friendly and biodegradable.

This event is being organised by our Parent Connect group and we are looking forward to it.

Prep - Year 1 Swimming Lessons

Next week, our Prep and Year 1 classes will participate in a week of intensive swimming, attending lessons Monday to Thursday.

[Prep/Year 1 Swimming Timetable](#)

Children need to wear a sun safe shirt for swimming and a pair of sandals or thongs (footwear). A towel is also needed.

Prep M needs to come to school dressed in their swimwear, as they have the first lesson of the day and will be leaving the school at 8:40am.

Children are to bring their school uniform, including underwear, shoes and socks in their bag. They will get changed on their return to school.

Swimming lesson costs have been added to Term 4 school fees. These are conducted by qualified instructors.

Library News

Two weeks ago, the library hosted a Scholastic Book Fair. Thank you to our children and families who came along and supported this event.

Special thanks to Melinda Murphy and Jess Renshaw for your help in making it the most successful Book Fair Sacred Heart has hosted.

For those who aren't aware, 20% of all sales come back to our library, allowing us to purchase new and exciting books for our children.

Library Books To Be Returned

Shortly you may receive an email listing any overdue books your child may have.

Please return them with your child to school.

Thank you

Mrs Holloway Library coordinator

Confirmation of Enrolment for 2024

Below is a link to an important form that we ask is completed by tomorrow Friday 10th November.

Completion of this form will confirm a place at Sacred Heart Catholic Primary School Yeppoon for your child/ren in 2024 and ensure you receive discounts if you have more than one child at a Catholic School or College in the Diocese of Rockhampton.

It is also an opportunity to advise our school if you plan to depart at the end of 2023. Thank you for your support in this regard.

Find the [link](#) to this form.

St Ursula's College Year 6 Orientation Day

This Monday 13th November, our Year 6 girls attending St Ursula's will be having an orientation day at the College.

This is always a wonderful experience and gives our girls a taste of what secondary school will involve.

We wish all our girls attending the very best.

Grandparent's Day Assembly

Many thanks to everyone who attended our Grandparent's assembly last Friday. Year 6B did a great job presenting this assembly.



It was wonderful to see so many of our grandparents in attendance as they are such an important part of our school family.

Well done to our Parent Connect group for organising a delicious morning tea.





Position Vacant at Sacred Heart

Applications are being invited for the position of crossing supervisor at Sacred Heart School to commence in 2024.

This is an extremely important role and a term-time continuing position for 2.5 hours per week. (Monday to Friday from 2:50pm to 3:20pm.)

Visit <https://applynow.net.au/jobs/CER805> to apply.

Working With  CATHOLIC EDUCATION
PROCESS OF EDUCATION

WE ARE HIRING
CROSSING SUPERVISOR
SACRED HEART CATHOLIC
PRIMARY SCHOOL, YEPPOON

- ▶ TERM-TIME (2.5HPW)
- ▶ COMMENCING FROM JANUARY 2024

APPLY TODAY
APPLICATIONS CLOSE
24 NOVEMBER 2023

www.rok.catholic.edu.au

 #bethedifference

Catholic Education is committed to best practice in student protection policies and procedures and to an equal opportunity employer. Aboriginal people, Torres Strait Islander people and encouraged to apply.

Community News



VOLUNTEER WITH US!

ORANGE SKY IS COMING TO ROCKY!



Orange Sky provides free laundry services for people doing it tough. But the thing we really do well is connection with conversation.

Do you:

- Love a good chat?
- Want to make a difference?
- Have a spare 2hrs/fortnight?

SIGN UP TODAY!



orangesky.org.au/volunteer

OrangeSky
Australia

Any Questions? volunteer@orangesky.org.au
POSITIVELY CONNECTING COMMUNITIES | www.orangesky.org.au